



Sant Dnyaneshwar Shikshan Sanstha's
Hon. Shri. Annasaheb Dange Ayurved Medical College
A/p : Ashta, Tal. : Walwa, Dist : Sangli – 416 301
Phone : 02342-241103/241108, Fax – 02342-241110
Website : www.adamcashta.com E-mail : ashta.adamc@gmail.com

NAME OF DEPARTMENT: NSS

YEAR:- 2021-22

EVENT / ACTIVITY REPORT

Title of Event / Activity:-Celebration of Poshan Pandharwada-2022

Organized by the Department –NSS unit ADAMC, Ashta

Date:-21/03/2022 to 04/04/2022

Venue:- Hon. Shri. Annasaheb Dange Ayurved Medical College

Subject: Launching of Poshan Pakawada, Poshan workshops, Swastha Balak Balika Competition, Gender Sensitization, Awareness program for water management, Guest lecture on Anaemia and Traditional food for healthy mother and child and many more events on the occasion of Poshan Pandharwada-2022

Objectives of event / activity:-

- To build up healthy society by propagating importance of Nutritive food in Daily life.
- To promote practices and awareness about water harvesting.
- To work on healthy society physically & mentally sound by adding many changes in routine like diet and personal hygiene.
- To make awareness in society about nutritive food
- Importance of personal hygiene
- Taking care of pregnant woman etc.
- Awareness of Anaemia in school going childrens
- To conduct health check up camps



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Event / Activity report: **Report of “Poshan Pandhrwada-2022”**

Description:-

1. **21/03/2022** : Inauguration of Poshan Pandharwada 2022 was done on 21/03/2022 at 1.30pm Dr. Ranjeet Rupnar (Assistant Professor Kaumarbhritya Dept. NSS Co-coordinator) gives details of Schedule of Poshan -2022 to all and also given guidelines to all students to participate in all events arranged during Poshan Pandharwada -2022.

Mr. Saugandh Thorat (Assistant Professor Samhita Dept. NSS members) gives vote of thanks.

2. **21/03/2022- 27/03/2022**: We NSS team under the guidance of Balroga dept conducted Swastha Balak Balika Spardha to identify the health status of childrens. In which measurement of developmental parameters like height, weight, BMI, Head circumference, chest circumference below age of 6 years old childrens were evaluated. Their general check up, physical and mental health were evaluated with certain parameters. Stunted, wasted and underweight childrens were examined and treatment was given accordingly. Healthy child winners are selected and prize distribution done with the hands of hon. Principal.



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3. **28/03/2022:** In Karnal village awareness camp regarding the water conservation, rain water harvestment, role of womens in water management and its importance were organized by the NSS team members.
4. **29/03/2022:** In Karnal village awareness camp regarding Gender Seditization and Gender equality by the NSS team were conducted. To spread the awareness for same, Pathanatyra were performed in front of villagers.
5. **30/04/2022 – 01/04/2022:** Dr. Ranjeet Rupnar (Assistant Professor Kaumarbhritya Dept. NSS Co-coordinator) conducted very informative lecture on “Prevention and treatment of anaemia in Adolescent girls” in Z. P. School, Karnal. He also gave information about nutrition, nutritious food, malnutrition, importance of nutrition and its requirement in adolescent girls. Deworming medicines were distributed in school childrens, Health check up camp at Z. P. School Karnal were held and anaemic childrens were identified and further treatment were given by consulting physicians team of ADAMC, Ashta.
6. **02/04/2022 – 03/04/2022:** We NSS team and Our 3rd BAMS students Visit our Nutri-Garden for promotion of Nutri-gardens in associated campus. In Karnal village brief introduction regarding identification of nutritional plants. like. Haldi, Guava (Peru), Shatavari, Shigru, Nimbuk, Tomato, Karvellak, Kaddali (banana), Papaya. Etc. were given to villagers of Karnal



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by NSS team. They also gave information about how to plant these nutritive - herbs & how to take care of them and gave information about various nutritional uses & values of these herbal plants.

