Hand Book on

Applicability of Tantrayukti



Dr. Shital Shamrav Patil

Dr. Anuradha Aman Patil



Dr. Shital Shamrav Patil

Assistant Professor (Samhita Siddhant Dept) at Hon. Shri. Annasaheb

Dange Ayurved Medical College and PG Research Centre, Ashta. Tal-Walwa, Dist-Sangli.

- Teaching Experience 6 ys.
- Qualification BAMS from K.L.E. Society's, Sri. B.M. Kankanwadi Ayurveda Mahavidyalaya, Belgaum, Karnatakain 2009.

MD (Ayu) Samhita Siddhant from Bharati Vidyapeeth Ayu. Medical College, Pune in 2015.

M.A. (Sanskrit) from Tilak Maharashtra Vidyapeeth in 2015 PhD (sch) at DY Patil College of Ayurved, Pune.

 Research Work – Advisory Board Member at 'World Journal of Pharmaceutical Research'.

Published 7 research papers in National & International journals.

Published 6 Book Chapters in different books.



Dr. Anuradha A. Patil, M.D. (Rasashastra)

Presently working as Professorin Hon. Shri. Annasaheb Dange Ayurved Medical College and PG Research Centre, Ashta. Tal-Walwa, Dist-Sangli.

Dr. Anuradha A. Patil, an alumnus of K.L.E. Society's, Sri. B.M. Kankanwadi Ayurveda Mahavidyalaya, Belgaum, Karnataka, completed UG in 1994 & PG in Rasashastra in the year 2006.

Total Teaching Experience: 15 years in Rasashastra & Bhaishajya Kalpana

11 years in Research Methodology

Research work

PG Guide: RSBK since 2010, Approved Ph. D. guide

Is an approved resource person for Basic Workshop on Research Methodology, IMETTT, Maharashtra University of Health Sciences (MUHS), Nashik, since 2015

Publications: 10 articles in various National & International Journals and is reviewer for four reputed International scientific journals. Textbook of Research Methodology & Medical Biostatistics, approved by MUHS, Nashik,

SANKSHIPT MANOVIGYAN





Dr. Shital Shamrav Patil

Assistant Professor (Samhita Siddhant Dept) at Hon. Shri. Annasaheb

Dange Ayurved Medical College and PG Research Centre, Ashta. Tal-Walwa, Dist-Sangli.

Teaching Experience – 6 ys.

Qualification – BAMS from K.L.E. Society's, Sri. B.M. Kankanwadi Ayurveda Mahavidyalaya, Belgaum, Karnatakain 2009.

MD (Ayu) Samhita Siddhant from Bharati Vidyapeeth Ayu. Medical College, Pune in 2015.

M.A. (Sanskrit) from Tilak Maharashtra Vidyapeeth in 2015

PhD (sch) at DY Patil College of Ayurved, Pune.

Research Work – Advisory Board Member at 'World Journal of Pharmaceutical Research'.

Published 7 research papers in National & International journals.

Published 6 Book Chapters in different books.



Dr. Ashwini Rahul Patil

Associate Professor (Kriya Sharir Dept) at Hon. Shri. Annasaheb

Dange Ayurved Medical College and PG Research Centre, Ashta. Tal-Walwa, Dist-Sangli.

Teaching Experience – 7 ys.

 Qualification – BAMS from ADAMC, Bedkihal, RGUHS, Bengalore in 2009.

MD (Ayu) Kriya Sharir from Hon. Shri. Annasaheb Dange Ayurved Medical College And PG Research Centre, Ashta. in 2014.

 Research Work – Editorial Board Member at 'Subhadra International Journal'.

Published 2 Books having ISBN.

Published 9 research papers in National & International journals.

Published 3 Book Chapters in different books.



