



Sant Dnyaneshwar Shikshan Sanstha's
Hon. Shri. Annasaheb Dange Ayurved Medical College
A/p : Ashta, Tal. : Walwa, Dist : Sangli – 416 301
Phone : 02342-241103/241108, Fax – 02342-241110
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Department of Panchakarma

Activity Report of Research Project

BAMS - IVth year

Batch 2020-21

Department of Panchkarma has taken an initiative movement since last 7 years for research in under graduate level. It is a group activity of department and students for better experience and understanding of subject theoretically as well as practically. Evaluation on Physico-Chemical aspect was done along with clinical trials. Best part of this exercise was students gained confidence as they witnessed firsthand experience of treating patients

Sr. No.	Topic	Name of Student	Guided By
01.	Role of Pratimarsha Nasya In Immunity Building	Samradni Galinde Neha Gandal Anjuman Gavandi Devyani Ghawat Priyanka Ghongade	Dr. Alakananda Kulkarni
02.	Study the Efficacy of Tila Taila Abhyang Procedure for Immunity Enhance	Choure Durga Deokate Manisha Deshamukh Vaishanvi Dhargave Shubam Gadade Mayuri	Dr. Alakananda Kulkarni
03.	Viddhakarma In Post Covid Anosmia	Bhosale Kranti Bhosale pooja Buchade Amartya Chandanshive Karan Chaudhari Samiksha	Dr. Alakananda Kulkarni
04.	Yashtimadhu Ksheerapak As A Immunomodulator	Ajmere Neha Babar Rutuja Badne Prashant Barge Shivani Bhaldar Sahil	Dr. Alakananda Kulkarni
05.	Role of Padabhyang with Tila Taila In Eye Strain	Shaikh Sanheblal Shingare Trupti Takawane Mayuri Talavankar Utkarsha Terwade Saloni	Dr. Archana Wadkar



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06.	To Evaluate the Effect of Ashwagandhaksheer as a Immunomodulator	Vaishnav Radhika Pramod Vibhute Saurabh Vishwanath Waghmode Anagha Maruti Yadav Kshitija Manohar Yadav Pratik Bharat	Dr. Archana Wadkar
07.	Aclinical study to Evaluate the Efficacy of Brahmi Ghrita Nasya in Anxiety	Salunkhe Pallavi Maruti Salunkhe Sakshi Ravindra Salvi Shamal Manoj Sankpal Pooja Balasaheb Satpute Aparna Raosaheb Shedage Shalaka Ashok	Dr. Archana Wadkar
08.	Effect of Haridra Rasayan in Post Covid Diabetes Mellitus	Labde Krishna Rajebhau Lonkar Sanket Nanasaheb Mahadik Aditi Santosh Mahadik Prarthana Durgadas Mahajan Aishwarya Mohan Mali Kirti Rajkumar	Dr. Shankar Mane
09.	To sudy the Efficacy of Valuka Pottali sweda & Ajmodadi Churna in Post Chickenguniya Arthritis	Mulla Alisha Gafur Mulla Maliha Salim Mulla Shahin Dilawar Nagulpelli Girija Ganesh Naik Mrunalini Balasaheb	Dr. Shankar Mane
10	Evaluate the Effect of AbhadiKashaya in Ojokshaya with Special Reference to Post Covid 19 Fatigue	Mali Rohit Mane Anjali Mane Kartiki Matare Vidika Mengone Rohini Mhopre Rutuja	Dr. Shankar Mane
11.	Agnilepa in Arthritis	Patil Mrunal Vijay Patil Rajashri Dharmaraj Patil Rutuja Ramesh Patil Sanyogita Vikas Pawar Shital Shamsundar Pohare Samyeka Dnyanoba	Dr. Jayant Marpallikar
12.	Effect of Shashtika shali Pinda Sweda in the management of Pakshaghat	Pote Prachi Nandkumar Pote Prajakta Yeshwant Pote Vaishnavi Arvind Pujari Archana Umesh Raje Shubhada Vikas	Dr. Jayant Marpallikar



