



Sant Dnyaneshwar Shikshan Sanstha's
Hon. Shri. Annasaheb Dange Ayurved Medical College

A/p : Ashta, Tal. : Walwa, Dist : Sangli – 416 301

Phone : 02342-241103/241108, Fax – 02342-241110

Website : www.adamcashta.com

E-mail : ashta.adamc@gmail.com

NAME OF DEPARTMENT:- Swasthavritta & Yoga

YEAR:- 2020-21

EVENT / ACTIVITY REPORT

Title of Event / Activity:- World Health Day

Organized by the Department – Swasthavritta & Yoga (ADAMC,Ashta)

Date:- 07/04/2021 Time:- 2.15pm-3.15am Duration:- 1Hour

Venue:- Hon. Shri. Annasaheb Dange Ayurved Medical College

Subject: Conducting Lecture on Health & Role of Ayurveda in promotion of Health & longevity of life on the occasion of World Health Day – 2021

Objectives of event / activity:-

- To make awareness about Health & create positive health sense among the students.
- To build up healthy society by propagating importance of Ayurveda in Promotion of health.
- To making up of our students physically & mentally sound.

Event / Activity report:-

Description:-

Today on 07th April 2021 we held the Lecture on above mentioned subject on the occasion of World Health Day – 2021 at Hon. Shri Annasaheb Dange Ayurved Medical College, Ashta during 2.15 pm to 3.15 pm in college campus.

The purpose of World Health Day is to promote Awareness about Health and make healthy society. Hence “World Health Day was celebrated in the premise. It was 1hour session. . Dr. Nitin Tatpuje has given the lecture on above mentioned topic.



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. Dr. Ashwini Khot has taken a brief literary review of Theme world Health day 2021.

In the morning at 8am to 9am, we have conducted Yoga session of one hour & explained importance of Yoga & exercise in maintaining health.

At the end of the session Dr. Hemalata Kore gave vote of thanks for giving such a great and useful lecture & also provided valuable guidance to our students.

List of the Teachers/ Students/ Instructors are attached with the report.

1. Dr. Nitin Tatpuje

(Professor & HOD, Dept. Of Swasthavritta & Yoga)

2. Dr. Ashwini Khot

(Asso. Professor, Dept. of Swasthavritta & Yoga)

3. Dr. Hemalata Kore

(Lecturer, Dept. of Swasthavritta & Yoga)

