



### 1.3 Curriculum Enrichment

#### 1. Gender:

1. Vishakha-woman redressal cell and grievance cell is active in solving issues related to female grievances. It gives training to all female staff to prevent, sexual harassment, women health awareness. Helps in maintaining dignity of women.
2. The institute encourages female students and employee with the help of NGO members for their overall development.

#### 2. Environment and sustainability

1. Environment constitutes ( Panch) 5 Mahabhute Prithvi ,Aap,Teja Vayu and Aakash. Maintaining cleanliness of all these will make environment clean. Awareness is created in students about environment.

#### 3. Human values

1. Importance of human values such as discipline, time punctuality mutual respect, respect the elderly sympathy to patients and needy, kindness is taught to the students. Orientation about language, customs culture religion is given during first week of admission at UG level

E.g. showing respect and gratitude for the cadaver, being used for dissection.

#### 4. The determinants of health include

Social and economic environment, physical environment and the person's individual characteristics and behaviors are nothing but person's health. So clean air, water and food are available for all in the campus. Cleanliness is also maintained. Various cultural and social activities are organized for staff and students such as Sneh Melava, Cultural gatherings, various competitions, camps through NSS. All of these helps in maintaining social health of person.

#### 5. Right to health and emerging demographic issues:

“Everyone has the right to a standard of living adequate for the health and well-being. Along with food, clothing, housing, medical care and necessary social services are also considered as right of every person. Big demographic challenges like education, healthcare and job creation due to unequal population growth since many young and old people are concentrated in different geographic’s.

#### 6. Professional Ethics:

Ayurveda emphasizes on the Qualities of vaidya, paricharak, rugna, etc. Hence it mentions professional ethics.

Sr. No	cross-cutting issues	subject	Integration of issues few examples	Extracurricular activities
1.	Gender	1. Stri rog & prasuti tantra 2. Kriya sharir 3. Rachana sharir 4. Samhita siddhant	1. Atma-Manas 2. Dinacharya 3. DNA profiling	1. International Woman’s day celebration. 2. “Shishyopnayan Sanskara”
2.	Environment and sustainability	1. Swasthvritta 2. Dravyaguna vigyan	1. Bio-medical waste management 2. Disposable of dead body 3. Janapadodhwansaniya Adhyaya 4. Jalouka (its use in Raktaja dushti as jalouka sucks impure blood) 5. Aharavarga(dhanya varga etc)	1. Conservation of botanical garden 2. Tree plantation programs 3. Field visits to herbal gardens 4. Sewage treatment plant for re-use of treated water for gardening
3.	Human values	1. Agadtantra 2. Rachana sharir 3. Stri rog & prasuti tantra 4. Rasashastra avum bhaishajya kalpana 5. Swasthvritta 6. Kayachikitsa	1. Ayushkamiya Adhyaya (how to lead a qualitative life) 2. Sadvritta (Codes and conduct for disciplined life) 3. Consumer protection act 4. Human organ transplantation bill-1994 5. Pharmacovigilance 6. National Health Programmes (Blindness, Anti-tobacco, Cancer etc)Patient safety	Organ donation to save a life and body donation lectures

			precautions 7. Patient consent	
4.	The determinants of health	1. Kayachikitsa 2. Samhita siddhant 3. Panchkarma 4. Swasthavritta 5. Balrog	1. Manas Prakruti 2. Deha Prakruti 3. Malnutrition	1. Health camps to prevent and treat disease 2. YOGA course 3. Immunity booster programmes like "Suvarnprashan "etc
5.	Right to health and emerging demographic issues	1. Swasthavritta 2. Stri rog & prasuti tantra 3. Balrog	1. Rejuvenating therapies to render qualitative life (Rasayan ) 2. GMP	1. Free check-up camps and garbhasanskar camps 2. Cataract operations in reasonable rates for senior citizens
6	Professional Ethics	1. Agadtantra 2. Stri rog & prasuti tantra 3. Kayachikitsa	1. Patient consent 2. MTP act 3. PNDT act 4. Infanticide 5. Laws related to medical practitioners	Code of medical ethics practices



*Aspenka*  
PRINCIPAL  
Shri. Annasaheb Dange Ayurved Medical  
College, Ashta, Tai, Walwa, Dist. Sangli



Sant Dnyaneshwar Shikshan Sanstha's  
**Hon. Shri. Annasaheb Dange Ayurved Medical College**

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Website : www.adamcashta.com

E-mail : ashta.adamc@gmail.com

HOD Swasthavritta & Yoga dept.

ADAMC Ashta.

Date- 07/03/2021

To,

The Principal,

ADAMC Ashta.

Sub- Permission for arranging Guest lectures on AIDS awareness campaign.

Respected sir,

According to the above mentioned subject, we are planning of arranging a guest lectures on AIDS awareness campaign on 8/03/2021 on behalf of our Swasthavritta & Yoga department ADAMC. The Name of our guest speakers are as

1) Seema Sawant Civil Hospital, Sangli, STD councillor

2) Sarika Chopade RH, Ashta ICTC Councillor. We humbly request you to grant us permission for this.

Thank You,

*Handwritten signature in blue ink.*

Yours faithfully,

*Handwritten signature in blue ink.*  
HOD

Swasthavritta Dept.

Swasthavritta & Yoga Department.

Ashta, Tal. Walwa, Dist. Sangli - 416 301





Sant Dnyaneshwar Shikshan Sanstha's  
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**NAME OF DEPARTMENT:-Swasthavritta & Yoga**

**YEAR:-2021**

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**EVENT / ACTIVITY REPORT**

Title of Event / Activity:- Lecture on AIDS awareness campaign.

Date:- 08/03/2021

Time:- 11.30am to 1 pm

Duration:-one & half hour

Venue:- Hon. Annasaheb Dange Ayurved Medical College, Ashta.

**Name of Lecturer-**

- 1) Seema Sawant Civil Hospital, Sangli, STD councillor
- 2) Sarika Chopade RH, Ashta ICTC Councillor

Dr. Tatpuje HOD, Swasthavritta and Yoga had given a warm welcome to our guest. List of the Teachers/ Students/ Instructors are attached with the report. At the beginning of lecture Prof. Dr. Tatpuje introduce our guest.

Seema Sawant Civil Hospital, Sangli, STD councillor gave appropriate and very useful information about AIDS. Madam also gave information about STDs .Then Sarika Chopade RH, Ashta ICTC Councillor give information about HIV Infection.

