



Sant Dnyaneshwar Shikshan Sanstha's
Hon. Shri. Annasaheb Dange Ayurved Medical College

A/p : Ashta, Tal. : Walwa, Dist : Sangli – 416 301

Phone : 02342-241103/241108, Fax – 02342-241110

Website : www.adamcashta.com

E-mail : ashta.adamc@gmail.com

NAME OF DEPARTMENT:-Swasthavritta & Yoga

YEAR:-2022

EVENT / ACTIVITY REPORT

SWASTHYAJAGATAM-2022

Title of Event / Activity:- National Webinar Swasthyajagam-2022

Date:- 29/01/2022

Time:- 9.30am to 2.30 pm

Duration: Five hours

Venue:- Hon. Annasaheb Dange Ayurved Medical College, Ashta.

Objectives of event / activity:

- To enhance the knowledge about non-communicable diseases & their increasing incidence in present days.
 - To know more about the pathyapathya (Preventive measures) of diabetes & application in patients.
 - To know more about the preventive measures of non-communicable diseases as per modern science as well as Ayurveda.
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Description:

With Principal Permission Webinar was held on Prevention of non-communicable diseases w.s.r. to Diabetes arranged by Dept.of Swasthavritta & Yoga, ADAMC, Ashta.

Registration form was circulated to students, faculties & practitioners of various colleges. Total 612 registrations received from all over India.

At the beginning, Program started with sanstha geet followed by Dhanvantari Stavan. Our 3rd BAMS student Ankita sings Dhanvantari stavan. Then Dr.Nitin Tatpuje HOD dept. of Swasthavritta and Yoga had given a warm welcome .Also sir gave information about webinar & the objectives of the webinar. After then Principal Dr. Ashok Wali Sir has given brief information about the webinar followed by the valuable speech by chief guest Prof. Dr. Milindji Godbole Sir Dean & Principal YAMC PGT & RC Kodoli.Sir gave information about prevention of non-communicable diseases and importance of Ayurveda & Yoga.

First guest lecture was conducted by Dr. Yugantara Kadam madam MBBS MD (Community Medicine) Prof. Dept. of Community medicine KIMS, Karad on Modern aspect of Diabetes Mellitus and its Prevention & Dr. Vikas Kathane sir was chair person for this session. Dr. Nitin Tatpuje Sir gave introduction about our first session guest speaker.She has explained etiology , pathophysiology & symptomatology of diabetes as per modern science in detail.She also explained preventive measures of diabetes which will be very useful for our students. Second session was conducted by Dr. P. Sudhakar Reddy Sir MD Swasthavritta DYN



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(CCRYN) Prof. & HOD Dept. Swasthavritta JSSAMC, Mysuru, Karnataka on Role of pathyapathya in Diabetes Mellitus according to Ayurveda & chair person for this session was Dr. Rahul Nakil Sir. Dr. Hemalata Kore gave introduction about second session guest speaker. He explained all pathyapathya systematically as per aaharvargas. Also he explained simple & easily available & nutritive food recipes.

Third session was conducted by Dr. Ketaki Wagh MD Swasthavritta & Yoga Asso. Prof. & HOD Dept. of Swasthavritta & Yoga RKUAC & H, Rajkot, Gujarat

On Role of Aahar and Yoga in enhancing immunity in Diabetic Patients

& Dr. Amit Patil Sir worked as chair person. Dr. Ashwini Khot gave introduction about guest speaker. As diabetic patients are more prone for lowered immunity & increased incidence of infections, she has focused attention to boost immunity in diabetics by using ayurvedic food recipes & Yoga.

At the end of the webinar vote of thanks was given by Dr. Hemalata Kore.

Outcome:-

- Overall webinar remained very informative, total attendance was approximately 612 & all the guest speakers elaborated the given topic with depth of knowledge & their experience.
- Especially our second session guest speaker Dr. P. Sudhakar Reddy sir's speech was very informative & he gets very good response of all participants during webinar.



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- All the sessions were very informative & practically applicable for our students.
- In this way overall webinar remained very successful & knowledgeable

Feedback:-

Feedback was taken and faculties are appreciated the webinar

Documents Attached:

- Permission letter
- Activity Report
- Photo
- Budget
- Expenses
- Thanks giving letter.
- Feedback Report




PRINCIPAL
Shri. Annasaheb Dange Ayurved Medical
College, Ashta, Tal. Walwa, Dist. Sangli



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