A STEPWISE APPROACH ON WRITING A RESEARCH PAPER IN AYURVEDA

DR. MUSHRAF RASHID SAYYAD
DR. ASHWINI RAHUL PATIL

A STEPWISE APPROACH ON WRITING A RESEARCH PAPER IN AYURVEDA





Dr. Mushraf R. Sayyad is currently working as Associate Professor in the Department of Kriya Sharir, Hon. Shri Annasaheb Dange Ayurved Medical College, Ashta, Tal: Walwa, Dist.: Sangli, Maharashtra, India. The area of interest of his

research is basic Ayurvedic Physiology, Basic Principles of Kriya Sharir, Concept of Prakriti, Sara and Pramana, Educational research in the field of Human Sciences, methods of Teaching Learning etc. More than 10 national and international research articles are published by him. This is his first ever book and probably the first book on writing the research paper in the field of Ayurveda. He is a potential reviewer of the international journal of Ayurveda and pharmaceutical chemistry (IJAPC), UGC approved. He also attended 10+ national and international seminars of Ayurveda and likes to work on scientific committees. He also worked as coordinator for national seminars.

Dr. Ashwini Rahul Patil is currently working as Assistant Professor in the Department of Kriya Sharir, Hon. Shri Annasaheb Dange Ayurved Medical College, Ashta, Tal: Walwa, Dist.: Sangli, Maharashtra, India. The area of interest of her research is basic Ayurvedic Physiology, Basic Principles of Kriya Sharir and Clinical Practices of Ayurveda etc.

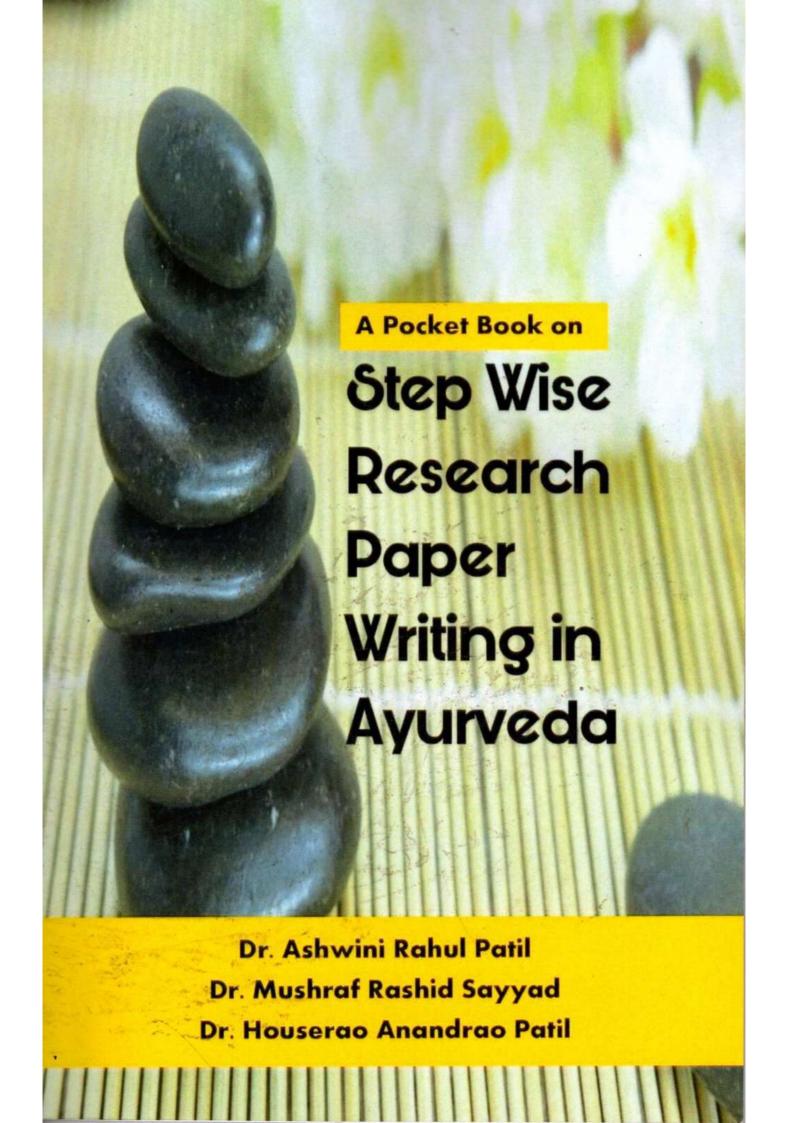
More than 10 national and international research articles are published by her. She also has a unique interest of working in the health awareness activities.