## GUEST LECTURE DEPT. SWASTHAVRITTA & YOGA






At the end of the lecture Prof. Dr. Kore gave vote of thanks to Seema Sawant Civil Hospital, Sangli, STD councillor

& Sarika Chopade RH, Ashta ICTC Councillor

for giving such useful information to our 3<sup>rd</sup> BAMS students.

**Faculty Present-**

1. Dr. Nitin Tatpuje 
2. Dr. Ashwini Khot 
3. Dr. Hemalata Kore 

  
HOD  
Swasthyatita Dept.  
Hon.shri. Annasaheb Dange  
Ayurved Medical College Ashta



**HON. SHRI. ANNASHEB DANGE AYURVED MEDICAL COLLEGE, ASHTA**  
**III rd BAMS (2020-21) Attendance Sheet**

Subject: Swasthannita & Yoga dept.

Date: 8/03/2021

Time: 11:30 am

Topic: Guest Lecture

Name of Teacher:

Roll No.	Name of Student	Signature	Roll	Name of Student	Signature
1	Awale Renuka Rama	<u>[Signature]</u>	51	Mandlik Ashwini Sukhdev	<u>[Signature]</u>
2	Awasthi Satyam Ravindrprasad	<u>[Signature]</u>	52	Mane Sumit Nitin	
3	Badgire Pooja Mahadev		53	Mangire Saurabh Vihang	
4	Bagal Kanchan Rustumrao	<u>[Signature]</u>	54	Metkar Sindhu Bharat	<u>[Signature]</u>
5	Bagul Vrushali Yuvaraj		55	Mhetar Vrushali Vinay	<u>[Signature]</u>
6	Barbade Susmita Shrikar		56	Minache Samrudhhi Deepak	<u>[Signature]</u>
7	Behere Vinayak Pandurang	<u>[Signature]</u>	57	Mohite Harshada Shahaji	<u>[Signature]</u>
8	Bhojgude Vishal Ganpat	<u>[Signature]</u>	58	More Shruti Dattatray	<u>[Signature]</u>
9	Bhosale Maithili Sunil		59	Nagargoje Anant Dagadu	<u>[Signature]</u>
10	Bhosale Payal Rajkumar	<u>[Signature]</u>	60	Nandarale Nita Rupchand	
11	Bondar Shweta Babanrao		61	Omase Shubham Ramchandra	<u>[Signature]</u>
12	Chavan Asavari Balkrishna		62	Parbat Onkar Rajkumar	
13	Chavan Nikhil Bharat	<u>[Signature]</u>	63	Patel Simran Amin	<u>[Signature]</u>
14	Choudhari Sanket Ramdas		64	Patil Akshata Panditrao	<u>[Signature]</u>
15	Dabhade Deshraj Anand		65	Patil Dakshayani Mahesh	
16	Dhainje Bhargavi Balu	<u>[Signature]</u>	66	Patil Poonam Kishanrao	<u>[Signature]</u>
17	Dhope Pranita Khandu		67	Patil Sanjana Balkrushna	<u>[Signature]</u>
18	Digole Sushma Arjun	<u>[Signature]</u>	68	Patole Ramesh Narayan	<u>[Signature]</u>
19	Gambhire Rohini Balasaheb	<u>[Signature]</u>	69	Pawar Amol Parasaram	
20	Gaykwad Prachi Tryambak	<u>[Signature]</u>	70	Pawar Ankita Prataprao	
21	Ghadage Shirish Raju		71	Pawar Mayuri Mahesh	
22	Ghodake Mrunal Maruti	<u>[Signature]</u>	72	Pawara Kapil Gulabsing	
23	Giri Ankita Mohan	<u>[Signature]</u>	73	Pol Alisha Ulhas	<u>[Signature]</u>
24	Gosavi Maithili Vijay		74	Rakh Akshay Gokul	<u>[Signature]</u>
25	Gurav Amruta Vilas		75	Ranage Vaishnavi Laxman	
26	Hipparkar Amruta Dilip	<u>[Signature]</u>	76	Rasal Rutuja Rahul	
27	Hirmukhe Abhishek Suryakant		77	Raulwar Sujata Suresh	<u>[Signature]</u>
28	Ingale Priti Naganath	<u>[Signature]</u>	78	Raut Sagar Savanta	<u>[Signature]</u>
29	Jadhav Ankita Dhanaji		79	Rengade Supriya Madhavrao	<u>[Signature]</u>
30	Jadhav Nikita Dilip	<u>[Signature]</u>	80	Salve Prajwal Mohan	
31	Jadhav Prajakta Anant	<u>[Signature]</u>	81	Sangolkar Vaishnavi Shivaji	
32	Jadhav Swati Babasaheb	<u>[Signature]</u>	82	Sangrampatle Aarti Vinayak	
33	Jadhav Vishal Satish		83	Sayyed Fiza Rajmahamad	<u>[Signature]</u>
34	Jagtap Gautami Dipak	<u>[Signature]</u>	84	Shaikh Easminara Raja	
35	Jagtap Vishal Baban	<u>[Signature]</u>	85	Shaikh Junaid Shaikh Habib	
36	Jagtap Vishal Mahadev	<u>[Signature]</u>	86	Shaikh Sanobar Miraj	<u>[Signature]</u>
37	Jarande Siddhi Uttam	<u>[Signature]</u>	87	Shelkande Pavan Namdev	
38	Junne Amol Shivraj	<u>[Signature]</u>	88	Shelke Sushant Ramchandra	
39	Kadarkar Akanksha Bhausaheb	<u>[Signature]</u>	89	Shete Harshada Jagannath	<u>[Signature]</u>
40	Kale Snehal Jijabhau	<u>[Signature]</u>	90	Shinde Anuja Prabhakar	<u>[Signature]</u>
41	Khandare Mayuri Sudhakar		91	Shinde Shivani Kiran	<u>[Signature]</u>
42	Kharbad Swapnil Rajabhau		92	Shirke Dnyaneshwari Satish	<u>[Signature]</u>
43	Khavle Nitish Harish		93	Suryawanshi Vivek Shantaram	
44	Khurd Prajakta Bhagwan	<u>[Signature]</u>	94	Sutar Prajakta Satish	<u>[Signature]</u>
45	Kirtane Nikita Vinayak	<u>[Signature]</u>	95	Swant Vasavi Anand	
46	Kopratkar Sushilkumar Satwa		96	Vitkar Amit Kalidas	
47	Kotkar Shivkanya Ramkisan	<u>[Signature]</u>	97	Wable Pavan Pandurang	
48	Kumbhar Rushikesh Uttam		98	Waghmode Pratik Shamrao	<u>[Signature]</u>
49	Kute Apurva Ramdas	<u>[Signature]</u>	99	Ware Shreya Dattatray	
50	Kute Vidya Lahu	<u>[Signature]</u>	100	Zunzarrao Manasi Harishchandra	<u>[Signature]</u>

Shinde Shreya.

