



Sant Dnyaneshwar Shikshan Sanstha's
Hon. Shri. Annasaheb Dange Ayurved Medical College

A/p : Ashta, Tal. : Walwa, Dist : Sangli – 416 301

Phone : 02342-241103/241108, Fax – 02342-241110

Website : www.adamcashta.com

E-mail : ashta.adamc@gmail.com

NAME OF DEPARTMENT:- Swasthavritta & Yoga

YEAR:- 2021-22

EVENT / ACTIVITY REPORT

Title of Event / Activity:- **6th National Ayurveda Day**

Organized by the Department – Swasthavritta & Yoga (ADAMC, Ashta)

Date:-02/11/2021

Venue:- Hon. Shri. Annasaheb Dange Ayurved Medical College

Subject: Conducting Guest lecture and poster presentation, essay writing and slogan writing competition on the occasion of 6th National Ayurveda Day – 2nd Nov2021

Objectives of event / activity:-

- To promote concept of Aahar in Ayurveda.
- To build up healthy society by propagating importance of Aahar in Daily life.
- To making up of our students physically & mentally sound.

Event / Activity report:- Report of “6th National Ayurveda Day -2nd November 2021”

Description:-

- Inauguration of 6th National Ayurveda Day was done on 02/11/2021 at 10.00am, Dr. Hemalata Kore gives details of Schedule of 6th National Ayurveda Day to all also gives guidelines to all students to participate in all



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events arranged during 6th National Ayurveda Day. Guest lecture was arranged.

- On the occasion of National Ayurveda Day 2021 Dip prjvalan & Dhanvantari stavan done.
- Dr.Ashwini Khot introduced the guest Dr.Nayana Hingmire .
- Very informative lecture on Ayurveda & Poshan was given by our guest Dr.Nayana Hingmire Associate Professor, Agadtantra Department, Yashwant Ayurvedic Medical College , Kodoli
- Dr.Nitin Tatpuje gives vote of thanks.

List of the Teachers/ Students/ Instructors are attached with the report.

1. Dr. Nitin Tatpuje

(Professor & HOD, Dept. Of Swasthavritta & Yoga)

2. Dr. Ashwini Khot

(Asso. Professor, Dept. of Swasthavritta & Yoga)