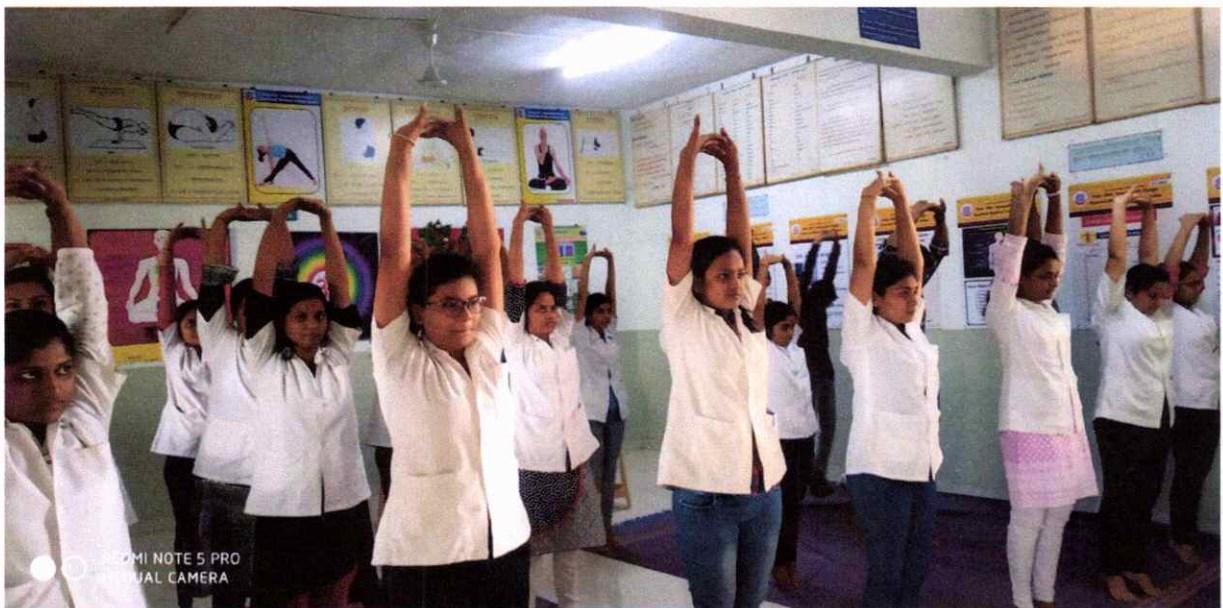
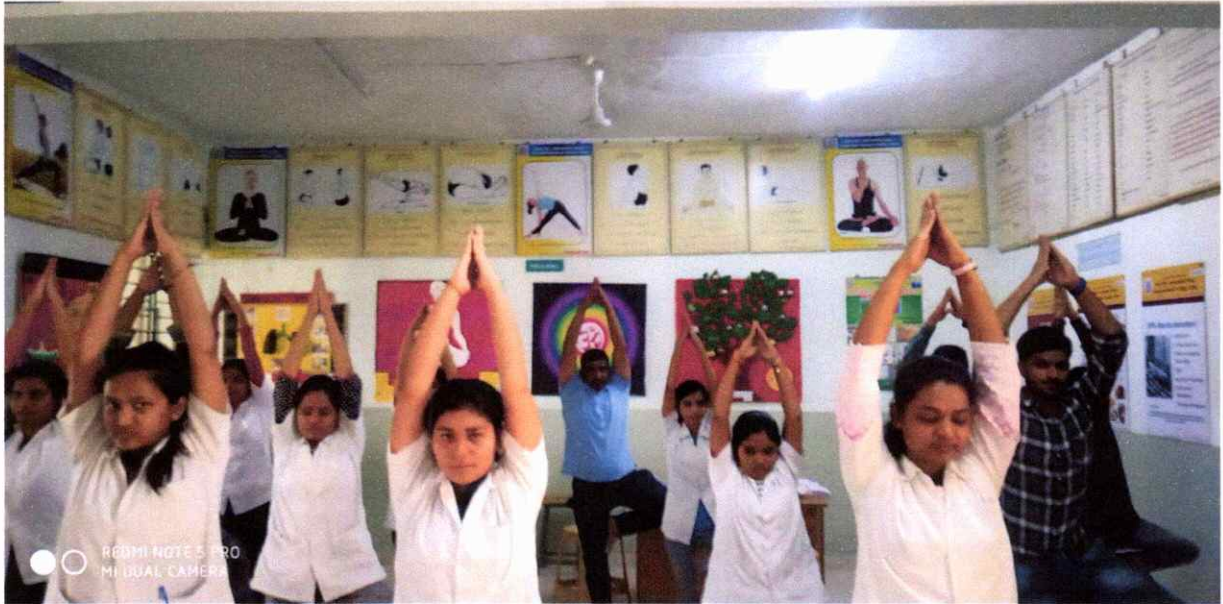
Prof. Dr. S. N. Ojha
PRINCIPAL

**Shri. Annasaheb Dange Ayurved Medical
College, Ashta, Tal. Walwa, Dist. Sangli**

World Health Day 7th April 2021



World Health Day 7th April 2021



HON. SHRI. ANNASHEB DANGE AYURVED MEDICAL COLLEGE, ASHTA

3rd BAMS (2020-2021) Attendance Sheet

Subject: Yoga

Date: 7-9-21

Time: 8am - 9 am

Topic: Aarogyakar Asana.