ABOUT THE BOOK

The book is all about the stepwise approach on how to write a scientific research paper, especially in Ayurveda. It has twelve chapters with a number of examples from the journals of Ayurveda. But the book is also useful for the beginners and researchers of all fields urging to write a research paper as the language of the book is kept simple to understand.







A Pocket Book on Step Wise Research Paper Writing in Ayurveda







Dr. Mushraf Sayyad



Dr. Houserao Patil

Dr. Ashwini Rahul Patil is currently working as Assistant Professor in the Department of Kriya sharir, Hon. Shri Annasaheb Dange Ayurved Medical College, Ashta, Tal: Walwa, Dist: Sangli, Maharashtra. Her area of interest is basic ayurvedic physiology, basic principles of kriya sharir and clinical practice of Ayurveda.

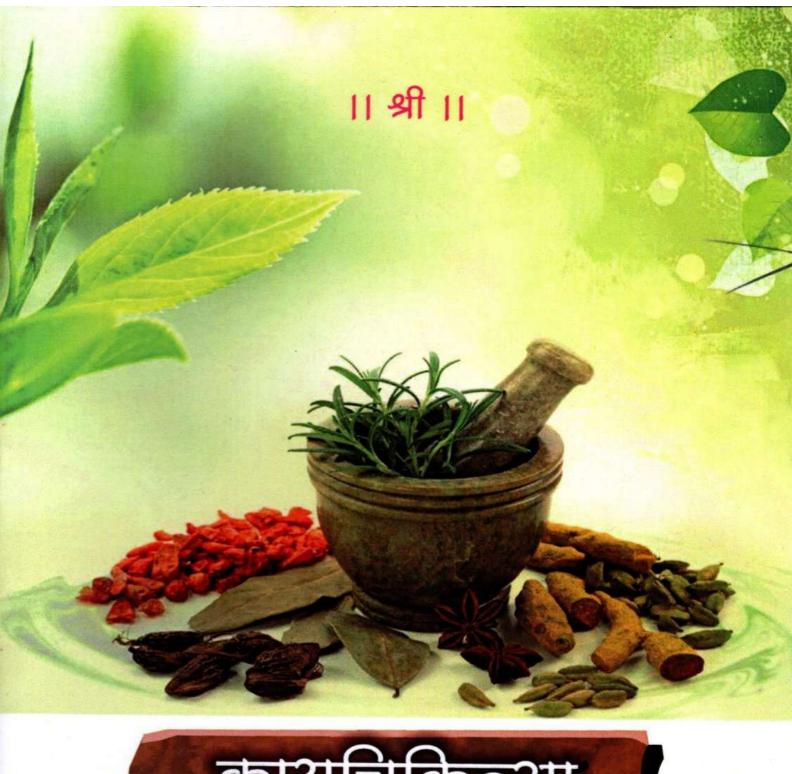
More than 10 national and international research papers are published by ber. She also has an interest of working in health awareness activities.

Dr. Mushraf Rashid Sayyad is currently working as Associate Professor in the Department of Kriya sharir, Loknete Rajarambapu Patil Ayurved Medical College, Islampur, Tal: Walwa, Dist: Sangli, Maharashtra. His area of interest is basic ayurvedic physiology, Concept of Prakriti in Ayurveda, clinical practice of Ayurveda. More than 10 national and international research papers have been published by him.

Dr. Houserao Anandrao Patil is currently working as Associate Professor in the Department of Agadtantra, Loknete Rajarambapu Patil Ayurved Medical College, Islampur, Tal: Walwa, Dist: Sangli, Maharashtra. His area of interest is Panchabhautika Chikitsa, Concept of poisons and their treatments as per Ayurveda, clinical practice of Ayurveda, Health sector administration. More than 05 national and international research papers have been published by him.