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13.	Panchvalkal Kashay Kaval in Mukhapak (Stomatitis)	Nazirkar Mayuri Vasantrao Nimbalkar Rutuja Uttam Pandhare Rushikesh Sundar Pangam Priyanka Gurunath	Dr. Jayant Marpallikar
14.	To study the efficacy of Vacha Tail Nasya in patients suffering from "Allergic Rhinitis.	Kolhapure Rachana Rajesh Kolhe Vaishali Madhukar Kore Aniket Babaso Kshirsagar Rushabh Deepak	Dr. Aparna Admuthe
15.	To study the effect of Shunthyadi Ksheerpak in Kasa.	Kandhare Dyaneshwari Parasram Kanase Amey Arun Kandhare Dyaneshwari Parasram Kardak Shraddha Shyam Ketkar Apurva Vishwanath	Dr. Aparna Admuthe
16.	To Study the Effect of Patra Potalli Swedan in Post Viral Arthritis with special reference to Dengue Fever	Godase Rituja Ganesh Hole Mrunal Sandeep Kadam Swarada Santosh Kale Shital Devraj Kalwari Shrirang Rajendra Kamble Kalyani Arun	Dr. Aparna Admuthe

Theme of this project presentation was Immunity Building in Post Covid. Due to covid pandemic we see lot of patients with Prameha, Amlapitta, Bhagandar due to intake of steroids. Here attempt was made to make students aware of critical situation as well as making them dive into Samhitas to look for answer. It also gave students to look at problems at hand from research point of view which enabled them to become part of solution rather than problem. Presentations of Project helped students to gain stage courage, knowledge about Physico Chemical tests, their aspect and importance in Research. HOD Professor Dr. Alakananda Kulkarni, Dr. Shankar Mane & Dr. Archana Wadkar Associate professor, Dr. Jayant marpallikar & Dr. Aparna admuthe Assistant professor of Panchkarma Department guided & encouraged the students for clinical trials. It was really enthusiastic exercise for Department



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A presentation was declared on 5 feb 2022. Principal Dr. Ashok Wali MD PhD (Ayu) sir was chief guest . Dr. Alakananda Kulkarni Head of Dept. Panchkarma has done warm well come and introduction of the program followed by enlightenment of sacred Lamp and Dhanwantari Stavan. Dr. Alakananda Kulkarni felicitated Principal Dr. Ashok Wali, Dr. Archana Wadkar and Dr.Shankar Mane felicitated examiners Dr.Kate (HOD Dept Shalakya) and Dr. Bharati (HOD Dept Samhita Siddhant), Dr. Jayant Marpallikar and Dr. Aparna Admuthé felicitated Dr. Subhash Patki UG Co-ordinator (HOD Dept Shareer Rachana) and Dr. Varsha Khot Class Incharge, followed by examiners views about program, Dr. Mahesh Inamdar (HOD Dept RSBK) sir guided the students for better promotion in research and given best wishes for future. Dr. Wali sir encouraged students for research process. He shared his experiences in foreign countries about Panchakarma and Ayurveda. He insists the students to know real Ayurved and fundaments.

After that project presentations were conducted very enthusiastically. Prizes were distributed to winners.

First prize declared to project -

'A clinical study to evaluate the efficacy of Brahmi Ghrita Nasya in Anxiety'. Winners were congratulated by giving book **'Hirdayam'** a compilaation of case studies authored by Dr. Ashok Wali.

Second prize was achieved by **'Effect of Shastikshali Pinda Sweda in management of Pakshaghata'**.

Third prize was achieved by **'To Study the Effect of Patra Potalli Swedan in Post Viral Arthritis with special reference to Dengue Fever'**.

Winners were congratulated by giving **'Parisanwad'** (compilaation of case studies).

HOD
HOD

Panchkarma Dept.
Hon. Shri. Annasaheb
Dange Ayurved Medical
College PGRC Ashta

PRINCIPAL

Shri. Annasaheb Dange Ayurved Medical
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