Regional healthy food recipe were made by NSS team. It may helpful for preparing awareness in society about regional / local food. Also to Knew about our traditional recipes it may helpful.

7. **04/04/2022:** This events was helpful in imparting knowledge and creating awareness about the importance of Nutrition(Poshan) and personal hygiene among society. It was very informative program & it may be helpful for maintaining health. Builded up healthy society by propagating importance of Nutritive food in Daily life. Promoted practices and awareness about water harvesting. Worked on healthy society physically & mentally sound by adding many changes in routine like diet and personal hygiene. Made awareness in society about nutritive food. Awareness regarding Anaemia in school going childrens got emphasised. Health check up camps were organised in Dhanwantari Hospital and in Karnal village.

List of document attached:

- 1) Notice
- 2) Student Attendance list
- 3) Event Photos

PRINCIPAL

Shri. Annasaheb Dange Ayurved Medica
College, Ashta, Tal. Waiwa, Dist. Sangli

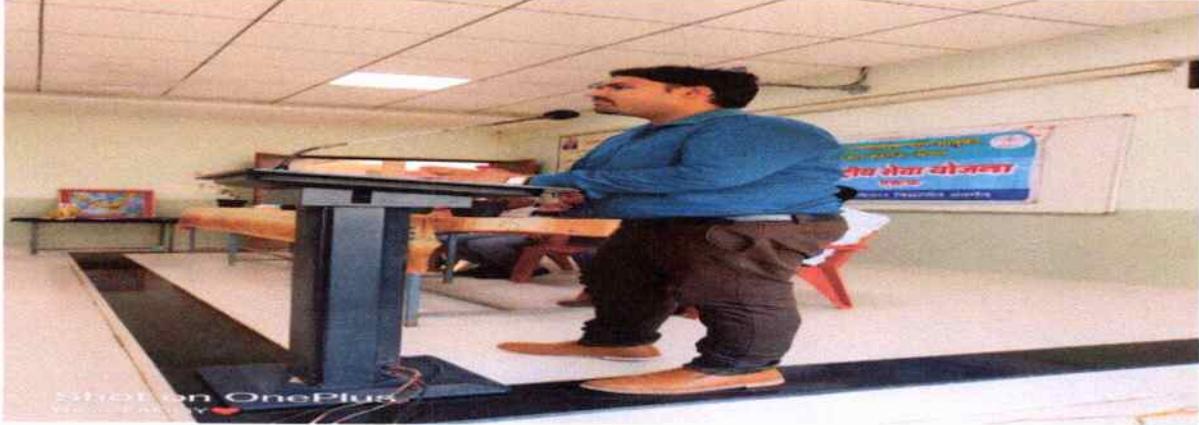


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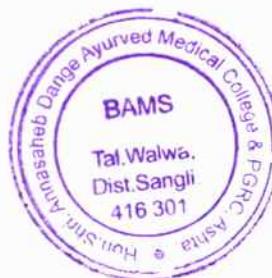
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STUDENT ATTENDANCE REPORT

