



Sant Dnyaneshwar Shikshan Sanstha's  
**Hon. Shri. Annasaheb Dange Ayurved Medical College**

A/p : Ashta, Tal. : Walwa, Dist : Sangli – 416 301

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## Department of Panchakarma

### Research Project Presentation

Department of Panchkarma has taken an initiative movement since last five years for research in under graduate level. It is a group activity of department and students for better experience and understanding of subject theoretically as well as practically. This year projects were conducted with collaborations of Dept of Rasa shastra and Dept of pathya. Conceptual preparation on given kalpana according to classical references were collected. Its evaluation on physico – chemical aspect was done along with clinical trials.

Project conducted namely -

Sr. No.	Topic	Name of Student
01.	Shadang Paneeya In Jwara	1. Admane Pranita Prashant 2. Ambhore Ashwini Bhaurao 3. Arage Nayan Rajendra 4. Avhad Vaibhav Topaji 5. Bharti Sayli Manoj 6. Bhise Siddhi Avinash 7. Bodake Shilpa Sadashiv
02.	Kullatha Yush In Sthoulya	1. Chede Padmja Jaywant 2. Chikhalikar Aishwarya Namdev 3. Devkate Shivam Abasaheb 4. Dhakne Vaishnavi Padmakar 5. Doke Nikita Rajendra 6. Ekatpure Rucha Vishnu 7. Hande Kavita Ashok 8. Itkare Shruti Sanjay



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03.	Kharjuradi Manth In Dourbalya	<ol style="list-style-type: none"><li>1. Joshi Kedar Pradip</li><li>2. Kacchi Tazimfatema Irfan</li><li>3. Kadam Supriya Bhaskarrao</li><li>4. Kale Keshav Vijay</li><li>5. Kale Shubham Pramod</li><li>6. Karad Mohan Suresh</li><li>7. Katkar swaranjali shashikant</li></ol>
04.	Laja Manda In Dehydration	<ol style="list-style-type: none"><li>1. Khannade Ruchika Sharad</li><li>2. Kokare Prajakta Ramdas</li><li>3. Kurkure Mayuri Ravindra</li><li>4. Lode Chaitanyaprabha Sanjay</li><li>5. Malwade Saurabh Prakash</li><li>6. Masal Shubham Manohar</li><li>7. Maske Sushama Pralhad</li></ol>
05.	Sattu Tarpan In Madhumeha	<ol style="list-style-type: none"><li>1. More Shweta Sudhakar</li><li>2. Mulla Asiya Salim</li><li>3. Nigewan Yasmin Rajak</li><li>4. Padwal Pooja Surykant</li><li>5. Paripelli Kanchan Narayan</li><li>6. Parsure Shradhatai Ashokrao</li><li>7. Patel Harun Sikandar</li></ol>
06.	Peya After Shodhan	<ol style="list-style-type: none"><li>1. Pathan SalehaParveen A R Khan</li><li>2. Patil Gargi Gulab</li><li>3. Pawar Ankita Shankar</li><li>4. Pawar Ritesh Hari</li><li>5. Pote Surekha Prakash</li><li>6. Ranjve Jagdish Parmanand</li><li>7. Rupnar Shobha Raghunath</li></ol>
07.	Krushara In Kshudhamandya	<ol style="list-style-type: none"><li>1. Sakat Ankush Vasant</li><li>2. Sheikh Shahezad Sheikh Ayaz</li><li>3. Shinde Vijay Laxman</li><li>4. SontakkeVaishnavi Ramvilas</li><li>5. Suradkar Anjali Ashok</li><li>6. Suryavanshi Aishwarya Hanmant</li></ol>
08.	Chincha Panak In Aruchi	<ol style="list-style-type: none"><li>1. Suryawanshi Sneha Suresh</li><li>2. Ubale Renuka Baburao</li><li>3. Varpe Sandesh Shivaji</li><li>4. Vhanmane Manisha Anna</li><li>5. Wadode Pavan Shivilal</li><li>6. Wakade Sakshi Vishnu</li><li>7. Yadav Shweta Sanjay</li></ol>



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Central idea behind these projects is to explore more on ' Aahar Kalpana '. As in Covid 19 pandemic situation food is main source to maintain immunity rather than medicine " Aahar Paramoushadham". To balance between swastha purush and aatura ahar plays role model. Keeping it in mind the topics were selected for the projects by Head of the Dept. Vd. Alakananda Kulkarni. Process of preparation of given Ahar Kalpana with practical was explained by Dr. Tatpuje Dept of Pathya. Dr. Mahesh Inamdar Head of Dept Rasa shastra had delivered knowledge about physico Chemical tests. Their aspect and importance in Research. Dr. Amol Patil & Dr. Archana Wadkar Associate professor, Dr. Aparna Admuthe & Dr. Jayant Marpallikar Assistant professor of Panchkarma dept guided & encouraged the students for clinical trials. It was really enthusiastic exercise for Dept.

A presentation was declared on 26<sup>th</sup> August 2021. Principal Dr. Ashok Wali MD PhD (Ayu) sir was chairman of program Dr. Mahesh Inamdar was chief guest . Dr. Alakananda Kulkarni Head of Dept. Panchkarma has done warm well come and Introduction of the programe followed by enlightenment of sacred Lamp and Dhanwantari Stavan. Dr. Archana Wadkar , fourth year incharge had done falicitation of dignitories on the dias.

Dr. Mahesh Inamdar sir guided the students for better promotion in research and given best wishes for future. Dr. Wali sir encouraged students for research process. He shared his experiences in foregin countries about Panchkarma and Ayurveda. He insists the students to know real Ayurved and fundaments. He explained necessity to deliver proper information about Medical Pathy and Ayurved.

After the speech project presentations were conducted very enthusiastically. Prizes were distributed to winners.

First prize won by " **Laja manda**" and second prize by " **Chincha panak** " project. Winners were congratulated by giving C. D. of Autobiography of



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Vadyaraj Bruhat trayee Ratna ' Atmaram Vaman Datar , ' a pioneer of Panchbhautik chikitsa. " Majachistav Jahale ."

Vote of thanks was delivered by Vd. Amol Patil Associate professor Panchkarma . Programme was completed by " Pasayadaan " of Sant Dnyaneshwar.

Reported by,

Dr. Alakananda Kulkarni,

HOD of Panchkarma Dept.

**HOD**

**Panchkarma Dept.**

**Hon. Shri. Annasaheb**

**Dange Ayurved Medical**

**College & PGRC, Ashta**