



Sant Dnyaneshwar Shikshan Sanstha's
**Hon. Shri. Annasaheb Dange Ayurved Medical College
& Post Graduate Research Center**
A/p : Ashta, Tal. : Walwa, Dist : Sangli – 416 301
Website : www.adamcashta.com
NAAC Accrediatated ISO Certified 9001-2015,14000-2015



NAME OF DEPARTMENT:- NSS team and Swasthavritta & Yoga
YEAR:-2022

EVENT / ACTIVITY REPORT

Title of Event / Activity:- **7th National Ayurveda Day, 2022**

Date:- 23/10/2022

Time:- 10.00 am to 12.00 pm

Duration:- Two Hours

Venue:- Auditorium Hall, Hon. Shri. Annasaheb Dange Ayurved Medical College,
Ashta.

Subject:- Conducting Guest lecturer and various programs for 1Health for millenials , 2. Ayurvedic dietary recepies , 3. Health of senior citiozens , 4. mental health wellness on the occasion of 7th National Ayurveda Day, 2022

Name of Lecturer-

Dr. Ashok G. Wali, Prakruti Panchabhautik Chikistalaya, Kolhapur. Chairman Panchabhautik Chikista Kendra, Sangli.

Objectives of event / activity:-

- To promote concept of Aahar in Ayurveda.
- To build up healthy society by propagating importance of Aahar in Daily life.
- To making up of our student physically & mentally sound



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Event / Activity report:- Report of 7th National Ayurveda Day, 2022

Description:-

- Inauguration of 7th National Ayurveda Day, 2022 at 10.00am gives details of Schedule of 7th National Ayurveda Day, 2022 to all also gives guidelines to all student. On the occasion of National Ayurveda Day, 2022 Dip prajwalan & Dhanvntari stavan done.
- HOD & Prof. Dr. Nitin Tatpuje introduced the guest Dr. Ashok Wali sir, Prakruti Panchabhautik, Chikistalaya Kolhapur. Chairman Panchabhautik Chikistalaya.
- Our Principal Dr. Amit Pethkar gave warm welcome to our guest
- Dr. Ashok Wali sir gave Very informative lecture on "**Har Din Har Ghar Ayurveda**".
- NSS program Officer Dr. Ashwini Khot give vote of thanks.

List on the Teachers/Student/Instructor are attached with the report.

- Dr. Nitin Tatpuje
(Professor & HOD, Dept. of Swasthavritta & Yoga)
- Dr. Ashwini Khot
(Asso. Professor, Dept. of Swasthavritta & Yoga)

HOD
Swasthavritta Dept.
Hon.shri Annasaheb Dange
Ayurved Medical College Ashta



PRINCIPAL
Shri. Annasaheb Dange Ayurved Medical
College, Ashta, Tal. Walwa, Dist. Sangli



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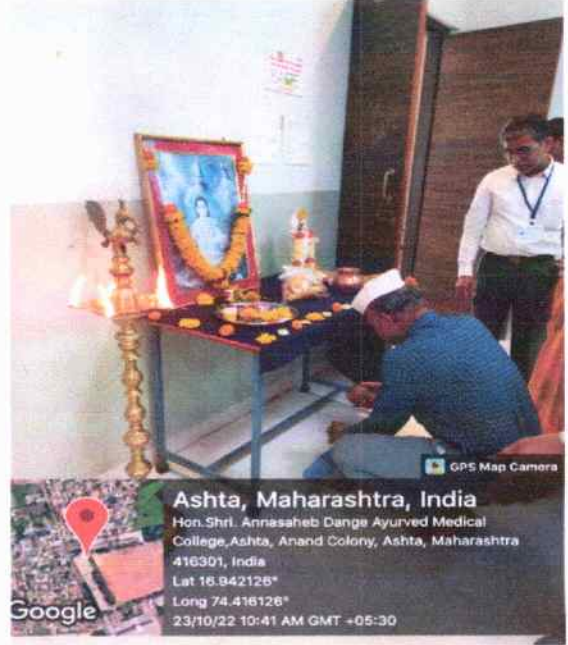
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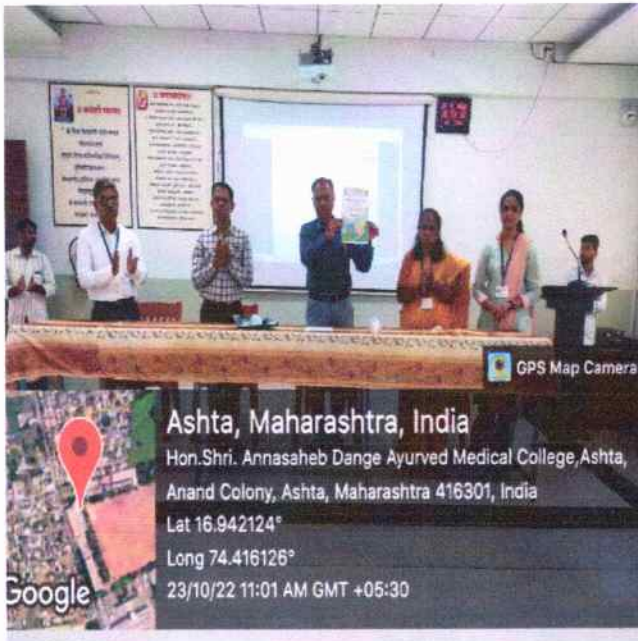
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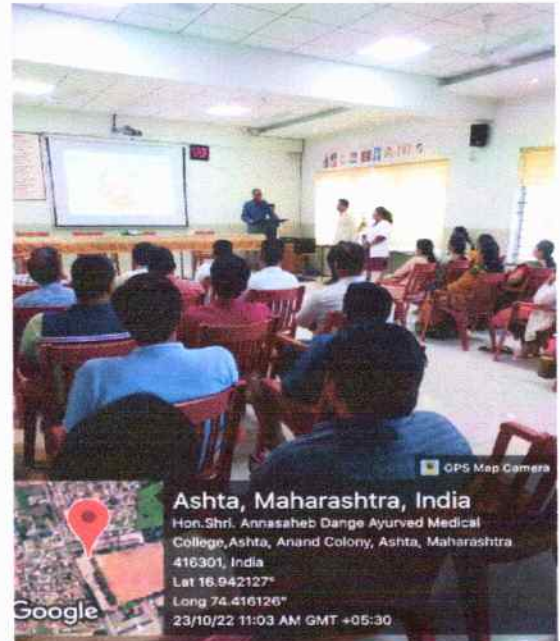
Celebration of 7th National Ayurveda Day, 2022 dated 23.10.2022



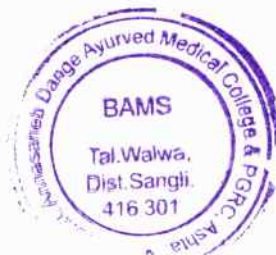
Ashta, Maharashtra, India
 Hon. Shri. Annasaheb Dange Ayurved Medical
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