काथचिकित्भा मार्गदक्षिका

। लेखक । वैद्य दत्तात्रय संपत निकम एम. डी. (आयु.)



लेखकाचा परिचय

वैद्य दत्तात्रय संपत निकम यांचे बी.ए.एम.एस. या पदवीचे शिक्षण यशवंत आयुर्वेदिक कॉलेज कोडोली, कोल्हापूर येथून सन २००८ मध्ये झाले असून एम.डी. (आयुर्वेद) कायचिकित्सा या विषयात पदव्युत्तर शिक्षण राष्ट्रीय आयुर्वेद संस्थान, जयपुर येथून सन २०१३ मध्ये झाले आहे.

लेखकाने राष्ट्रीय स्तरावरती विविध विषयांवर लेख प्रसिद्ध केले आहेत. तसेच लेखकास पदवी व पदव्युत्तर (बी.ए.एम.एस.व एम.डी.) अध्यापनाचा अनुभव आहे.

किंमत: रु. ३००/-



राजयक्मा त्याधी

AYURVED & MODERN CONCEPT





डॉ. वर्षा खोत । डॉ. पराग देशमुखे



हजारो वर्षांपूर्वी उद्धृत शाश्वत आयुर्वेदाची व्यापकता व ज्ञानाचे प्रकटीकरण करण्याचा सर्वंकष प्रयत्न व कृती व्हायला हवी आणि त्याद्वारे समाजाचे शारिरिक व मानिसक आरोग्य सुदृढ व्हावे, या मंगलभावनेने केलेला हा लेखनप्रपंच....

आयुर्वेदोक्त प्रत्येक व्याधीचा सखोलपणे विचार होणे अगत्याचे वाटते. याच दृष्टीकोनातून अनादी काळापासून अस्तित्वात असणाऱ्या गंभीर राजयक्ष्मा (क्षयरोग) व्याधीचा विस्तारपूर्वक विचारविमर्श करण्याचा प्रयत्न या पुस्तकाद्वारे केला आहे...

सोबत ट्युबरकुलोसिस (Tuberculosis) या आधुनिक वैद्यकशास्त्रातील आजाराची ठळक वैशिष्ट्ये या पुस्तकात मांडली आहेत...

या लेखनाचा लाभ विद्यार्थी, अध्यापक, चिकित्सक यांस ज्ञानार्जनासाठी होवो आणि त्याद्वारे क्षयी रुग्णांना रोगमुक्ती प्राप्त होऊन निरामय आयुष्य लाभो, हीच धन्वंतरी चरणी प्रार्थना !!

डॉ. वर्षा सदाशिव खोत

(बी.ए.एम.एस.एम.डी. पी.एच.डी. स्कॉलर) अधिव्याख्याता

डॉ. पराग नारायण देशमुखे (बी.ए.एम.एस.एम.डी. पी.एच.डी. स्कॉलर)