Name of Teacher: S.D. Gharpade

Roll No.	Name Of Student	Signature	Roll No.	Name Of Student	Signature
1	Awale Renuka Rama	<u>Rwale</u>	55	Mhetar Vrushali Vinay	
2	Awasthi Satyam Ravindrprasad	<u>Satya</u>	56	Minache Samruddhi Deepak	<u>Minach</u>
3	Badgire Pooja Mahadev	<u>Pooja</u>	57	Mohite Harshada Shahaji	<u>Mohite</u>
4	Bagal Kanchan Rustumrao	<u>Bagal</u>	58	More Shruti Dattatray	
5	Bagul Vrushali Yuvaraj		59	Nagargoje Anant Dagadu	
6	Barbade Susmita Shrikar	<u>Barbade</u>	60	Nandarale Nita Rupchand	<u>Nandarale</u>
7	Behere Vinayak Pandurang	<u>Behere</u>	61	Omase Shubham Ramchandra	<u>SPD</u>
8	Bhojgude Vishal Ganpat		62	Parbat Onkar Rajkumar	<u>Parbat</u>
9	Bhosale Maithili Sunil	<u>Ms. Bhosale</u>	63	Patel Simran Amin	<u>Patel</u>
10	Bhosale Payal Rajkumar	<u>Bhosale</u>	64	Patil Akshata Panditrao	<u>Patil</u>
11	Bondar Shweta Babanrao	<u>Shweta</u>	65	Patil Dakshayani Mahesh	<u>Patil</u>
12	Chavan Asavari Balkrishna		66	Patil Poonam Kishanrao	
13	Chavan Nikhil Bharat	<u>Chavan</u>	67	Patil Sanjana Balkrushna	<u>Patil</u>
14	Choudhari Sanket Ramdas	<u>Choudhari</u>	68	Patole Ramesh Narayan	
15	Dabhade Deshraj Anand		69	Pawar Amol Parasaram	
16	Dhainje Bhargavi Balu		70	Pawar Ankita Prataprao	<u>A.P. Pawar</u>
17	Dhope Pranita Khandu	<u>Dhope</u>	71	Pawar Mayuri Mahesh	<u>Pawar</u>
18	Digole Sushma Arjun		72	Pawara Kapil Gulabsing	
19	Gambhire Rohini Balasaheb	<u>Gambhire</u>	73	Pol Alisha Ulhas	<u>Pol</u>
20	Gaykwad Prachi Tryambak	<u>Gaykwad</u>	74	Rakh Akshay Gokul	
21	Ghadage Shirish Raju		75	Ranage Vaishnavi Laxman	<u>Ranage</u>
22	Ghodake Mrunal Maruti	<u>Ghodake</u>	76	Rasal Rutuja Rahul	<u>RRRasal</u>
23	Giri Ankita Mohan	<u>Giri</u>	77	Raulwar Sujata Suresh	<u>Raulwar</u>
24	Gosavi Maithili Vijay	<u>Gosavi</u>	78	Raut Sagar Savanta	<u>Raut</u>
25	Gurav Amruta Vilas	<u>Gurav</u>	79	Rengade Supriya Madhavrao	
26	Hipparkar Amruta Dilip		80	Salve Prajwal Mohan	<u>Salve</u>
27	Hirmukhe Abhishek Suryakant	<u>Hirmukhe</u>	81	Sangolkar Vaishnavi Shivaji	<u>Sangolkar</u>
28	Ingale Priti Naganath	<u>Ingale</u>	82	Sangrampatle Aarti Vinayak	<u>Sangrampatle</u>
29	Jadhav Ankita Dhanaji		83	Sayyed Fiza Rajmahamad	<u>Sayyed</u>
30	Jadhav Nikita Dilip	<u>Jadhav</u>	84	Shaikh Easminara Raja	
31	Jadhav Prajakta Anant	<u>Jadhav</u>	85	Shaikh Junaid Shaikh Habib	<u>Shaikh</u>
32	Jadhav Swati Babasaheb	<u>Jadhav</u>	86	Shaikh Sanobar Miraj	<u>Sanobar</u>
33	Jadhav Vishal Satish	<u>Jadhav</u>	87	Shelkande Pavan Namdev	
34	Jagtap Gautami Dipak		88	Shelke Sushant Ramchandra	
35	Jagtap Vishal Baban	<u>Jagtap</u>	89	Shete Harshada Jagannath	
36	Jagtap Vishal Mahadev	<u>Jagtap</u>	90	Shinde Anuja Prabhakar	
37	Jarande Siddhi Uttam		91	Shinde Shivani Kiran	<u>Shinde</u>
38	Junne Amol Shivraj		92	Shinde Shreya Bhagwan	
39	Kadarkar Akanksha Bhausaheb	<u>Kadarkar</u>	93	Shirke Dnyaneshwari Satish	<u>Shirke</u>
40	Kale Snehal Jijabhau		94	Suryawanshi Vivek S.	<u>Suryawanshi</u>
41	Khandare Mayuri Sudhakar		95	Sutar Prajakta Satish	<u>Sutar</u>
42	Kharbad Swapnil Rajabhau		96	Swant Vasavi Anand	<u>Swant</u>
43	Khavle Nitish Harish		97	Vitkar Amit Kalidas	<u>Vitkar</u>
44	Khurd Prajakta Bhagwan	<u>Khurd</u>	98	Wable Pavan Pandurang	<u>Wable</u>
45	Kirtane Nikita Vinayak	<u>Kirtane</u>	99	Waghmode Pratik Shamrao	
46	Kopratkar Sushilkumar Satwa		100	Ware Shreya Dattatray	<u>Ware</u>
47	Kotkar Shivkanya Ramkisan		101	Zunzarrao Manasi H.	<u>Zunzarrao</u>
48	Kumbhar Rushikesh Uttam		102	Chivate Hrushikesh Surendra	
49	Kute Apurva Ramdas		103	More Ravi Shankar	
50	Kute Vidya Lahu	<u>Kute</u>	104	Rathod Prashant Gorakh	
51	Mandlik Ashwini Sukhdev		105	Rathod Saurabh Chintamani	
52	Mane Sumit Nitin	<u>Mane</u>	106	Patil Nitin Balasaheb	
53	Mangire Saurabh Vihang	<u>Mangire</u>	107	Thorat Arvind Appaso	
54	Metkar Sindhu Bharat				