[Signature]





Sant Dnyaneshwar Shikshan Sanstha's

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To,


Sarika Chopade RH, Ashta ICTC Councillor

Subject - Thanks giving letter for the Guest Lecture on, "AIDS awareness campaign".

Respected Madam,

With respect to above mentioned subject we sincerely give thanks to you for delivering a lecture to our BAMS III student on topic of "AIDS awareness campaign" on 8/03/2021 at our institute. Thank you once again for your expertise guidance on the topic.

Thanking you,

Yours Faithfully  
  
HOD  
Swasthritta Dept.  
Swasthritta & Yoga Department.  
Ayurved Medical College



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Thanking you,

Yours Faithfully

HOD

Swasthvirita Dept.

Swasthvirita & Yoga Department.  
Hon. Shri. Annasaheb Dange  
Ayurved Medical College

संत ज्ञानेश्वर शिक्षण संस्थेचे

मा. श्री. अण्णासाहेब डांगे आयुर्वेद वैद्यक महाविद्यालय, आष्टा



## शिष्योपनयनीय संस्कार

दिनांक:- १८/०३/२०२१.

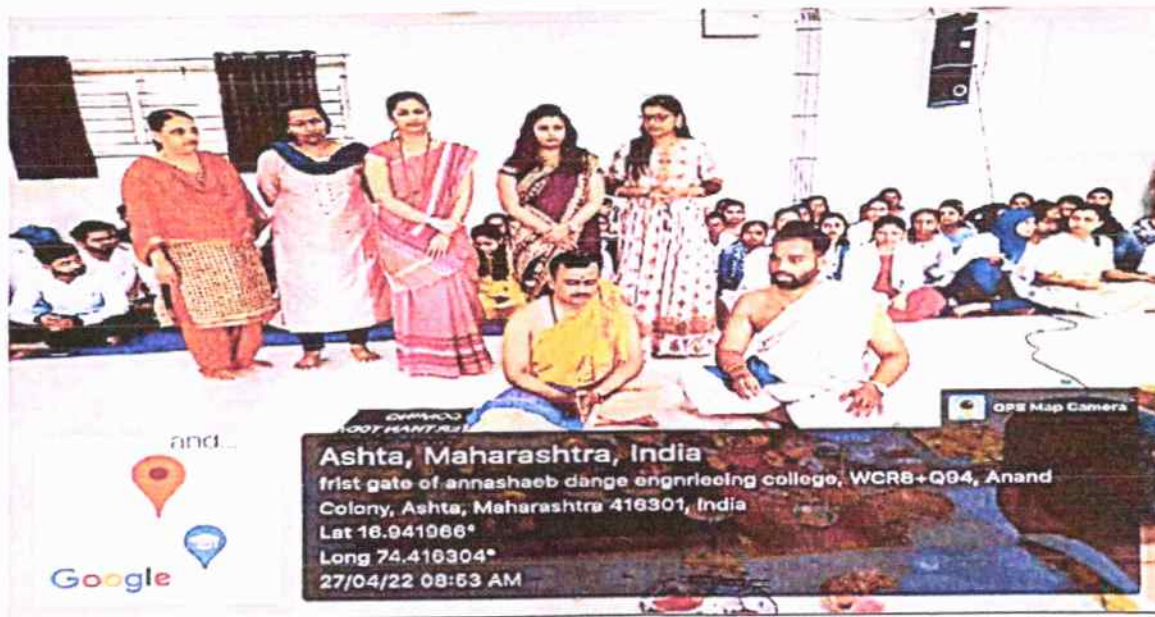
### कार्यक्रम पत्रिका

- १) स. ०९:३० ते ११:०० :- गणेश पूजा, पुण्याहवाचन, देवतास्थापन, शिष्योपनयनीय होम.
- २) स. ११:०० ते ११:३० :- सूत्रबंधन.
- ३) स. ११:३० ते १२:०० :- शिष्योपनयनीय संस्कार महत्व व प्रतिज्ञाग्रहण — डॉ. विनायक गरूड.
- ४) दु. १२:०० ते १२:३० :- प्रतिमापूजन, धन्वंतरीस्तवन, मान्यवरांचे स्वागत, सूत्रसंचालन — श्री. सौगंध थोरात.
- ५) दु. १२:३० ते १२:४० :- प्रास्ताविक व महाविद्यालय परिचय — प्राचार्य डॉ. एस. एन. ओझा.
- ६) दु. १२:४० ते १२:५५ :- संस्थेचे सचिव, मा. अॅड. राजेंद्र तथा चिमणभाऊ डांगे यांचे मनोगत
- ७) दु. १२: ५५ ते ०१:०५ :- प्रमुख वक्ते मा. श्री. वसंतराव हंकारे यांचा परिचय — वैद्य. सुभाष पत्की.
- ८) दु. ०१:०५ ते ०२:०५ :- प्रमुख वक्ते मा. श्री. वसंतराव हंकारे यांचे विशेष मार्गदर्शन.
- ९) दु. ०२:०५ ते ०२:१५ :- आभार प्रदर्शन — वैद्य. सुहास राजमाने.
- १०) दु. ०२:१५ ते ०३:०० :- स्नेहभोजन.
- ११) दु. ०३:०० ते ०३:३० :- अभिप्राय संकलन.
- १२) दु. ०३:३० ते ०४:३० :- शैक्षणिक विभागवार विद्यार्थी — पालक भेट व अध्यापकांशी संवाद.