3. Dr. Hemalata Kore

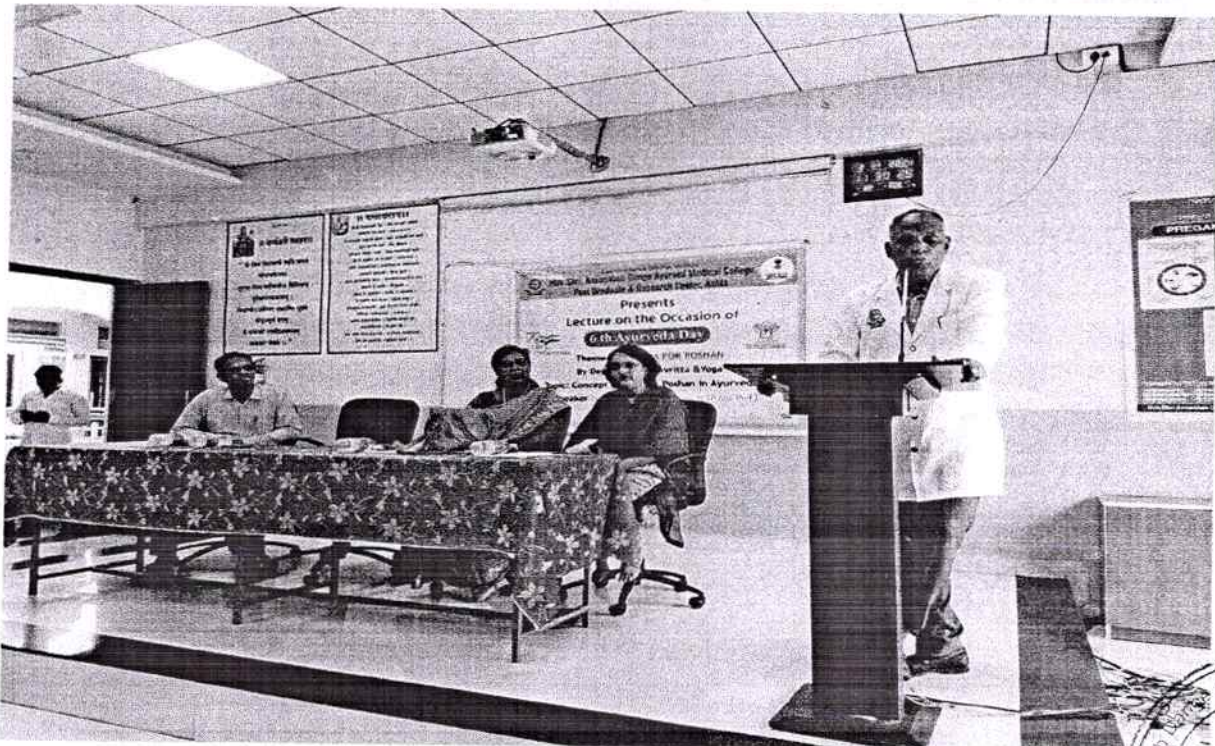
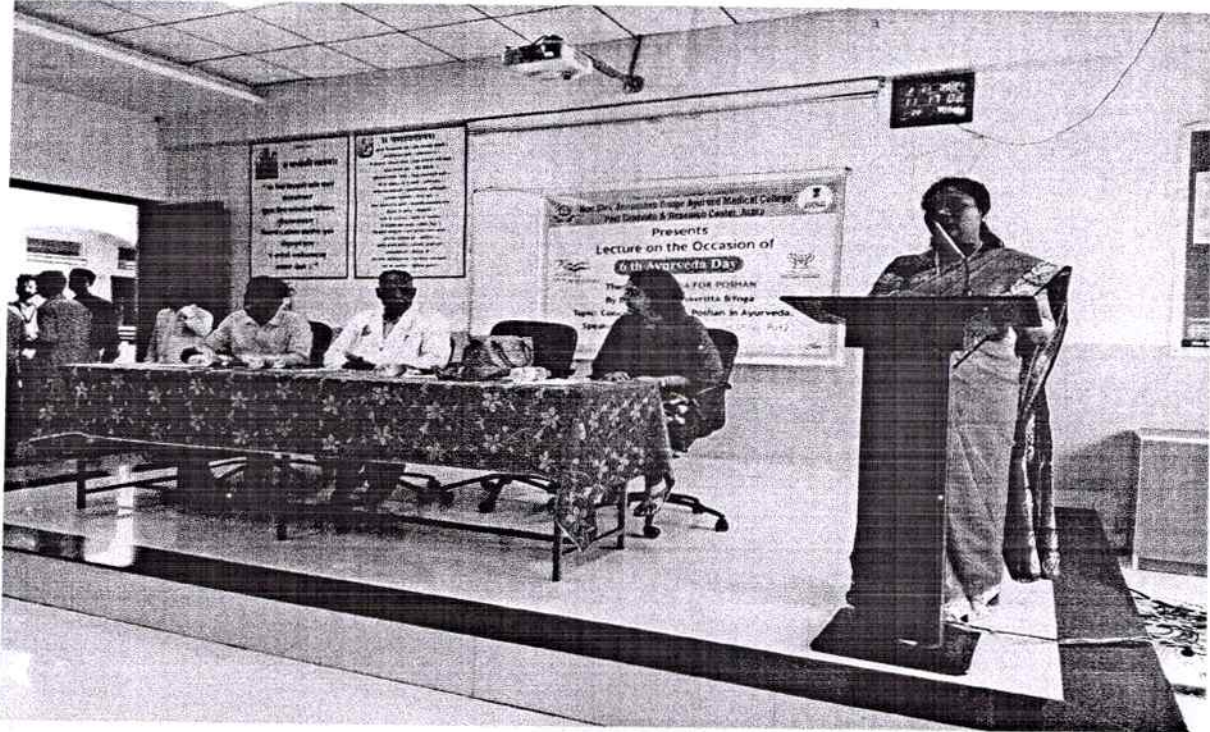
(Lecturer, Dept. of Swasthavritta & Yoga)



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College, Ashta, Walwa, Dist Sangli