S.D. Gharpade

Signature of the staff

HON. SHRI. ANNASAHEB DANGE AYURVED MEDICAL COLLEGE, ASHTA
III rd BAMS (2020-21) Attendance Sheet

Subject: *Sudasthanvitta & Yoga*

Date: *07/04/2021*

Time: *2.15pm-3.15pm*

Topic: *World Health Day 2021*

Name of Teacher: *Dr. Nitin Tatpuje*

Roll No.	Name of Student	Signature	Roll	Name of Student	Signature
1	Awale Renuka Rama	<i>Renuka</i>	51	Mandlik Ashwini Sukhdev	<i>Ashwini</i>
2	Awasthi Satyam Ravindrprasad		52	Mane Sumit Nitin	
3	Badgire Pooja Mahadev	<i>Pooja</i>	53	Mangire Saurabh Vihang	<i>Saurabh</i>
4	Bagal Kanchan Rustumrao	<i>Kanchan</i>	54	Metkar Sindhu Bharat	
5	Bagul Vrushali Yuvaraj		55	Mhetar Vrushali Vinay	<i>Vrushali</i>
6	Barbade Susmita Shrikar	<i>Barbade</i>	56	Minache Samruddhi Deepak	<i>Samruddhi</i>
7	Behere Vinayak Pandurang	<i>Vinayak</i>	57	Mohite Harshada Shahaji	<i>Harshada</i>
8	Bhojgude Vishal Ganpat		58	More Shruti Dattatray	<i>Shruti</i>
9	Bhosale Maithili Sunil	<i>Ms. Bhosale</i>	59	Nagargoje Anant Dagadu	
10	Bhosale Payal Rajkumar	<i>Payal</i>	60	Nandarale Nita Rupchand	<i>Nandarale</i>
11	Bondar Shweta Babanrao	<i>Shweta</i>	61	Omase Shubham Ramchandra	<i>SRD</i>
12	Chavan Asavari Balkrishna	<i>Asavari</i>	62	Parbat Onkar Rajkumar	<i>Onkar</i>
13	Chavan Nikhil Bharat	<i>Nikhil</i>	63	Patel Simran Amin	<i>Patel</i>
14	Choudhari Sanket Ramdas		64	Patil Akshata Panditrao	<i>Patil</i>
15	Dabhade Deshraj Anand		65	Patil Dakshayani Mahesh	<i>Dakshayani</i>
16	Dhainje Bhargavi Balu	<i>Bhargavi</i>	66	Patil Poonam Kishanrao	<i>Poonam</i>
17	Dhope Pranita Khandu	<i>Pranita</i>	67	Patil Sanjana Balkrushna	
18	Digole Sushma Arjun	<i>Sushma</i>	68	Patole Ramesh Narayan	
19	Gambhire Rohini Balasaheb	<i>Rohini</i>	69	Pawar Amol Parasaram	
20	Gaykwad Prachi Tryambak		70	Pawar Ankita Prataprao	<i>AP Pawar</i>
21	Ghadage Shirish Raju		71	Pawar Mayuri Mahesh	
22	Ghodake Mrunal Maruti	<i>Mrunal</i>	72	Pawara Kapil Gulabsing	<i>Kapil</i>
23	Giri Ankita Mohan		73	Pol Alisha Ulhas	<i>Alisha</i>
24	Gosavi Maithili Vijay	<i>Maithili</i>	74	Rakh Akshay Gokul	
25	Gurav Amruta Vilas		75	Ranage Vaishnavi Laxman	<i>Ranage</i>
26	Hipparkar Amruta Dilip		76	Rasal Rutuja Rahul	<i>RR Rasal</i>
27	Hirmukhe Abhishek Suryakant		77	Raulwar Sujata Suresh	<i>Sujata</i>
28	Ingale Priti Naganath	<i>Priti</i>	78	Raut Sagar Savanta	<i>Sagar</i>
29	Jadhav Ankita Dhanaji		79	Rengade Supriya Madhavrao	
30	Jadhav Nikita Dilip	<i>Nikita</i>	80	Salve Prajwal Mohan	<i>Prajwal</i>
31	Jadhav Prajakta Anant	<i>Prajakta</i>	81	Sangolkar Vaishnavi Shivaji	<i>Vaishnavi</i>
32	Jadhav Swati Babasaheb	<i>Swati</i>	82	Sangrampatle Aarti Vinayak	<i>Aarti</i>
33	Jadhav Vishal Satish		83	Sayyed Fiza Rajmahamad	<i>Fiza</i>
34	Jagtap Gautami Dipak		84	Shaikh Easminara Raja	<i>Easminara</i>
35	Jagtap Vishal Baban		85	Shaikh Junaid Shaikh Habib	<i>Junaid</i>
36	Jagtap Vishal Mahadev	<i>Vishal</i>	86	Shaikh Sanobar Miraj	<i>Sanobar</i>
37	Jarande Siddhi Uttam		87	Shelkande Pavan Namdev	
38	Junne Amol Shivraj		88	Shelke Sushant Ramchandra	
39	Kadarkar Akanksha Bhausaheb	<i>Akanksha</i>	89	Shete Harshada Jagannath	<i>Harshada</i>
40	Kale Snehal Ijabhau	<i>Snehal</i>	90	Shinde Anuja Prabhakar	
41	Khandare Mayuri Sudhakar		91	Shinde Shivani Kiran	<i>Shinde</i>
42	Kharbad Swapnil Rajabhau		92	Shirke Dnyaneshwari Satish	<i>Dnyaneshwari</i>
43	Khavle Nitish Harish		93	Suryawanshi Vivek Shantaram	
44	Khurd Prajakta Bhagwan		94	Sutar Prajakta Satish	<i>Prajakta</i>
45	Kirtane Nikita Vinayak		95	Swant Vasavi Anand	<i>Vasavi</i>
46	Koprakar Sushilkumar Satwa		96	Vitkar Amit Kalidas	
47	Kotkar Shivkanya Ramkisan	<i>Shivkanya</i>	97	Wable Pavan Pandurang	
48	Kumbhar Rushikesh Uttam	<i>Rushikesh</i>	98	Waghmode Pratik Shamrao	
49	Kute Apurva Ramdas		99	Ware Shreya Dattatray	<i>Shreya</i>
50	Kute Vidya Lahu	<i>Vidya</i>	100	Zunzarrao Manasi Harishchandra	<i>Manasi</i>

