

Sant Dnyaneshwar Shikshan Sanstha's

Hon, Shri, Annasaheb Dange Ayurved Medical College & Post Graduate Research Center

A/p: Ashta, Tal.: Walwa, Dist: Sangli - 416 301

Website: www.adamcashta.com E-mail: ashta.adamc@gmail.com NAAC Accrediatated ISO Certified 9001-2015, 14000-2015



Level 1: Professor (Minimum 450)

SrNo.	Name of HOD	PBAS Score	More Than 20% Score
1	Principal Dr. Amit Petkar	518	
2	Dr. Rajashri Bharati	569	More Than 20% Score
3	Dr.Patki Subhash Gajanan	315	*
4	Dr.Nikam Vijay Vishnu	178	*
5	Dr.Kalavade Vedashri Abhijit	440	
6	Dr.Inamdar Mahesh Prabhakar	838	More Than 20% Score
7	Dr. Tatpuje Nitin Balkrishna	311	*
8	Dr.Kandharkar Sarika Sunilrao	410	
9	Dr.Katare Dilip Vitthal	349	*
10	Dr. Anjali Dinesh Kamat	375	*
11	Dr.Deshmukhe Parag Narayan	450	
12	Dr.Akbar Walandar	350	*
13	Dr.Patil Manoj Vilas	200	
14	Dr.Sujata Kate	393	
15	Dr.Kulkarni Alaknanda Damodar	545	
16	Dr.Anjali Upadhye	843	More Than 20% Score
	Total	6884	
	Average	458.933	
	*:Not eligible to Be Prof.	Range (400 to 550)	

Shri, Annesaheo Danga Ayarvad Medica Tellege, Annta, In Walva, Stat Syngh



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Level 2: Associate Professor (Score Minimum 350)

Sr., No.	Name of Faculty Associate Professor	PBAS Score	More Than 20% Score
1	Dr.Kore Asharani Amitkumar	672	More Than 20% Score
2	Dr.Landge Sarfraj Khudbuddin	510	More Than 20% Score
3	Dr.Patil Ashwini Rahul	514	More Than 20% Score
4	Dr.Chavan Sunil Vithoba	226	
5	Dr.Desai Rajdatta Vijay	165	
6	Dr.Shelke Shraddha Sandip	287	
7	Dr.Khot Ashwini Appaso	155	
8	Dr. Ashwin Gurav	185	
9	Dr. Tinku- Ganesh Prabhu Khalache	438	More Than 20% Score
10	Dr. Phadnis Radha Harshad	411	More Than 20% Score
12	Dr. Babar Nareshkumar Keshav	0	
13	Dr.Chougule Mahesh	175	
14	Dr.Nikam Dattatrya Sampat	389	
15	Dr.Lokhande Smita Vitthal	447	More Than 20% Score
16	Dr.Jadhav R.B.	200	*
17	Dr.Dange Vijay Sarjerao	291	*
18	Dr Rangate Monish Manohar	194	
19	Dr. Kharat Jayvant Vasant	535	More Than 20% Score
20	Dr. Wadkar Archana Suhas	445	More Than 20% Score
21	Dr.Mane Shankar Lahuraj	255	*
		6924	
	Avarage core is below than minimum required score to be associate professor)	314.7272727	
	Not fulfilling eligibility of Asso Prof.	Range (350 to 400)	

Shri, Annasaheb Dange Ayurved Medica College, Ashta, Tal, Vitalwa, Wist, Sangli



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NAAC Accrediatated

ISO Certified 9001-2015, 14000-2015



Level 3: Assistant Professor (Score Minimum 175)