Oath Taking



\* शिष्योपनयन \*

Other days:- Random Clicks







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**NAME OF DEPARTMENT:- NSS & Swasthavritta & Yoga YEAR:- 2020-21**

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**EVENT / ACTIVITY REPORT**

Title of Event / Activity:- Promotion of Nutri-gardens across the associated campus

Organized by the Department – NSS & Swasthavritta & Yoga (ADAMC,Ashta)

Date:-08/09/2021 Time:- 10:00am-11.30am Duration:-One &Half hours

Venue:- Hon. Shri. Annasaheb Dange Ayurved Medical College, **Ashta**

**Subject:** Conducting Visit to Herbal Garden for promoting Nutri Gardens across associated campus in Poshan Maha2021.

Objectives of event / activity:-

- To promote Nutri gardens across associated campus.
- To build up healthy society by propagating importance of Nutritive food.
- To making up of our students aware about nutritive values in food taken by them.

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Event / Activity report:-

**Description:-**

Name of Instructors–





Sant Dnyaneshwar Shikshan Sanstha's  
**Hon. Shri. Annasaheb Dange Ayurved Medical College**

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1. Dr. Sarika S. Kandharkar

(Associate Professor, Dept. of Dravyaguna.)

2. Dr. Amruta S. Jagdale

(Assistant Professor, Dept. of Dravyaguna )

3. Dr. Ashwini Khot

(NSS co-coordinator Associate Professor, Dept. of Swasthavritta & Yoga)

4. Dr. Hemalata Kore

(NSS coordinator & Assistant Professor, Dept. of Swasthavritta & Yoga)

List of the teachers / Students/ Instructors are attached with the report.

At the beginning of visit of the herbal garden Dr. Ashwini Khot gives introduction about nutritive food & its importance.

Dr. Sarika Kandharkar Associate. Prof. ADAMC. Ashta. Gave brief introduction regarding identification of nutritional plants. Like. Haldi, Guava(Peru), Shatavari, Shigru, Nimbuk, Tomato, Karvellak, Kaddali (banana), Papaya. Etc.

Madam also gave information about how to plant these nutritive - herbs & how to take care of them. Then Dr. Amruta Jagdale. Assistant Prof. ADAMC, Ashta. Give information about various nutritional uses & values of these herbal plants.



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At the end of the visit Dr. Hemalata Kore gave vote of thanks. To our Professors. For giving such useful information to our 3<sup>rd</sup> BAMS Students. Under Poshan Maha2021 we celebrating many events related to nutrition.

Faculty Present-

1. Dr. Nitin Tatpuje

(Professor & HOD, Dept. Of Swasthavritta & Yoga)

2. Dr. Ashwini Khot

(Associate. Professor, Dept. of Swasthavritta & Yoga)

3. Dr. Hemalata Kore

(NSS coordinator & Assistant Professor, Dept. of Swasthavritta & Yoga)

5. Dr. Sarika S. Kandharkar

(Associate Professor, Dept. of Dravyaguna.)

6. Dr. Amruta S. Jagdale

(Assistant Professor, Dept. of Dravyaguna )

HOD

Swasthavritta Dept.

Hon. Shri. Annasaheb Dange  
Ayurved Medical College Ashta

Date-08/09/2021

Time- 10am to 11:30am

Promotion of Nutri-Gardens across the associated campus

Name	Roll No.	Sign
Vaishnavi Anil Bhujbal	08	<u>VAB</u>
Samiksha Bangar	02	<u>Bangar</u>
Devkate Akshay Bhimrao	19	<u>Akshay</u>
Dodge Amit Govind	15	<u>Amit</u>
Dive mangesh Onjambharwar	22	<u>Dive</u>
Chopade Rohit Bhimrao	13	<u>Rohit</u>
Bhosale Kausalya Suryakant	07	<u>Kausalya</u>
Vidya Ravindra Chavan	12	<u>Chavan</u>
Kajal D. Bhushar	9	<u>Bhushar</u>

Teaching Staff -

Dr. Hemalata Kore	Swasthamitta & Yoga Dept.	<u>H. Kore</u>
Dr. Ashwini Wot	Swasthamitta & Yoga Dept.	<u>Ashwini</u>
Dr. Amruta Jaydale	Dravyaguna Dept.	<u>Jaydale</u>
Dr. Sarika Khundarkar	Dravyaguna Dept.	<u>Khundarkar</u>





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## Poshan Maha-2021

Date-08/09/2021

Topic- Promotion of Nutri-gardens across the associated campus







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**NAME OF DEPARTMENT:- NSS**

**YEAR:- 2021-22**

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**EVENT / ACTIVITY REPORT**

Title of Event / Activity:- “Mazi Vasundhara Abhiyan”

Organized by the Department – NSS (ADAMC,Ashta)

Date:-18/10/2021 Time:- 2:00pm-.3.30pm Duration:-One &Half hours

Venue:- Hon. Shri. Annasaheb Dange Ayurved Medical College, **Ashta**

**Subject:** Conducting Visit to Herbal Garden for tree plantation & promoting Nutri Gardens across associated campus.

Objectives of event / activity:-

- To promote Nutri gardens across associated campus.
- To build up healthy society by propagating importance tree plantation.

---

Event / Activity report:-

**Description:-**

Name of Instructors–

I. Dr. Ashwini Khot

(NSS co-coordinator Associate Professor, Dept. of Swasthavritta & Yoga)





Sant Dnyaneshwar Shikshan Sanstha's  
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Website : www.adamcashta.com

E-mail : ashta.adamc@gmail.com

1. Dr. Hemalata Kore

(NSS coordinator & Assistant Professor, Dept. of Swasthavritta & Yoga)

2. Dr. Amruta S. Jagdale

(Assistant Professor, Dept. of Dravyaguna )

3. Dr. Sayali Pashtye

(Assistant Professor, Dept. of Strirog & Prasuti tantra )

List of the teachers / Students/ Instructors are attached with the report.

At the beginning of visit of the herbal garden Dr. Ashwini Khot gives introduction about tree plantation, plant cultivation & its importance on occasion of “Mazi Vasundhara Abhiyan”.

Madam also gave information about how to plant these nutritive - herbs & how to take care of them. Our NSS Volunteers do tree plantation also they do plant cultivation under “Mazi Vasundhara Abhiyan” .

Then Dr. Amruta Jagdale. Assistant Prof. ADAMC, Ashta. Give information about various nutritional uses & values of these herbal plants.

At the end of the visit Dr. Hemalata Kore gave vote of thanks. To our Professors. For giving such useful information to our NSS volunteers.

Faculty Present-

1. Dr. Ashwini Khot





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(Associate. Professor, Dept. of Swasthavritta & Yoga)

1. Dr. Hemalata Kore

*H.S.Kore*

(NSS coordinator & Assistant Professor, Dept. of Swasthavritta & Yoga)

3. Dr. Sayali Pashtye

*S.P.*

(Assistant Professor, Dept. of Strirog & Prasuti tantra.)