4th Year

Date-

०६/०५/२०२३

Sr. No.	Name of Student	Sign	Sr. No.	Name of Student	Sign
1	Awale Renuka Rama		51	Mane Sumit Nitin	
2	Awasthi Satyam R	<u>Awasthi</u>	52	Mangire Sourabh Vihang	<u>Sourabh</u>
3	Badgire Pooja Mahadev		53	Metkar Sindhu B.	
4	Bagal Kanchan Rustumrao		54	Mhetar Vrushali Vinay	
5	Bagul Vrushali Y		55	Minache Samruddhi D	
6	Barbade Susmita Shrikar	P	56	Mohite Harshada Shahaji	
7	Behere Vinayak Pandurang	P	57	More Shruti Dattatray	
8	Bhojgude Vishal Ganpat	P	58	Nagargoje Anant Dagadu	
9	Bhosale Maitihili Sunil		59	Nandarale Nita Rupchand	
10	Bhosale Payal Rajkumar		60	Omase Shubham R	P
11	Bondar Shweta Babanrao	P	61	Parbat Onkar Rajkumar	<u>O.P. Parbat</u>
12	Chavan Asavari Balkrishna		62	Patel Simran Amin	
13	Chavan Nikhil Bharat	<u>N.B. Chavan</u>	63	Patil Akshata Panditrao	
14	Choudhari Sanket Ramdas		64	Patil Dakshayani Mahesh	
15	Dabhade Deshraj Anand		65	Patil Poonam Kishanrao	
16	Dhainje Bhargavi Balu		66	Patil Sanjana Balkrushna	
17	Dhope Pranita Khandu		67	Patole Ramesh Narayan	
18	Digole Sushma Arjun		68	Pawar Amol Parasram	<u>P.P. Pawar</u>
19	Gambhire Rohini Balasaheb		69	Pawar Ankita Prataprao	<u>A.P. Pawar</u>
20	Gaykwad Prachi Tryambak		70	Pawar Mayuri Mahesh	
21	Ghadage Shirish Raju		71	Pol Alisha Ulhas	
22	Ghodake Mrunal Maruti		72	Rakh Akshay Gokul	
23	Giri Ankita Mohan		73	Ranage Vaishnavi Laxman	<u>V.P. Ranage</u>
24	Gosavi Maitihili Vijay		74	Rasal Rutuja Rahul	
25	Gurav Anurita Vilas	<u>Anurita</u>	75	Raulwar Sujata Suresh	
26	Hippatkar Anurita Dilip		76	Raut Sagar Savanta	<u>B.S.R.</u>
27	Hirnikhe Abhishek S	P	77	Rengade Supriya Madhavrao	
28	Ingale Priti Naganath		78	Salve Prajwal Mohan	P
29	Jadhav Ankita D	P	79	Sangolkar Vaishnavi S	
30	Jadhav Nikita Dilip		80	Sangrampate Aarti V	
31	Jadhav Prajakta Anant		81	Sayyed Fiza Rajmahamad	
32	Jadhav Swati Babasaheb	P	82	Shaikh Easminara Raja	
33	Jadhav Vishal Satish		83	Shaikh Junaid Shaikh H	
34	Jagtap Gautami Dipak		84	Shaikh Sanobar Miraj	
35	Jagtap Vishal Baban		85	Shetkande Pavan N.	
36	Jagtap Vishal Mahadev	<u>P. Jagtap</u>	86	Shetke Sushant R	
37	Jarande Siddhi Uttam		87	Shete Harshada Jagannath	
38	Junne Amol Shivraj		88	Shinde Anuja Prabhakar	
39	Kadarkar Akanksha B		89	Shinde Shivani Kiran	
40	Kale Snehal Jijabhau		90	Shirke Dnyaneshwari S	
41	Khandare Mayuri S		91	Suryawanshi Vivek S.	
42	Kharbad Swapnil R		92	Sutar Prajakta Satish	
43	Khavle Nitish Harish	P	93	Swant Vasavi Anand	
44	Khurd Prajakta Bhagwan		94	Vitkar Amit Kalidas	
45	Kirtane Nikita Vinayak		95	Wable Pavan Pandurang	
46	Kopratkar Sushilkumar S		96	Waghmode Pratik S	
47	Kotkar Shivkanya R		97	Ware Shreya Dattatray	
48	Kumbhar Rushikesh U		98	Zanzarrao Manasi H.	
49	Kute Vidya Lahu				
50	Mandlik Ashwini Sukhdev				



