



Sant Dnyaneshwar Shikshan Sanstha's
Hon. Shri. Annasaheb Dange Ayurved Medical College
& Post Graduate Research Center

A/p : Ashta, Tal. : Walwa, Dist : Sangli – 416 301

Website : www.adamcashta.com

NAAC Accrediatated

ISO Certified 9001-2015,14000-2015



NAME OF DEPARTMENT:- NSS team, Azadika Amrut mahotsava and Swasthavritta & Yoga

YEAR:-2022

EVENT / ACTIVITY REPORT

Title of Event / Activity:- Distribution of Swsthyapatrika for Health Awareness of Senior citizens on occasion of 7th National Ayurveda day, 2022

Date:- 03/10/2022

Time:- 10.30am to 12.30 pm

Duration:- Two hours

Venue:-Anand Colony, opp. Hon. Shri. Annasaheb Dange Ayurved Medical College, Ashta and Mirajwadi.

Description:-


At the beginning, all NSS volunteers gathered togheter infront of college office. We handed over Swasthyapatrika to them for distribution to create health awareness among Senior citizens on occasion of 7th National Ayurveda day 2022 .

Swsthyapatrika includes guidance about daily routine, healthy diet and Yoga protocols for Geriatric age group.

NSS volunteers gave information about how to live healthy life and prevents complications in Geriatric age group .

List of the Teachers/ Students/ Instructors are attached with the report.


SOGIainme Office,
NSS Cell
ADAMC, Ashta


HOD
Swasthavritta Dept.
Hon.shri. Annasaheb Dange
Ayurved Medical College Ashta


PRINCIPAL
Shri. Annasaheb Dange Ayurved Medical
College, Ashta, Tal. Walwa, Dist. Sangli



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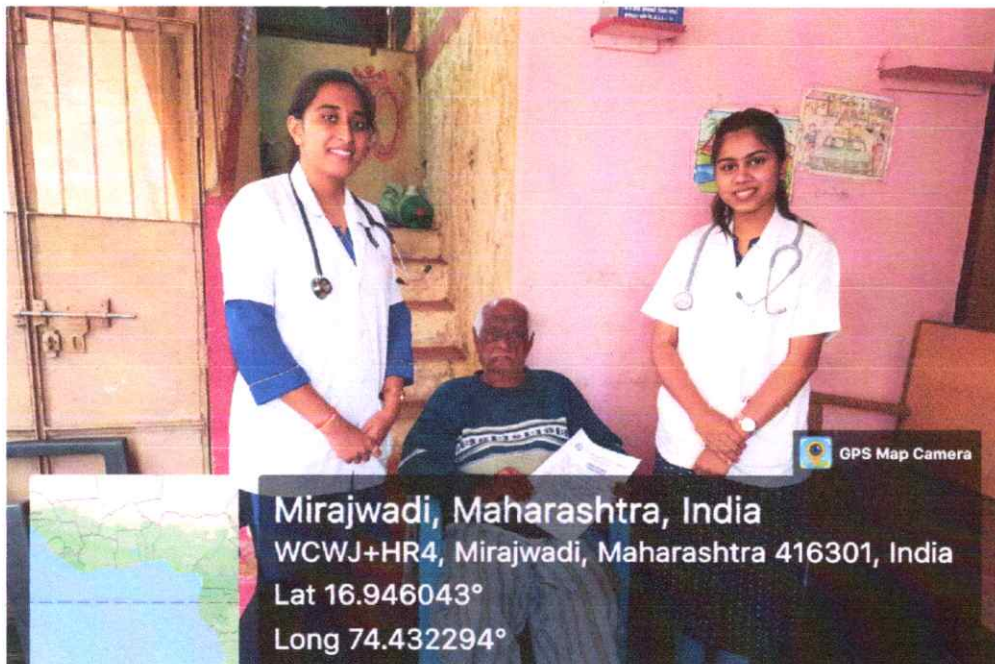
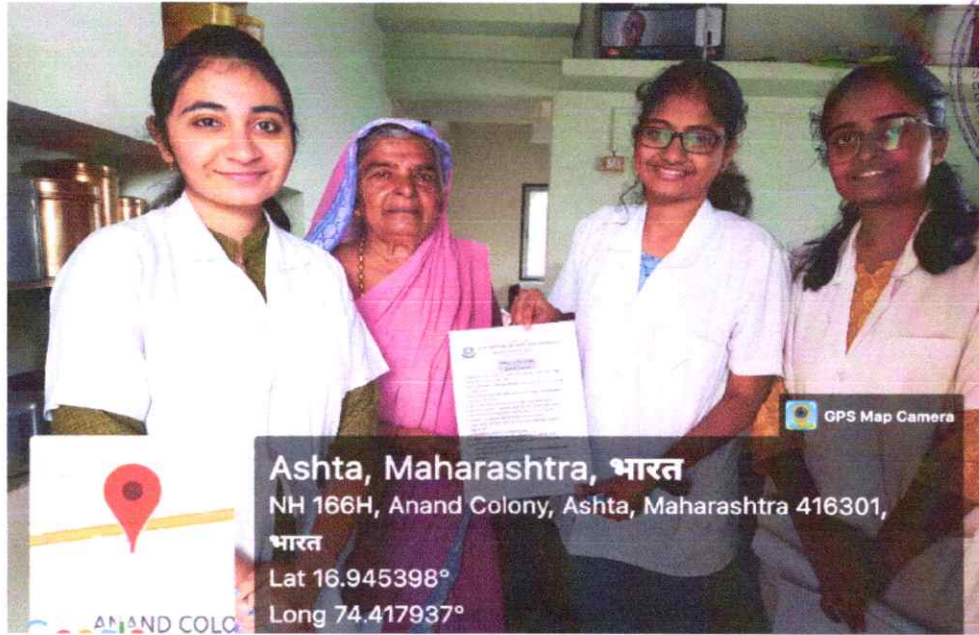
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Celebration of 7th National Ayurveda Day : Ayurveda for Senior citizens