कायचिकित्सा विभाग मा. श्री. अण्णासाहेब डांगे आयुर्वेद मेडिकल कॉलेज आष्टा

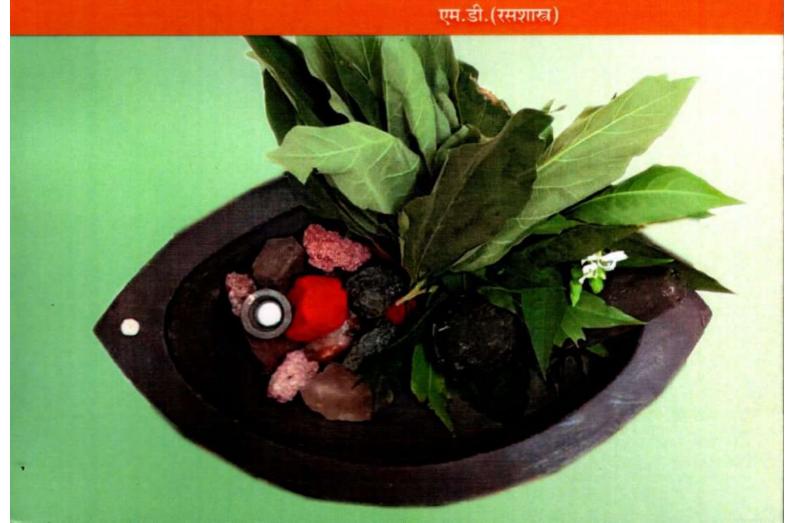




संक्षिप्त **रस्था**

(सूत्रसंग्रह व कल्पसंग्रह युक्त)

लेखक वैद्य इनामदार महेश प्रभाकर





लेखक परिचय

नांव - वैद्य इनामदार महेश प्रभाकर

शैक्षणिक गुणवत्ता बी.ए.एम्.एस्.

- शे.चं.मु. आर्यांग्ल वैद्यक महाविद्यालय सातारा.

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प्रथम वर्ष बी.ए.एम्.एस्.

प्रथम क्रमांक संस्कृत विषयात विशेष प्राविण्य,

तृतीय वर्ष बी.ए.एम्.एस्.

- शिवाजी विद्यापीठ गुणवत्ता यादीमध्ये आठवा क्रमांक.

एम.डी.-रसशास्त्र

इन्स्टीट्यूट ऑफ पोस्ट ग्रॅज्युएट टिचींग अँड रिसर्च इन आयुर्वेद,

गुजरात आयुर्वेद युनिव्हर्सिटी, जामनगर, गुजरात.

9990-2000

एम्.डी. प्रवेश परिक्षा

- संपूर्ण भारतामध्ये चौथा क्रमांक.

तृतीय वर्ष एम्.डी.

प्रथम क्रमांक.

अध्यापनाचा अनुभव

- पदवी अभ्यासक्रम - २० वर्ष.

अधिव्याख्याता

-जानेवारी २००१ ते जुलै २००६.मा.श्री. आण्णासाहेब डांगे

आयुर्वेद वैद्यक महाविद्यालय,आष्टा.

प्रपाठक

 जुलै २००६ ते जुलै २००७. रूरल इन्स्टिट्युट ऑफ आयुर्वेद, रिसर्च सेंटर अँड हॉस्पिटल, मायणी.

- ऑगस्ट २००७ पासून आजपर्यंत मा.श्री. आण्णासाहेब डांगे आयुर्वेद वैद्यक महाविद्यालय,आष्टा.

प्राध्यापक

- एप्रिल २०१२ ते सप्टेबर २०१६ आयुर्वेद महाविद्यालय व संशोधन केंद्र, आकुर्डी, पुणे

- आक्टोबर २०१६ पासून आजपर्यंत मा.श्री.आण्णासाहेब डांगे आयुर्वेद वैद्यक महाविद्यालय,आष्टा

पदव्युत्तर अभ्यासक्रम पदव्युत्तर शिक्षक अन्य अनुभव

२ वर्ष.

- डिसेंबर २००८ पासून आजपर्यंत.

- आयुर्वेदिय औषधीकरण व आयुर्वेद चिकित्सा १३ वर्ष

- विविध राष्ट्रीय, आंतरराष्ट्रीय परिसंवाद, कार्यशाळा यामध्ये शोधनिबंध, पोस्टर सादरीकरण केलेले आहे.

- केंद्र सरकारच्या आयुर्वेदिय परिभाषा कोष या प्रोजेक्टमध्ये दिल्ली येथे रसशास्त्र विषय तज्ञ म्हणून सहभाग.

वैद्यकीय मासिकांमध्ये शोधनिबंध सादर.

५ वैद्यकीय मासिकांमध्ये शोधनिबंध सादर.