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3rd YEAR

पोषण पंचरसि

DEPARTMENT OF BALROG

Sr. No.	Name of Student	Attendance	Sr. No.	Name of Student	Attendance
1	Adamane Sanket Sanjay	P	34	Ingale Kajal Magan	
2	Bangar Samiksha Baban		35	Ingle Shweta Tukaram	
3	Bansode Snehal Rajkumar		36	Jadhav Pranav Rajendra	
4	Bharati Priyush Sanjay		37	Jogdand Tejaswini Sudhir	
5	Bhisade Vaishnavi Ramesh		38	Kale Rupam Daulat	
6	Bhosale Anjali Prakash		39	Karche Srushti Sunil	P
7	Bhosale Kaushalya Suryakant		40	Kedar Prajakta Soudagar	
8	Bhujbal Vaishnavi Anil	P	41	Khadse Gayatri Jayant	
9	Bhusnar Kajal Dattatray		42	Khapare Rudresh Mahesh	
10	Bodhe Sarvesh Ganesh	P	43	Kore Kaustubh Amrutkiran	
11	Chavan Sharad Bharat		44	Kumbhar Girija Sunil	
12	Chavan Vidya Ravindra		45	Kumbhar Preeti Ramesh	P
13	Chopade Rohit Bhimrao	P	46	Lohakare Roshani Vitthal	
14	Chougale Pranav Pandurang		47	Londhe Snehal Hanamant	
15	Dadge Amit Govind		48	Mali Pradnya Balasaheb	
16	Daingade Pradeep Prakash		49	Mali Sharayu Babasaheb	
17	Dandawate Pradnya Suresh		50	Mali Trupti Chhatragun	
18	Deshmukh Srushti Suhas		51	Marathe Aishwarya Ravindra	
19	Devkate Akshay Bhimrao		52	Mariya Fatema Mohammed Yaseen	
20	Dhawale Gaurav Vishnupanth		53	Maske Ketaki Bapasaheb	
21	Dhongade Pritee Sharad		54	Misal Pankaj Pandit	
22	Dive Mangesh Dnyaneshwar		55	Mulik Pankaj Vasant	
23	Gadade Sushama Dhanaji		56	Nale Siddhi Jaykumar	P
24	Gaikwad Anshwarya Babu		57	Narkhedkar Koustubh C	
25	Gaikwad Jayshri Kishanrao		58	Otar Manasi Umeshchandra	P
26	Gaikwad Pranita Parmeshwar		59	Padavalkar Aniket Sadashiv	
27	Gavad Sanket Umesh		60	Padwale Shital Jayram	
28	Gavthane Anagha Sanjay		61	Panchal Balaji Eknathrao	
29	Ghatakade Pawan Tanaji	P	62	Patil Akanksha Atul	P
30	Gupta Shruti Ramesh		63	Patil Harshada Shantaram	P
31	Hajare Dhanashri Jayashing		64	Patil Pranoti Shahaji	P
32	Hivale Ankush Karlas		65	Patil Priyanka Mallikarjun	
33	Housekar Shradha Shrivaji	P	66	Patil Sakshi Tanaji	



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Sr. No.	Name of Student	Attendance		
67	Patil Sangramsinh Dhananjay			
68	Patil Snehal Chandrakant	P		
69	Pawar Shrikakha Shrikant	P		
70	Pendhari Shahin Altaf	P		
71	Rathod Manisha Datta			
72	Raut Shubham Karan			
73	Rodge Ashwin Keelav			
74	Rupnur Ankita Tanaji			
75	Sabale Harshada Sukhdev			
76	Sadekar Amruta Khande			
77	Sargur Aishwarya Appasa			
78	Sartale Krishna Shivchand	P		
79	Satavekar Shukram Sudhakar			
80	Shaikh Gulam A Madoi Irfan			
81	Shaikh Sahil Jahangir			
82	Shelke Yogesh Anandrao			
83	Shinde Aishwarya Ravindra			
84	Shinde Meghana Kiran	P		
85	Shingote Purushottom Dnyaneshwar	P		
86	Shivtare Pradyumna Santosh			
87	Sonner Sneha Vijaykumar			
88	Sontakke Gouravi Ramvilas			
89	Surwase Aarti Ramesh			
90	Tambe Mudula Shyamsumdar	P		
91	Tamboli Muskan Rahim			
92	Tare Avinash Janardhan			
93	Thanekar Saloni Suresh			
94	Thorat Mayur Mahadev	P		
95	Tomke Prajakta Anilkumar			
96	Wagalkar Aishwarya Shivaji			
97	Yampale Akshaykumar Baburao			
98	Yelpale Santosh Pandurang			
99	Yerawar Akshay Krishna	P		
100	Zavare Vinayak Savkar	P		