4. Dr. Amruta S. Jagdale

*A.S. Jagdale*

(Assistant Professor, Dept. of Dravyaguna )

*H.S.Kore*

Programme Office  
NSS Cell  
A.D.A.M.C.



*[Signature]*  
PRINCIPAL  
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**NAME OF DEPARTMENT:- NSS**

**YEAR:- 2021-22**

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**EVENT / ACTIVITY REPORT**

Title of Event / Activity:- “Mazi Vasundhara Abhiyan”

Organized by the Department – NSS (ADAMC,Ashta)

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- To build up healthy society by propagating importance tree plantation.

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Event / Activity report:-

**Description:-**

Name of Instructors–

1. Dr. Ashwini Khot

(NSS co-coordinator Associate Professor, Dept of Swasthavritta & Yoga)



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1. Dr. Hemalata Kore

(NSS coordinator & Assistant Professor, Dept. of Swasthavritta & Yoga)

2. Dr. Amruta S. Jagdale

(Assistant Professor, Dept. of Dravyaguna )

3. Dr. Sayali Pashtye

(Assistant Professor, Dept. of Strirog & Prasuti tantra )

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Faculty Present-

1. Dr. Ashwini Khot



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(Associate. Professor, Dept. of Swasthavritta & Yoga)

2. Dr. Hemalata Kore

*H. Kore*

(NSS coordinator & Assistant Professor, Dept. of Swasthavritta & Yoga)

3. Dr. Sayali Pashtye

*SP*

(Assistant Professor, Dept. of Strirog & Prasuti tantra.)

4. Dr. Amruta S. Jagdale

*A. Jagdale*

(Assistant Professor, Dept. of Dravyaguna )

*H. Kore*

Programme Office  
NCC 2411  
A.D.A.M.C.A.



*[Signature]*  
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**MAHARASHTRA UNIVERSITY OF HEALTH SCIENCES, NASHIK.**

**"महाअवयवदान दिन अभियान सप्ताह 2021 चा अहवाल"**

महाविद्यालयाचे नाव : मा.श्री अण्णासाहेब डांगे आयुर्वेद वैद्यक महाविद्यालय, आष्टा.

अ. क्र.	उपक्रमाचे नाव	उपक्रम आयोजनाचा दिनांक	एकूण सहभागी विद्यार्थी	सोबत कार्यक्रम आयोजनाचा फोटो.
१	निबंध स्पर्धा	१४/०८/२०२१	०५	आहे
२	वक्तृत्व स्पर्धा	१५/०८/२०२१	०२	आहे
३	चित्रकला स्पर्धा	१६/०८/२०२१	०३	आहे
४	व्याख्यान (ऑनलाईन)	१४/०८/२०२१	८४	आहे

महाविद्यालय समन्वयक : डॉ. सुभाष गजानन पत्की.

स्वाक्षरी:- *Subhash* 20/08/2021

पादनाम : प्राध्यापक, रचना शरीर विभाग

मोबाइल क्र: ९२७२३२४०९६

ई-मेल : subhashpatki11125@gmail.com



*Subhash*  
**PRINCIPAL**  
Dr. Annasaheb Dange Ayurved Medical College, Ashta, Tal. Walwa, Dist. Sangli

नाव:- डॉ. अशोक वाली.



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Date: - 17/08/2021

**Event Activity Report.**

**\*Event:-Best Practice/Innovation\***

**Title of Activity:** - Organ Donation Campaign.

**Duration** : 03 Days

**Venue** : ADAMC, Ashta.

**Objective of Event/Activity:-**

- To assess students awareness amongst organ donation.
- To develop learning resources in students attitude.
- To give basic knowledge of organ donation campaign.

**Description:-**

Following events were held successfully in an organ Donation Campaign :

- Essay Competition : 14/08/2021
- Online Guest Lecture on Organ Donation by Dr. Dattatray Dombé : 14/08/2021
- Extempore Speech : 15/08/2021
- Drawing competition : 16/08/2021

All competitions were held on online basis because of lock down. Students participation was satisfactory. And their contribution towards organ donation campaign was appreciated.

  
H.O.D.

Department of Rachana Sharir.

H.O.D.

Sharir Rachana Dept.

A.D.A.M.C., Ashta



College Name :-

Hon. Shri Annasaheb Dange Ayurved Medical college, Ashta, PG Training Research center.

Student Name :-

Ms. Manasi Harishchandra Zunzarrao.

Year :- BAMS - IIIrd

Topic :- Organ donation: Importance and awareness among the society.

Dated On :- 14/8/2021

Student's signature :-



## Organ Donation: It's importance and awareness among society:

Organ donation is a process in which person willingly donates an organ of his or her body to another person. Furthermore, it is the process of allowing the removal of one's organs for its transplantation before the death of donor.

Many organs such as heart, lung, liver, pancreas can be transplanted. In some cases even some tissues, tendons or heart valves can also be transplanted to save the life of a patient.

To create the awareness among the people about the importance of the organ donation, In the month of April, people locally, regionally and nationally come together to celebrate the life of those saved and to encourage the organ donation. '13<sup>th</sup> of August' is celebrated as 'World Organ Donation day' to spread awareness about importance of organ donation and debunk the myths.

Organ Donation is a selfless way of making an enormous impact on someone else's life by giving them that 'second chance' that they are helplessly striving for. Sometime organ donation remains the only option to save lives in patients affected by terminal organ failure and improve the quality of life.



By donating his or her organs after the brain death, the one single donor can save 8 lives by 8 life saving organs and can improve '50' life by donating tissues and cornea.

Organ donation is a noble process which does not hold the boundaries of any race, religion, gender, sexuality or any colour. The greatest benefit of donation is knowing the fact that you are saving someone's life. That life can be your own family member, your friend or even some stranger.

Due to change in lifestyle, the no. of patients in need of organ transplantation are increasing at rapid pace but in contrast no. of available organs are increasing slightly.

According to statistics, In India, for about 1,60,000 patients are in need for organs but only 12,000 donors are available. According to WHO, only 0.01% of people in India, donate their organs after death. Out of 1.5 lakh people who need kidney in India, only 3000 receive, that means out of 30 only 1 gets to live and 90% people wait in list and die.

Lack of awareness, pseudo religious beliefs and inadequate transplantation centers are the reasons that more and more people die everyday by not receiving the needed organ.

