

Hon. Shri. Annasaheb Dange Ayurved Medical College & Post Graduate Research Center

A/p: Ashta, Tal.: Walwa, Dist: Sangli – 416 301

Website: www.adamc.ac.in

NAAC Accrediatated

ISO Certified 9001-2015,14000-2015



NAME OF DEPARTMENT:- NSS team, Azadika Amrut mahotsava and Swasthavritta & Yoga YEAR:-2022

EVENT / ACTIVITY REPORT

Title of Event / Activity:- Rally for Public awareness of Poshan Maha

Date: - 15/09/2022

Time:- 10.30pm to 11.30 pm

Duration:- One hour

Venue:-Anand Colony, opp. Hon. Annasaheb Dange Ayurved Medical College, Ashta.

Description:-

At the beginning, all BAMS Students and PG students gathered togheter infrant of college office and started rally for public awareness of Poshan Maha. Rally was conducted from college to Anand Colony, Ashta city.

NSS volunteer gave information about how to get proper nutrition from routine sources

List of the Teachers/ Students/ Instructors are attached with the report

HOD

Swasthvritta Dept.

Hon.shri Annasaheb Dange

Annasaheb Dange Ashta

Shri. Annasaheb Dange Ayurved Medica College, Ashta, Tal. Waiwa, Dist. Sangii



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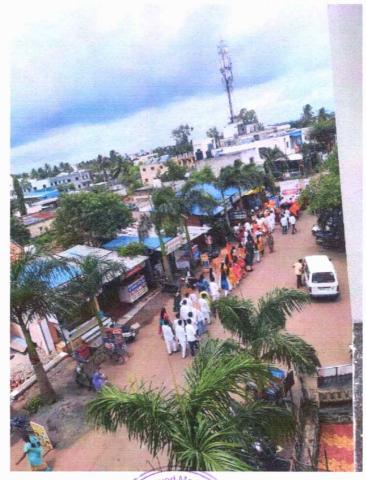
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NAME OF DEPARTMENT:- NSS team and Dhanvantari Hospital YEAR:-2022

EVENT / ACTIVITY REPORT

Title of Event / Activity:-Health check up camp for children in Ashramshala

Date: 22/09/2022

Time:- 11.30pm to 02.30 pm

Duration:- Three hours

Venue:- Prathamik Ashramshala, Ashta

Description:-

NSS volunteers and hospital staff, of Hon. Shri Annasaheb Dange Ayurvedic College and hospital, Astha, conducted routine Health check up camp for children in Prathamik Ashramshala in Ashta.

At first, NSS volunteers have assessed physical parameters like Height, Weight, etc. to come to know nutritional status of each students. They also gave information about how to get proper nutrition from routine dietary sources.

Encl:

List of the Teachers/ Students/ Instructors are attached with the report

Swasthvritta Dept.
Hon.shri Annasaheb Dange
4yurved Medical Gollege Ashta

3hrl. Annasaheb Dange Ayurved Medica: College, Ashta, Tal, Walwa, Dist, Sangil



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NAME OF DEPARTMENT:-NSS and Swasthavritta & Yoga Dept.

YEAR:-2022

EVENT / ACTIVITY REPORT

Title of Event / Activity:- Lecture on Ayurvedic Diet Concepts .

Date:- 23/09/2022

Time:- 11.30am to 12.30 pm

Duration:- one hour

Venue:- Second BAMS Classroom, Hon. Annasaheb Dange Ayurved Medical College, Ashta.

Name of Lecturer - Dr. Nitin Tatpuje, HOD Swasthavritta and Yoga Dept.

Description:-

At the beginning, Program started with Dhanvantari Stavan. Our 2nd BAMS students sing Dhanvantari stavan.

Dr. Ashwini Khot ,Asso. Prof. Swasthvritta and Yoga had given a warm welcome to Dr.Nitin Tatpuje,HOD Swasthavritta and Yoga Dept.

Dr.Nitin Tatpuje,HOD Swasthavritta and Yoga Dept. gave appropriate & very useful information about Ayurvedic Diet Concepts.

Shri. Annasaheb Dange Ayurved Medica College, Ashta, Tai, Walwa, Dist, Sangli

Swasthvritta Dept.