Date- 03/10/2022





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PRESENTY SHEET

NAME OF PROGRAMME/ ACTIVITY : *Distribution of Swasthyapatika*
DATE : *03/10/2022* TIME: *10:30 am to 12:30 pm*
VENUE : *Anand colony Ashta & Mirajwadi*

Sr. No.	Name of Student/ Staff	Year	Signature
1	Harshada Shantaram Patil	BAMS IV th	<i>Patil</i>
2	Pranoti Shahaji Patil	BAMS IV th	<i>Patil</i>
3	Aarti Ramesh Surwase	BAMS IV th	<i>Surwase</i>
4	Aishwarya Ravindra Marathe	BAMS IV th	<i>Marathe</i>
5	Shruti Ramesh Gupta	BAMS IV th	<i>Gupta</i>
6	Mariya Fatema Md. Yaseem	BAMS IV th	<i>Fatema</i>
7	Snigdha Subhas Deshmukh	BAMS IV th	<i>Snigdha</i>
8	Gaikwad Aishwarya	BAMS IV th	<i>Aishwarya</i>
9	Chavan Vidya Ravindra	BAMS IV th	<i>Chavan</i>
10	Garhane Anagha sanjay	BAMS IV th	<i>Garhane</i>
11	Snehal Rajkumar Bansode	BAMS IV th	<i>Bansode</i>
12	Vaishnavi Ramesh Bhisade	BAMS IV th	<i>Bhisade</i>
13	Satavekar Shukroni Sudhakar	BAMS IV th	<i>Satavekar</i>
14	Wagadkar Aishwarya shivaji	BAMS IV th	<i>Wagadkar</i>
15	Gauravi Ramvilas Sontakke	BAMS IV th	<i>Gauravi</i>
16	Manasi Umesh Otari	BAMS IV th	<i>Otari</i>
17	Pradnya suresh Dandawate	BAMS IV th	<i>Dandawate</i>
18	Pankaj vasant mulik	BAMS IV th	<i>Mulik</i>
19	Rudresh Mahesh Khopore	BAMS IV th	<i>Khopore</i>
20	Shubham Kailas Patil	BAMS IV th	<i>Shubham</i>
21	Tare Avinash Janardhan	BAMS IV th	<i>Tare</i>
22	Sanket Umesh Garad	BAMS IV th yr	<i>Garad</i>