Tatpuje
Dr. Nitin Tatpuje
 HOD
 Ayurved Dept.
 Hon. Shri. Annasaheb Dange
 Ayurved Medical College Ashta



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15/02/2021

To,
The Principal,
ADAMC,
Ashta

Subject: Requesting permission for **JAGTIK SURYANAMSKAR DIN – 2021** celebration on 19/02/2021 by department of Swasthavritta and Yoga, ADAMC, Ashta.

Respected Sir,

This is to informing you that we are going to conduct **JAGTIK SURYANAMSKAR DIN – 2021** celebration on 19/02/2021 in our college. We are scheduling this event for 3rd year BAMS students with the purpose of development of physical, mental & spiritual well being.

We request you to permit us to conduct above event with your valuable guidance.

Thanking you,

Respected Sir
[Signature]
15/02/2021



[Signature]
15/02/21
Your's faithfully,
HOD
Swasthavritta Dept.
Hon.shri. Annasaheb Dange
Ayurved Medical College Ashta.



Sant Dnyaneshwar Shikshan Sanstha's
Hon. Shri. Annasaheb Dange Ayurved Medical College

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05/04/2021

Notice

This to inform you that, all the Teaching/ Non-Teaching Staff and 3rd year BAMS Students of Hon. Shri. Annasaheb Dange Ayurved Medical College, Ashta, are requested to present for lecture on “Health & Role of Ayurveda in promotion of Health & longevity of life”, on the occasion of World Health Day – 2021 dated 07/04/2021, at 2.15 pm to 3.15pm.

Date: 07/04/2021

Venue: Hon. Shri. Annasaheb Dange Ayurved Medical College, Ashta.

Time: 2.15 pm to 3.15pm

HOD

HOD

Department of Swasthavritta & Yoga
Hon.shri. Annasaheb Dange
Ayurved Medical College Ast--