



Sant Dnyaneshwar Shikshan Sanstha's
Hon. Shri. Annasaheb Dange Ayurved Medical College
& Post Graduate Research Center

A/p : Ashta, Tal. : Walwa, Dist : Sangli – 416 301

Website : www.adamc.ac.in

NAAC Accrediatated

ISO Certified 9001-2015,14000-2015



Date- 10/11/2022

List of Events Conducted on Occasion of Celebration of 7th National
Ayurveda Day 2022

HAR DIN HAR GHAR AYURVED PROGRAM

sr no	Date	Name/ Nature of Event	Place of event
1	15/09/2022	Rally for Public awareness of Poshan. (Nutrition)	Anand Colony, opp. ADAMC, Ashta.
2	19/09/2022	Lecture on Usefulness of Ayurved for Millenials	Auditorium Hall, ADAMC, Ashta
3	21/09/2022	Awareness Rally for Millenials Health problems & their Dietary solutions	Anand Colony, opp. ADAMC, Ashta.
4	22/09/2022	Health check up camp for children in Ashramshala	Prathamik Ashramshala, Ashta
5	23/09/2022	Lecture on Ayurvedic Diet Concept	2 nd BAMS, Classroom, ADAMC, Ashta
6	26/09/2022	Lecture on Impact of Malnutrition in society	4 th BAMS Classroom, ADAMC, Ashta
7	26/09/2022 to 02/10/2022	Celebration of 7 th National Ayurved Day – Ayurved Ahar Concepts	Pathya uunit, Dhanvantri Hospital, ADAMC, Ashta.
8	03/10/2022	Distribution of Swasthyapatrika for health awareness of Senior citizens on occasion of 7 th National Ayurved Day	Anand Colony, opp. ADAMC, Ashta. & Mirajwadi.
9	07/10/2022	Rally for Public awareness of Cleanliness & Plastic free India.	Anand Colony, opp. ADAMC, Ashta.
10	07/10/2022	Rally for Health awareness of Senior citizens on occasion of 7 th National Ayurved Day	Anand Colony, opp. ADAMC, Ashta.
11	08/10/2022	Survey Senior citizens on occasion of 7 th National Ayurved Day	Anand Colony, opp. ADAMC, Ashta.
12	10/10/2022	Lecture on Mental Health in senior citizens	Yoga hall, Swasthavritta & Yoga hall Dept, ADAMC, Ashta.



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13	10/10/2022	Lecture on Mental Health in students on occasion of world Mental Health Day,2022	Auditorium Hall, ADAMC, Ashta
14	10/10/2022 to 16/10/2022	Antarang Yoga Sadhana (Meditation) Practice for students 09.00am to 09.45am	Auditorium Hall, ADAMC, Ashta
15	15/10/2022	Vachan Prerana Din	1 st BAMS Classroom, ADAMC, Ashta
16	17/10/2022	Experience Sharing regarding Ayurved & Yoga treatment protocols.	Swasthavritta & Yoga hall Dept, ADAMC, Ashta.
17	23/10/2022	Celebration of 7 th National Ayurved Day	Auditorium Hall ADAMC, Ashta.
18	23/10/2022	Guest Lecture Dr. Ashok Wali Sir, Ayurved Physician Kolhapur	Auditorium Hall ADAMC,Ashta.


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HOD

Swasthavritta Dept
Hon.shri. Annasaheb Dange
Ayurved Medical College Ashta


Sign of Principal
PRINCIPAL

Hon. Annasaheb Dange Ayurved Medical
College, Ashta, Tal. Walwa, Dist. Sangli