PRAMEHA NIDAN





Dr. Vedashri A. Kalavade

Assosiate Proffesor (RognidanDept) at Hon. Shri. Annasaheb

Dange Ayurved Medical College and PG Research Centre, Ashta. Tal- Walwa, Dist-Sangli.

- Teaching Experience 10.6 years.
- Qualification BAMS VPAMC Sangli..
 MD (Ayu) YAMC. Kodoli.
 PhD (sch) at D.Y. Patil College of Ayurved, Pune.
- Research Work Advisory Board Member at 'World Journal of Pharmaceutical Research 'and IJRR,

Published 21 research papers in National & International journals.

Published 04 Book Chapters in different books.

Published one book named Amlapittache Shatkriyakal



Dr. Asharani A. Kore

Associate Proffesor (Samhita Sidhdhanta Dept) at Hon. Shri. Annasaheb Dange Ayurved Medical College and PG Research Centre, Ashta. Tal-Walwa, Dist-Sangli.

- Teaching Experience 12 years.
- Qualification BAMS from Tilak Ayurved Mahavidyalaya Pune in 2003.

MD (Ayu) Ayurved Sdhdhanta from Aurved College Sion, Mumbai in 2009

M.A. (Sanskrit) from Tilak Maharashtra Vidyapeethin 2009

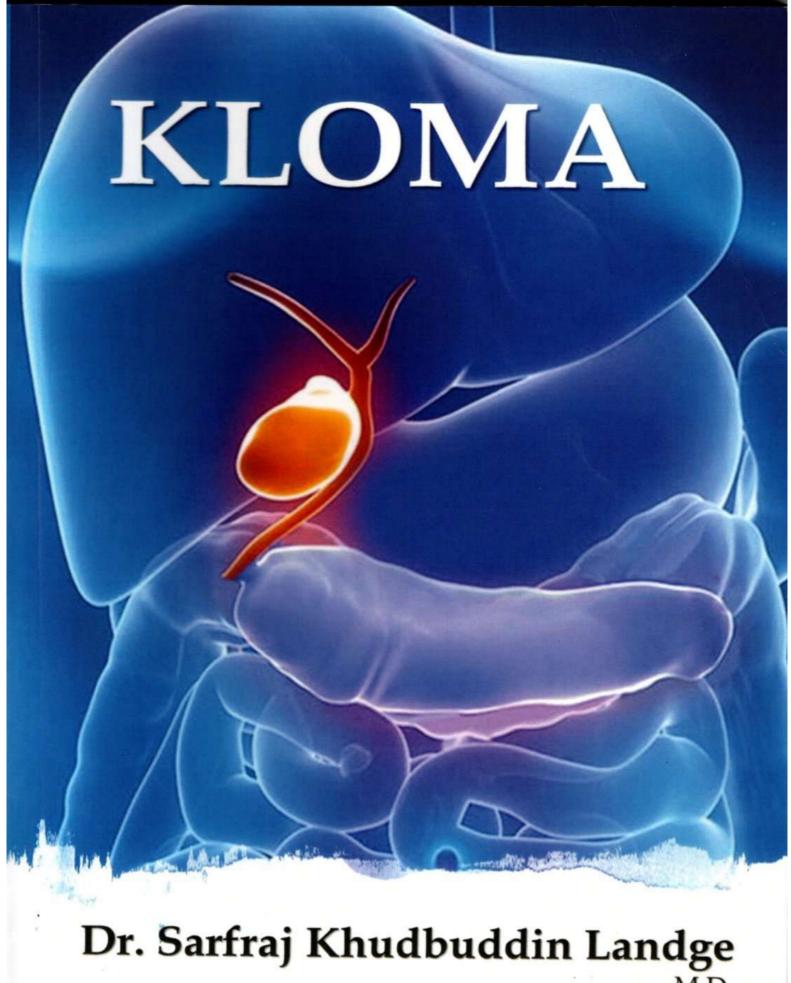
PhD (sch) at Vidarbha Ayurved Mahavidyalaya Amaravati.

Research Work - Published 14 research papers in National & International journals

Published 1 book named Manas Vyadhi.