Organ donation is often perceived with doubt, because many people don't know the



real information about the process. Many myths, like after donation not getting a proper funeral is one of the reason why people opt not to donate. We have to make people understand that organ donation is ethical and should not be looked down upon.

Organ Donation is there to save lives, not to hurt someone. We being the responsible citizen of our country, it's our duty to make people understand that donating your organs, and saving someone's life for free is way more honourable than just getting burnt into the ashes.

Every religion that exists on planet earth, doesn't matter if it's Islam, Hindu, Catholic or what not; always promotes the fact that helping someone in need is the real definition of 'DHARMA'. It not only impact the life of ~~the~~ recipient but also impact and shape donor's life.

People with existing medical conditions or old people who wish to donate, do not donate thinking they are 'not FIT' or eligible but one step of awareness can help them understand that almost everyone can donate some part or other, unless with extreme medical condition like HIV.

Organ transplant is therapeutic for many families who lost their loved ones. Many donor families take relief and consolation due to organ donation because they understand their loved one helped someone by saving ~~there~~ someone's loved one. It not only helps one person but gives hope and



Sigh of relief to the whole family.

One eye transplant, can give one blind sighted person a vision, which can not only change the way he feels and look things but the way he/she looks at life. It offers them the freedom from pain which they never deserved in first place.

Organ donation is significantly beneficial for medical research. Donated organs offer an excellent tool for conducting researches and experiments. Many medical discovery can change the face of medicine.

Organ donation also contributes in the field of Biotechnology.

It is in our hand if we want to share our life with others. By agreeing to donate your organs, we move one step closer to that wished achievement. 'You can live on, even after you are gone'. Even your death can give life to someone, they will be able to live their life to fullest just because of your generosity.

Take a simple step, and enroll to donate your organs.

'MAKE A DIFFERENCE!'

— xox —

- ~~Manasi~~

Manasi H. Zunzarrao.



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**NAME OF DEPARTMENT:- Swasthavritta & Yoga**

**YEAR:- 2020-21**

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**EVENT / ACTIVITY REPORT**

Title of Event / Activity:-7<sup>th</sup> International Yoga Day

Organized by the Department – Swasthavritta & Yoga (ADAMC,Ashta) & NSS

Date:-14/06/2021 to 21/06/2021

Venue:- Hon. Shri. Annasaheb Dange Ayurved Medical College

**Subject:** Conducting online Yoga Training session as well as Guest lectures and poster presentation, essay writing and slogan writing competition on the occasion of 7<sup>th</sup> International Yoga Day – 21 June 2021

Objectives of event / activity:-

- To promote practices of Yoga.
- To build up healthy society by propagating importance of Yogsadhana in Daily life.
- To making up of our students physically & mentally sound.

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Event / Activity report:- Report of “7<sup>th</sup> International Yoga Day -21June 2021”

**Description:-**

1. Inauguration of Yoga Saptah was done on 14/06/2021 at 8.00am Dr. Ashwini Khot gives details of Schedule of Yoga Saptah to all also gives guidelines to all students to participate in all events arranged during Yoga Saptah .





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**Hon. Shri. Annasaheb Dange Ayurved Medical College**

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E-mail : [ashta.adamc@gmail.com](mailto:ashta.adamc@gmail.com)

Online Yoga Training Session is conducted by our Yoga Teacher Mr.Sushant Ghorpade for one week daily at 8.00am to 8.45am on Zoom app. Dr.Hemalata Kore gives vote of thanks.

2. 15/06/2021

Mr. Sushant Ghorpade conducts online Yoga training session at 8.00am.

At 10 am, Guest lecture was arranged. Very informative lecture on “Yogsadhana in Student Life”, was given by our guest Mr. Vijay Shete Yoga Pandit, Dip.Naturopathy, Kolhapur online on Zoom app.

3. 16/06/2021

Mr. Sushant Ghorpade conducts online Yoga training session at 8.00am.

At 11 am, Lecture was arranged. Very informative lecture on “Yogsadhana in current pandemic situation”, was given by our Associate Professor Dr. Ashwini Khot Department of Swasthavritta & Yoga, ADAMC, Ashta, online on zoom app.

4. 17/06/2021

Mr. Sushant Ghorpade conducts online Yoga training session at 8.00am.

At 9 am, Lecture was arranged for our students. Very informative lecture on “Yoga and Mental Health”, was given by our Assistant Professor Dr. Hemalata Kore Department of Swasthavritta & Yoga, ADAMC, Ashta, online on zoom app.



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5. 18/06/2021

Mr. Sushant Ghorpade conducts online Yoga training session at 8.00am.

At 10 am, Guest lecture was arranged. Very informative lecture on “Yogsadhana for De-addiction”, was given by our guest Mr.Mohan Jagtap Diet, Yoga & Naturopathy Consultant, Sangli online on Zoom app.

6. 19/06/2021

Mr. Sushant Ghorpade conducts online Yoga training session at 8.00am.

At 3.45 pm, Lecture was arranged. Very informative lecture on “Importance of Ashtang Yoga in NCDs”, was given by our Professor & HOD Dr. Nitin Tatpuje Department of Swasthavritta & Yoga, ADAMC, Ashta, online on zoom app.

7. 20/06/2021

Mr. Sushant Ghorpade conducts online Yoga training session at 8.00am.

At 9 am, Guest lecture was arranged. Very informative lecture on “Yoga for Wellness”, was given by our guest Dr.Shamkumar Karvekar, Assistant Professor, Swasthavritta & Yoga Department, Yashwant Ayurvedic Medical College , Kodoli online on Zoom app.

8. There were online poster presentation competition taken on 16/06/2021, essay writing competition on 17/06/2021 and slogan writing competition taken on 19/06/2021.





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9. 21/06/2021

7<sup>th</sup> International Yoga Day , We were celebrated Online Yoga Day at 8.00am on zoom app. Following events had been performed under guidance of Yoga experts.

