



Sant Dnyaneshwar Shikshan Sanstha's
Hon. Shri. Annasaheb Dange Ayurved Medical College

A/p : Ashta, Tal. : Walwa, Dist : Sangli – 416 301

Phone : 02342-241103/241108, Fax – 02342-241110

Website : www.adamcashta.com E-mail : ashta.adamc@gmail.com

Department of Panchakarma

Activity Report of Research Project

BAMS - IVth year

Batch 2021-22

Department of Panchkarma has taken an initiative movement since last 8 years for research in under graduate level. It is a group activity of department and students for better experience and understanding of subject theoretically as well as practically. Evaluation on Physico-Chemical aspect was done along with clinical trials. Best part of this exercise was students gained confidence as they witnessed firsthand experience of treating patients and also it helped them to assess what exactly is required at grassroots level

Sr. No.	Topic	Name of Student	Guided By
01.	Vataghna Basti	1.Awale Renuka Rama 2. Awasthi Satyam R 3 .Badgire Pooja Mahadev 4. Bagal Kanchan Rustumrao 5 .Bagul Vrushali Y 6. Barbade Susmita Shrikar 7. Behere Vinayak Pandurang 8. Bhojugde Vishal Ganpat 9. Bhosale Maithili Sunil	Vd. A.D. Kulkarni Vd. J.C. Marpallikar
02.	1. Bhosale Payal Rajkumar Pittaghna Basti 2. Bhosale Payal Rajkumar 3. Chavan Asavari Balkrishna 4. Chavan Nikhil Bharat 5. Choudhari Sanket Ramdas 6. Dabhade Deshraj Anand 7. Dhainje Bhargavi Balu 8. Dhope Pranita Khandu 9. Digole Sushma Arjun		Vd. A.D. Kulkarni
03.	Kaphaghna Basti	1.Gambhire Rohini Balasaheb 2.Gaykwad Prachi Tryambak 3. Ghadage Shirish Raju 4. Ghodake Mrunal Maruti	Vd. A.D. Kulkarni Vd. S.L .Mane



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		5. Giri Ankita Mohan 6. Gosavi Maithili Vijay 7. Gurav Amruta Vilas 8. Hipparkar Amruta Dilip 9. Hirmukhe Abhishek S	
04.	Matra Basti	1. Ingale Priti Naganath 2. Jadhav Ankita D 3. Jadhav Nikita Dilip 4. Jadhav Prajakta Anant 5. Jadhav Swati Babasaheb 6. Jadhav Vishal Satish 7. Jagtap Gautami Dipak 8. Jagtap Vishal Baban 9. Jagtap Vishal Mahadev	Vd. A.D. Kulkarni Vd. A. S. Wadkar
05.	Shastrokta Virechana	1. Jarande Siddhi Uttam 2. Junne Amol Shivraj 3. Kadarkar Akanksha B 4. Kale Snehal Jijabhau 5. Khandare Mayuri S 6. Kharbad Swapnil R 7. Khavle Nitish Harish 8. Khurd Prajakta Bhagwan 9. Kirtane Nikita Vinayak	Vd. A.D. Kulkarni
06.	Nitya Virechana	1. Koprakar Sushilkumar S 2. Kotkar Shivkanya R 3. Kumbhar Rushikesh U 4. Kute Vidya Lahu 5. Mandlik Ashwini Sukhdev 6. Mane Sumit Nitin 7. Mangire Sourabh Vihang 8. Metkar Sindhu B. 9. Mhetar Vrushali Vinay	Vd. A.D. Kulkarni Vd. J.C. Marpallikar
07.	Sadyo Virechana	1. Minache Samruddhi D 2. Mohite Harshada Shahaji 3. More Shruti Dattatray 4. Nagargoje Anant Dagadu 5. Nandarale Nita Rupchand 6. Omase Shubham R 7. Parbat Onkar Rajkumar 8. Patel Simran Amin 9. Patil Akshata Panditrao	Vd. A.D. Kulkarni Vd. A.A. Admuthe