Published 6 Book Chapters in different books.





M.D.

the state of the s

Dr. Sarfraj Khubuddin Landge M.D.

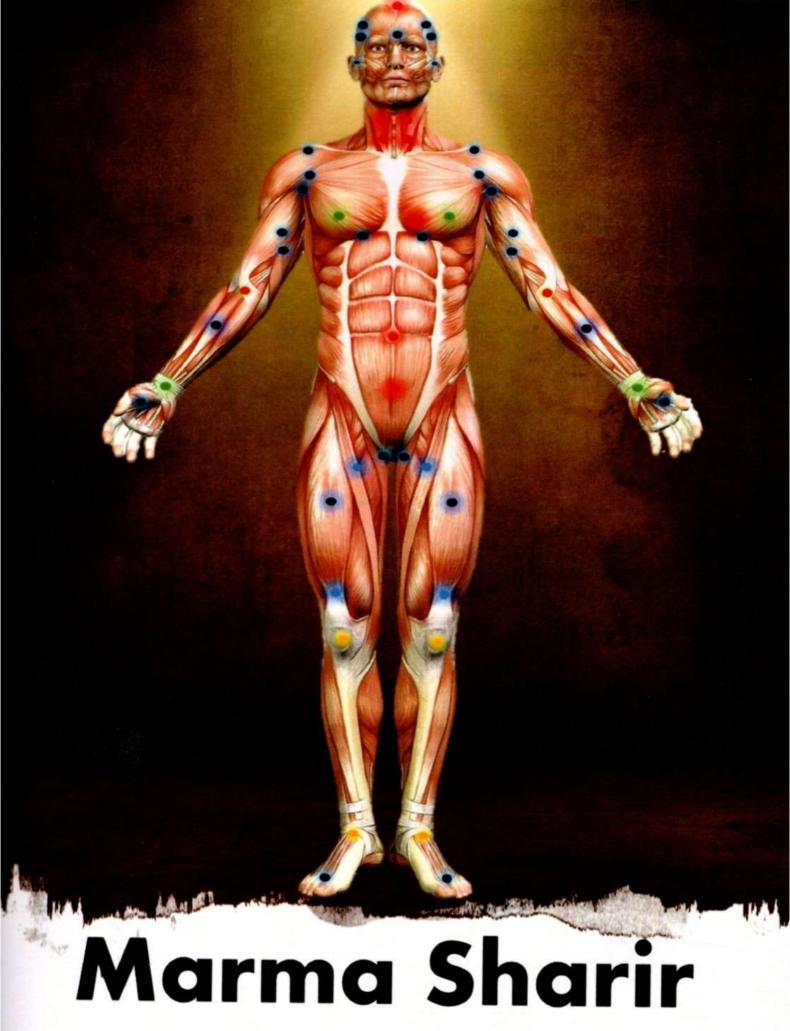


Knowledge of sharir is mandatory for students of medical faculty before learning the actual medicine. Our ancient acharyas have given much importance for the same. But the usage of terms in the context of sharir appears to be vague for casual observer. One such concept is Kloma which holds importance.

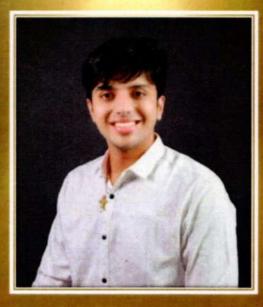
Many samhitakar's, tikakar's etc have given their variable views about Kloma but there is not any particularity of this concept. The topic is selected to try and establish the relationship between ayurvedic Kloma concept and modern anatomical structure resembling it.







Dr. Sarfraj Landge, M.D.



Dr. Sarfraj Khudbuddin Landge,

Ayurveda the holy science considers harma as one of the most important concepts where Prana resides. When site of Marma gets injured, then it may cause severe pain, disability, loss of function & sensation or even may be fatal leading to death. Hence, the Acharyas conveyed that marma points/sites should not be injured & proper care should be taken in this regard specially during surgical procedures.