- Yoga Prayer
- Loosening Practices
- Yoga Demonstration of various Asanas
- Pranayam
- Dhyana
- Omkar Sadhana



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## **Prize Winners**

### **1. Online Poster Presentation Competition-16/06/2021**

- 1) 1<sup>st</sup> Prize-Mr.Sagar Raut
- 2) 2<sup>nd</sup> Prize-Miss.Shreya Shinde
- 3) 3<sup>rd</sup> Prize-Miss.Akshata Patil

### **2. Online Essay Writing Competition-17/06/2021**

- 1) 1<sup>st</sup> Prize-Miss.Swati Jadhav
- 2) 2<sup>nd</sup> Prize-Miss. Akshata Patil
- 3) 3<sup>rd</sup> Prize-Miss.Prajakta Sutar

### **3. Online Slogan Writing Competition-19/06/2021**

- 1) 1<sup>st</sup> Prize-Miss. Shreya Shinde
- 2) 2<sup>nd</sup> Prize-Miss. Swati Jadhav
- 3) 3<sup>rd</sup> Prize- Mr.Sagar Raut





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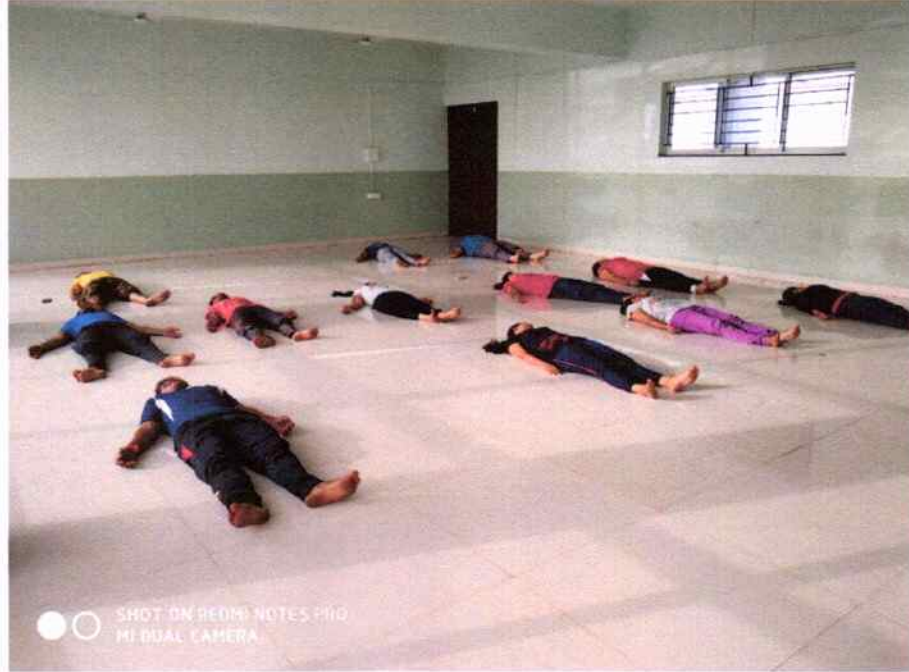


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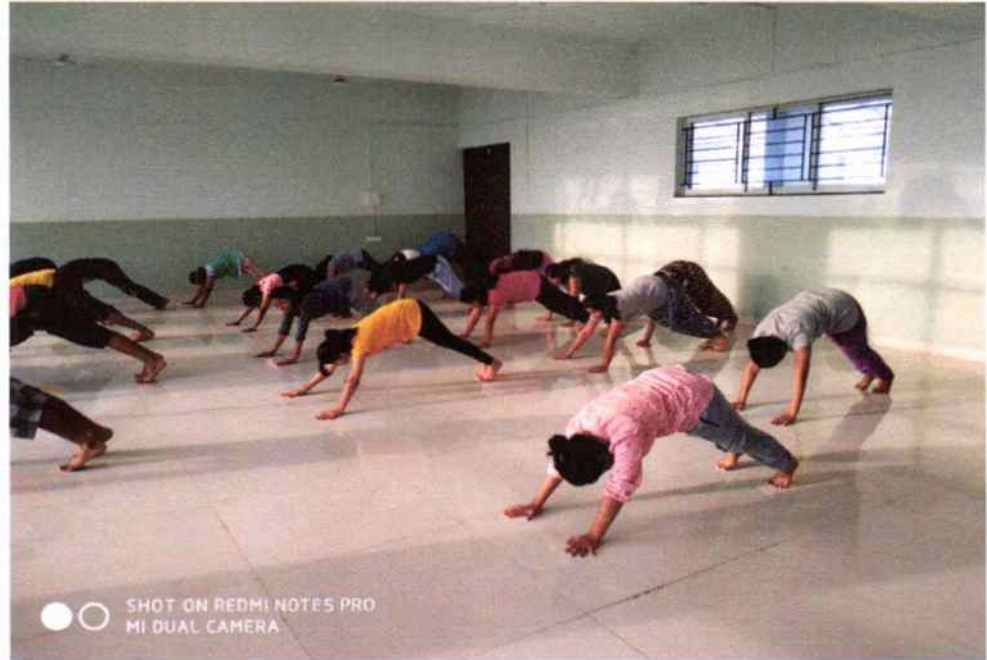
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DEPARTMENT = BALROG / KAUMARBHRITYA  
SUVARNAPRASHAN

16 MARCH 2021 TO 31 MAY 2022

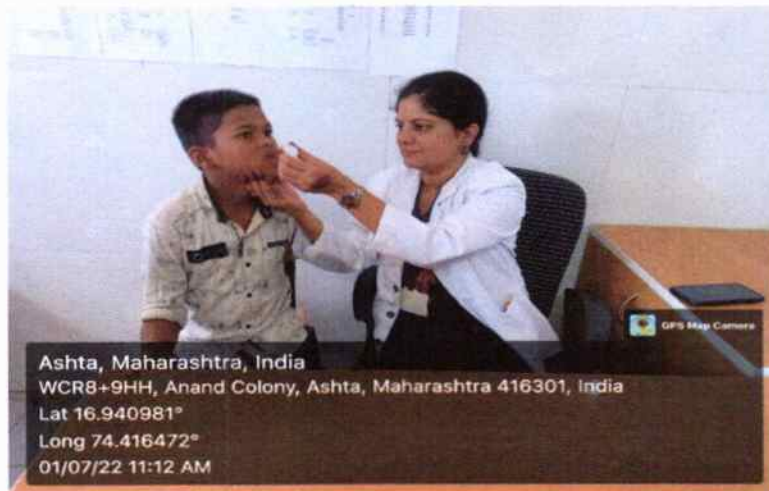
SR NO	MONTH	DATE	TOTAL
1	March 2021	24 March	11
2	April 2021	21 April	Covid
3	May 2021	18 May	Covid
4	June 2021	14 June	Covid
5	July 2021	11 July	Covid
6	August 2021	8 August	12
7	September 2021	4 September	21
8	October 2021	1 October	16
9	October 2021	29 October	09
10	November 2021	25 November	08
11	December 2021	22 December	10
12	January 2022	18 <sup>th</sup> January	13
13	February 2022	14 <sup>th</sup> February	47
14	March 2022	14 <sup>th</sup> March	15
15	April 2022	10 <sup>th</sup> April	48
16	May 2022	7 <sup>th</sup> May	10
		Total	220