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08.	Shodhana Nasya	1.Patil Dakshayani Mahesh 2.Patil Poonam Kishanrao 3.Patil Sanjana Balkrushna 4.Patole Ramesh Narayan 5.Pawar Amol Parasram 6.Pawar Ankita Prataprao 7.Pawar Mayuri Mahesh 8.Pol Alisha Ulhas 9.Rakh Akshay Gokul	Vd. A.D.Kulkarni Vd. A. S. Wadkar
09.	Brimhana Nasya	1.Ranage Vaishnavi Laxman 2.Rasal Rutuja Rahul 3.Raulwar Sujata Suresh 4.Raut Sagar Savanta 5.Rengade Supriya Madhavrao 6.Salve Prajwal Mohan 7.Sangolkar Vaishnavi S 8.Sangrampatle Aarti V 9.Sayyed Fiza Rajmahamad	Vd. A.D.Kulkarni Vd. A.A. Admuthe
10	Shamana Nasya	1.Shaikh Easminara Raja 2.Shaikh Junaid Shaikh H 3.Shaikh Sanobar Miraj 4.Shelkande Pavan N 5.Shelke Sushant R 6.Shete Harshada Jagannath 7.Shinde Anuja Prabhakar 8.Shinde Shivani Kiran	Vd. A.D. Kulkarni
11.	Siravyadhana	1.Shirke Dnyaneshwari S 2.Suryawanshi Vivek S 3.Sutar Prajakta Satish 4.Swant Vasavi Anand 5.Vitkar Amit Kalidas 6.Wable Pavan Pandurang 7.Waghmode Pratik S 8.Ware Shreya Dattatray 9.Zunzarrao Manasi H	Vd. A.D.Kulkarni Vd. S.L. Mane
12.	Effect of Shashtika shali Pinda Sweda in the management of Pakshaghat	1.Pote Prachi Nandkumar 2.Pote Prajakta Yeshwant 3.Pote Vaishnavi Arvind 4.Pujari Archana Umesh 5.Raje Shubhada Vikas	Dr. Jayant Marpallikar



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13.	Panchvalkal Kashay Kaval in Mukhapak (Stomatitis)	1.Nazirkar Mayuri Vasantryao 2.Nimbalkar Rutuja Uttam 3.Pandhare Rushikesh Sundar 4.Pangam Priyanka Gurnath	Dr. Jayant Marpallikar
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Theme of this project was swasthrakshana as we are in post covid era so to avoid diseases of varied etiologies .focus was given to to procedures which were aligning with day to day activity since it enlightened them with knowledge of speciality disease specific panchakarma Here attempt was made to make students aware of critical situation as well as making them dive into Samhitas to look for answer.

It also gave students to look at problems at hand from research point of view which enabled them to become part of solution rather than problem. Presentations of Project helped students to gain stage courage, knowledge about Physico Chemical tests, their aspect and importance in Research. HOD Professor Dr. Alakananda Kulkarni, Dr. Shankar Mane & Dr. Archana Wadkar Associate professor, Dr.Jayant Marpallikar& Dr.Aparna admuthe Assistant professor of Panchkarma Department guided & encouraged the students for clinical trials. It was really enthusiastic exercise for Department

A presentation was declared on 16-11-2022. Principal Dr. Amit Pethkar MD (Ayu) sir was chief guest . Dr. Alakananda Kulkarni Head of Dept. Panchkarma has done warm well come and introduction of the program followed by enlightenment of sacred Lamp and Dhanwantari Stavan. Dr. Alakananda Kulkarni felicitated Principal Dr.Amit Pethkar , Dr.ArchanaWadkar mam felicitated UG Co-ordinator Dr,Subhash Patki Dr.Shankar Mane felicitated examiner Dr.Upadhye(HOD Dept Research) and Dr.Jayant Marpallikar felicitated Dr.Jayvant Kharat(dept. shalakyia) and Dr. Aparna Admuthe felicitated Dr.Kulkarni (HOD Panchakarma) And Academic incharge Dr. Wadkar(Dept Panchakarma) and Dr.Pethkar sir congratulated dept of panchakarma for innovative effort and asked other departments to follow suit he also encouraged students for research process. He insisted students to know Practical Ayurved and fundamentals. Later Dr. Upadhye mam declared results

After that project presentations were conducted very enthusiastically. Prizes were distributed to winners.

First prize declared to project -

Matra Vasti in Swasthapurush. Winners were congratulated by giving book 'Shlokavali

Second prize was achieved by 'Brihan Nasya in Swasthpurush winners were awarded **Pen**



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Matra Vasti in Swasthapurush. Winners were congratulated by giving book 'Shlokavali

Second prize was achieved by 'Brihan Nasya in Swasthpurush winners were awarded Pen

Third prize was Jointly achieved by 'Shaman Nasya in swastha purush Kaphaghna vasti Winners were congratulated by giving 'Nasal speculum. Special certificates were given to each student.

Programme ended with beautiful poem by Dr. wadkar which received big round of applause

HOD

Penchkarma, rep
Hon. Shri. Annasaheb
Dange Ayurved Medical
College & PGRC Ashra