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At the end of the Session Dr. Ashwini Khot gave vote of thanks to Dr. Nitin Tatpuje for giving such useful information to our 2^{nd} BAMS students.

List of the Teachers/ Students/ Instructors are attached with the report.

Faculty Present-

- 1. Dr. Nitin Tatpuje
- 2. Dr. Ashwini Khot







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NAME OF DEPARTMENT:-NSS and Swasthavritta & Yoga Dept.

YEAR:-2022

EVENT / ACTIVITY REPORT

Title of Event / Activity:- Lecture on Impacts of Malnutrition in society.

Date:- 26/09/2022

Time:- 11.30am to 12.30 pm

Duration:- one hour

Venue:- 4th BAMS Classroom, Hon. Annasaheb Dange Ayurved Medical College, Ashta.

<u>Name of Lecturer</u>— Dr. Ashwini Khot ,Asso. Prof. Swasthvritta and Yoga Swasthavritta and Yoga Dept.

Description:-

At the beginning, Program started with Dhanvantari Stavan. Our 4th BAMS students sung Dhanvantari stavan.

CR, Preeti Kumbhar had given a warm welcome to Dr. Ashwini Khot ,Asso. Prof. Swasthvritta and Yoga Dept.

Dr. Ashwini Khot ,Asso. Prof. Swasthvritta and Yoga Dept. gave appropriate & very useful information about Impacts of Malnutrition in society.





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At the end of the Session ,NSS volunteer Pavan Gutugade gave vote of thanks to Dr. Ashwini Khot for giving such useful information to our 4th BAMS students.

List of the Teachers/ Students/ Instructors are attached with the report.

Faculty Present-

- 1. Dr. Nitin Tatpuje
- 2. Dr. Ashwini Khot
- 3. Dr. Sarika Kandharkar







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PRESENTY SHEET

NAME OF PROGRAMME ACTIVITY:

DAPE 26109 | 2022

TIME: 11:30 am to 12:30 pm

VENUE:

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Classroom, ADAMe, Ashta

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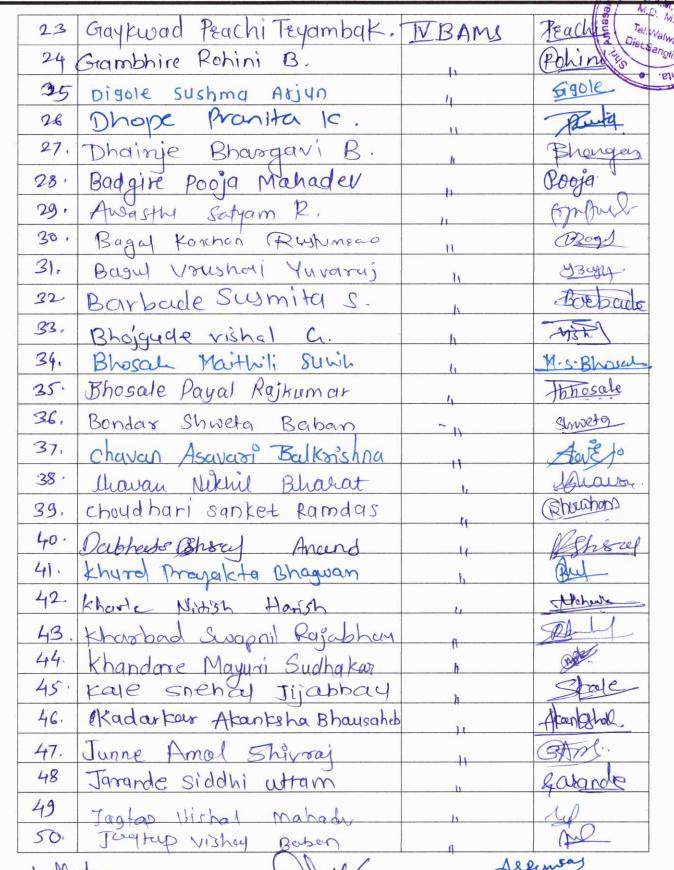
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Swasthvritta Dept. Hon.shri. Annasaheb Dange Ayurved Medical College Ashta

Principal Mon.Shri. Annasahec Jange Ayurved Medica College & PGRC. Ashta