SantDnyaneshwarShikshanSanstha's  
**Hon. Shri. Annasaheb Dange Ayurved Medical College  
& Post Graduate Research Center**  
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Website : [www.adamcashta.com](http://www.adamcashta.com) E-mail : [ashta.adamc@gmail.com](mailto:ashta.adamc@gmail.com)  
NAAC Accrediatated ISO Certified 9001-2015,14000-2015



As Dhanvantari Hospital was converted into Covid Hospital, Suvarnaprashan was not conducted from April 2021 to July 2021







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**HON. SHRI. ANNASAHEB DANGE AYURVED MEDICAL  
COLLEGE AND RESEARCH CENTER, ASHTA**

**DEPARTMENT OF PRASUTI TANTRA EVUM  
STRIROGA**

**WOMEN HEALTH CAMP REPORT**

**IN THE CELEBRATION OF  
INTERNATIONAL WOMEN DAY 2021**

**8<sup>th</sup> March 2021**



संत ज्ञानेश्वर शिक्षण संस्था संचलित

मा. श्री. अण्णासाहेब डांगे आयुर्वेद  
मेडिकल कॉलेजचे धन्वंतरी हॉस्पिटल आष्टा.



जागतिक महिलादिन  
२०२१ निमित्त



महिला आरोग्य तपासणी व गर्भ संस्कार शिबिर

- १) गरोदर महिलांची मोफत रक्ततपासणी (ANC.Profile)
- २) महिलां करिता मोफत रक्त व लघवी तपासणी (सर्व महिला)
- ३) शिबिरात गरोदर स्त्रीयांना गर्भसंस्कार विषयक माहिती
- ४) शिबिरा मार्फत नॉर्मल किंवा सिझरियन डिलिव्हरी झाल्यास बीलात ५०% सवलत
- ५) अत्यल्प दरात सोनोग्राफीची सोय
- ६) शिबिरात तज्ञ डॉक्टराकडून तपासणी



टिप :

पिवळ्या व केसरी रंगाच्या रेशनकार्ड धारकांसाठी  
आठवड्यातील प्रत्येक मंगळवार व शुक्रवार गरोदर  
पणातील तपासण्या सवलतीच्या दरात होतील.

वेळ : सोमवार दि. ८ मार्च २०२१, रोजी स. ९ ते दु. ३ वा.

स्थळ : धन्वंतरी हॉस्पिटल (डांगे कॉलेज), आष्टा.



संपर्क

अभिजीत थोरात  
मो. 7066321399.



## **Event Details**

### **Free women health camp & Garbhsanskar Camp**

Date: **8<sup>th</sup> March 2021**

Timings: **09:00 am to 03:00 pm**

Venue: **Hon. Shri. Annasaheb Dange Ayurved Medical College And Research Center, Ashta**

#### **Services provided in the camp:**

➤ **For all Women -**

- Free Women Health Check up
- Free Complete Blood Test (CBC) and Urine examination Tests

➤ **For Pregnant women -**

- Free Health Check Up.
- Free ANC Profile (Blood And Urine Tests).
- Garbhasanskar Information And Counseling.
- Discount On All Scheduled Ultrasonography.
- 50% Discount On Normal Delivery Or Caesarian Section For Women Registered Through Camp.

The camp was organized by Department of **Department Of Prasuti Tantra Evum Striroga, ADAMC, Ashta** under guidance of Principal **Dr. Satyenda Ojha Sir**.

**Dr. Pragati Patil, M.D. ( Ayu )** has inaugurated the camp and thrown light on the best practice regarding women health and Garbhasanskar.

Health checkup was done by the team of Expert doctors of the department – Dr. Sachin Pashte, Dr. Dilip Katare, Dr. Tinku- Ganesh Khalache , Dr. Radha Phadnis, Dr. Pradnya Tare and Dr. Sayali pashte. PG scholars also participated in health check up camp.

This camp was attended by 27 women with different physical, mental, psychosocial problems who benefited by the services provided in the areas of women health. Each patient was thoroughly assessed and guided on lifestyle modification, physical exercises, etc. All the services were provided free of cost to the patients.

05 Pregnant women attended Garbhasanskar Camp. Various activities were undertaken including

- Individual Counseling regarding pregnancy care and preparation for delivery.
- Monthly Diet Therapy in Pregnancy.
- Pranayam and meditation session .
- Yoga session.
- Importance of Mental Health in Pregnancy and effect on Baby.

Many dignitaries had visited and appreciated the women health camp as a noble initiative towards women health.





Inauguration of Health Camp and Speech on women empowerment and Garbhasanskar Need  
By **Dr. Pragati Patil, M.D. ( Ayu )**

**08<sup>th</sup> March 2021**





## Garbhasanskar Counselling





Sant Dnyaneshwar Shikshan Sanstha's  
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## ACTIVITY REPORT

**NAME OF DEPT.:- AGADTANTRA AVUM VIDHIVAIDYAKA      YEAR: 2021-22**

**Title of Event / Activity: - PROFESSIONAL ETHICS COURSE**

**Date: - 01 /03/2022 to 09/05/2022**

**Time: - 04:10pm -05:10pm**

**Duration: - 32 hrs**

**Total Students Enrolled: - 97**

**Objectives of event / activity:-**

- Introduction to Medical Ethics
- Medical Ethics Overview
- Clinical Topics in Medical Ethics
- Ethics for Health Care Professionals

**Description:-**

Event / Activity Report

1. To inculcate Ethics and Human Values into the young minds.
2. To develop moral responsibility and mould them as best professionals.
3. To create ethical vision and achieve harmony in life.
4. The Doctor-Patient relationship is a specially privileged relationship in our society. As a result, physicians are afforded access to information and confidences by patients that are not available to anyone else. Along with this privilege comes a series of professional responsibilities for physicians. More is expected of physicians than from most other professionals in our society.

**Outcome of event:-**

By the end of the course student should be able to understand the importance of ethics and values in life and society.