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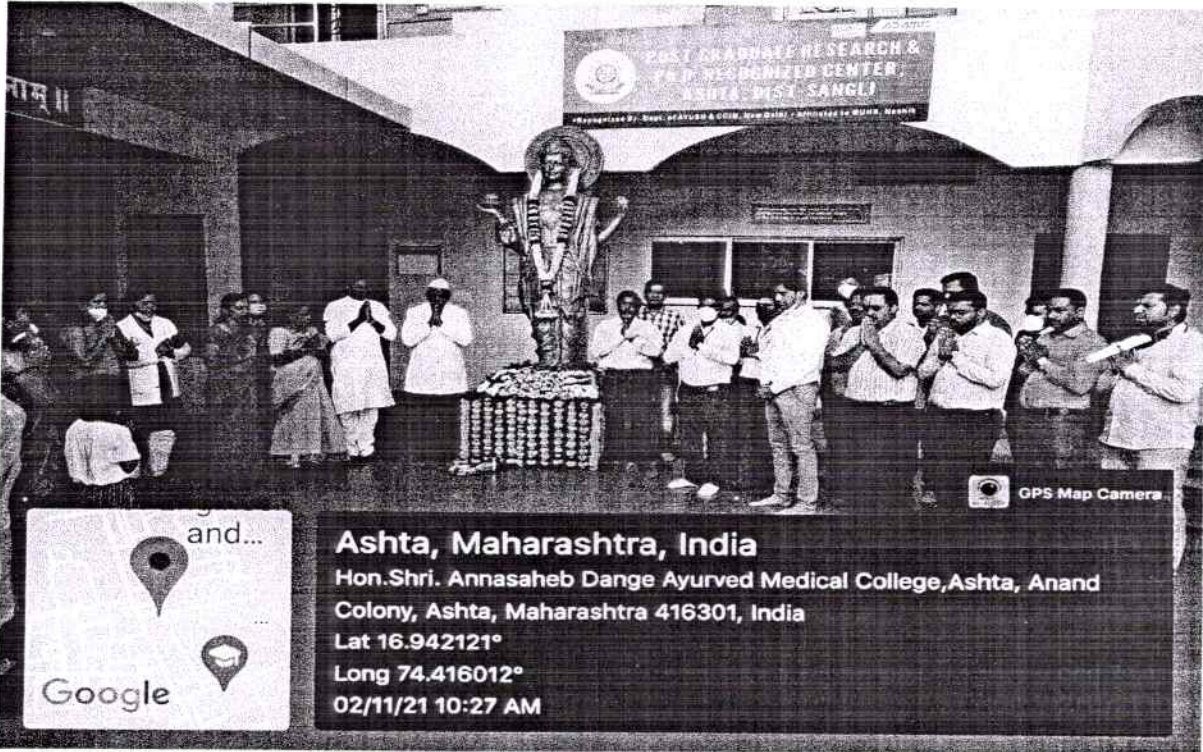


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ACF. No ADAMC/1200/2021

02/11/2021

To,

Dr. Nayana Hingmire
Associate Professor
Department of Agadtantra
Yashwant Ayurvedic Medical College PGT & RC, Kodoli

Subject - Thanks giving letter for the Guest Lecture on, "Concept of Aahar & Poshan in Ayurveda" on Occasion of 6th Ayurveda Day.

Respected Madam,

With respect to above mentioned subject we sincerely give thanks to you for delivering a lecture on topic of "Concept of Aahar & Poshan in Ayurveda" on 02/11/2021 on Occasion of 6th Ayurveda Day.

Thank you once again for your expertise guidance on the topic.

Thanking you,

Yours Faithfully

PRINCIPAL
Shri. Annasaheb Dange Ayurved Medical
College, Ashta, Tal. Walwa, Dist. Sangli



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Ref No ADAMC/ 1199/2021

02/11/2021

Invitation Letter

To,

Dr. Nayana Hingmire

Associate Professor

Department of Agadtantra

Yashwant Ayurvedic Medical College PGT & RC, Kodoli

Subject - Invitation letter for the Guest Lecture on, "Concept of Aahar & Poshan in Ayurveda" on Occasion of 6th Ayurveda Day.

Respected Madam,

With respect to above mentioned subject we sincerely invite you for delivering a lecture on topic of "Concept of Aahar & Poshan in Ayurveda" on 02/11/2021 on Occasion of 6th Ayurveda Day.

Thanking you,

Yours Faithfully


PRINCIPAL

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01/11/2021

Notice

This to inform you that, all the Teaching, Non-Teaching Staff and Students of Hon. Shri. Annasaheb Dange Ayurved Medical College, Ashta. are requested to attend Guest lecture on the occasion of 6th National Ayurveda Day -2nd Nov.

Date : 02/11/2021

Venue : Auditorium Hall

Hon. Shri. Annasaheb Dange Ayurved Medical College, Ashta.

H. Kore

NSS Coordinator

Programme Officer

Dr. Hemalata Kore

A.D.A.M.C. ASHTA