Being a Rachana Sharir Academician, Author Dr. Sarfraj feels it was his prime duty to explore the knowledge of Marma explained by Brihatrayi especially Sushruta. Even anatomical correlation of Marma points in body has been done in this book to light up the key concept of Marma in the framework of modern anatomical view. From surgical point of view this topic holds importance as well as it is important regarding Shastra karma, Kshar karma & Agni karma etc.







SHAT-CHAKRA

Dr. Sarfraj Khudbuddin Landge M.D.

Author

Dr. Sarfraj Khubuddin Landge

M.D.



Shatchakras are having importance as per as Vedic background, it opines that it exists in mind. They are Muladhara residing at anal part, Svadistana near to genital part, Manipura is in Navel part, Anahata is at Hrudaya Pradesha, Vishudha is at root of neck, Agna Chakra is between eyebrows.

After gaining a knowledge of these six Mandalas, one should enter Sukshamandala, drawing up Vayu and sending it upwards. He became one with Brahmanda, the macrosm, who practices thus control of Vayu. Vayu, Bindu, Chitta and Chakra should be mastered by him.

There are three Nadis, Ida, Pingala and Sushumna Nadis if these are purified, they are ready for Kundali Jagarana.





''शास्त्रं ज्योतिः प्रकाशार्थं दर्शनं बुध्दिरात्मनः । ताभ्यां भिषक सुयुक्ताभ्यां चिकित्सन् नापराध्यति ।।'' (च.सू.९/२४)



चश्क संहितेतील चिकित्सा स्थान



डॉ. शितल शामराव पाटील

- अधिव्याख्याता, संहिता सिध्दान्त विभाग, मा. श्री. आण्णासाहेब डांगे आयुर्वेदिक मेडिकल कॉलेज, आष्टा.
- B.A.M.S., के.एल.ई., बी.एम.के. आयुर्वेद मेडिकल कॉलेज, बेळगांव, २००९ मध्ये उत्तीर्ण.
- M.D. (Ayurved Samhita & Siddhant) भारती विद्यापीठ कॉलेज ऑफ आयुर्वेद २०१५ मध्ये उत्तीर्ण.
- M.A. (Sanskrut) टिळक महाराष्ट्र विद्यापीठ २०१५ मध्ये उत्तीर्ण.
- Phd (Sch), डॉ. डी.वाय. पाटील कॉलेज ऑफ आयुर्वेद, पुणे.
- राष्ट्रीय व आंतरराष्ट्रीय मासिकात ७ रिसर्च Artical प्रकाशीत
- ६ वर्ष अनुभव.
- 6 Book Chapter in Different books



डॉ. आशाराणी अमितकुमार कोरे

- प्रपाठक, संहिता सिध्दान्त विभाग, मा. आण्णासाहेब डांगे आयुर्वेद मेडिकल कॉलेज, आष्टा.
- १२ वर्षे अध्यापनाचा अनुभव / (जे.जे. मगदूम आयुर्वेद कॉलेज जयसिंगपूर येथे ५ वर्षे व आयुर्वेद कॉलेज, मायणी येथे ३ वर्षे अध्यापनाचा अनुभव)
- BAMS मध्ये टिळक आयुर्वेद महाविद्यालयातून २००३ मध्ये उत्तीर्ण.
- M.D. (आयुर्वेद सिध्दान्त व दर्शन) २००९ मध्ये आयुर्वेद कॉलेज, शीव, मुंबई येथून उत्तीर्ण.
- M.A. (संस्कृत) टिळक महाराष्ट्र विद्यापीठ येथून २००९ मध्ये उत्तीर्ण.
- Phd (Sch.) विदर्भ आयुर्वेद महाविद्यालय, अमरावती येथे सुरु.
- राष्ट्रीय व आंतरराष्ट्रीय मासिकातून १४ Research Articles प्रकाशित.
- १२ वर्ष अनुभव.
- 6 Book Chapter in Different books
- प्रकाशित पुस्तक मानस व्याधी