SrNo.	Name of Faculty	PBAS Score	More Than 20% Score
1	Dr Patil Shital Shamrao	545	More than 20%
2	Dr. Thorat Sougandh Anandrao	145	*
3	Dr.Shraddha Hankare	155	*
4	Dr Jamadar Rajahamad Gudulal	354	More than 20%
5	Dr Abrar Kureshi	119	*
6	Dr Shital Mane	315	More than 20%
7	Dr.Suraj Kundale	190	
8	Dr.Kore Hemlata Shrishail	0	
9	Dr.Sarita Gavade	77	*
10	Dr Pashte Sayali Vijaykumar	190	
11	Dr Panhalkar Nisha Yogesh	136	
12	Dr Pravin Thombare	0	
13	Dr Dhere Reshma Prakash	215	
14	Dr.Ranjit Rupanar	122	*
15	Dr Kanase Sushant Tanaji	70	*
16	Dr.Khot Varsha Sadashiv	445	More than 20%
17	Dr Patil Rupali Ramadas	395	More than 20%
19	Dr. Hanje Priyadarshini Vijay	256	7.22.20
20	Dr. Bandekar Prerana	391	More than 20%
21	Dr Fasale Pournima Vilas	129	*
22	Dr Shelar Tushar Bhaskar	263	
23	Dr Aparna Abhinandan Adamuthe	220	
24	Dr. Marpallikar Jayant Chandrakant	225	
25	Mr.Akshay Chougule	215	
	Total	5172	
	Average	228.88	
	Minimum Score to Be assistant is 150	(187, 297)	
	*: Not eligible to be Assist Prof.		

Shrt. Annasaheb Dange Ayurved Hookon "nilege, Ashta, Tol. Vialwa, Bist. Sengii



Performance Based Appraisal System [PBAS]

SantDnyaneshwarShikshanSantha's

Hon.Shri.Annasaheb Dange Ayurved Medical College & Post Graduate Research Center,

Ashta; Tal: Walwa; Dist: Sangli; India 416301

(Approved by CCIM, New Delhi, Govt. of Maharashtra, Affiliated to Maharashtra University of Health Sciences ,Nashik,Maharashtra)

NAAC Accredited

ISO Certified 9001-2015, 14000-2015

Name: Dr. Varsha Sadashiv Khot

Department: Kayachikitsa

Academic Year: 2021-22

12

Date of Joining: 09.05.2016

SantDnyaneshwarShikshanSanstha, Islampur

Hon.Shri. AnnasahebDange Ayurved Medical College & Post Graduate Research Centre, Ashta. Tal- Walwa, Dist- Sangli(Maharashtra)

Performance Based Apparial System (PBAS) proforma based on Academic Performance Indicators (API) in recruitments and career Advancement Scheme (CAS) promotions of University/Institute Teachers

PART- A: Personal Information (To be written by Faculty)

- Information of part A is to be filled by faculty concerned.
- Personal information with evidence should be submitted & certified byhead of department every year.

PART - B: Performance Appraisal (To be written by head of department)

 Remark in Part B of the report will be offered by head of department while offering Part B, Part A given by faculty should be taken in consideration and should be submitted to Principal

Part C: Remark of Principal/ Director

- Principal/Director as the case may be, shall give justification for his remarks if he is not satisfied with the remarks of head of department in Part B.
- Principal/Director should submit the report duly completed in all respect, to the executive director and Secretary as the case may be for final review without loss of time so as to complete final review before expiry of tenureof the faculty / Academic year.
- Action will be taken by Principal with Appreciation letter for 20% above the average score of all faculties and show cause notice will be given for 20% below the average score of faculties.

PART A: FACULTY PROFILE FORM

YEAR OF PERFORMANCE APPRAISAL: 2021-22

Name: DR VARSHA SADASHIV KHOT

Email: drvarshaskhot@gmail.com

Phone: 9423565886

Career Objective

Seeking a position of Physician where my commitment to patient welfare and sound understanding of the healthcare would be put to good use in a challenging work environment. To encourage knowledge, creativity and higher-order thinking in a way that increases student performance.

Personal Information

Name: Dr Varsha Sadashiv Khot

· Designation: Lecturer

Date of Birth: 28.08.1986

Date of Joining: 09.05.2016

Type of Appointment: Temporary

University Approval No.: MUHS/E-3/UG&PG/452/2022

MCIM Registration Number: 1 – 62372 A1

NCISM Teacher Code: AYKC00362

Marital Status: Unmarried

Address For Contact: At Padavalwadi, Post Tal Walwa, Dist Sangli

Academic Qualification: MD (PhD scholar) Kayachikitsa

Total Experience in Month: 8 years 4 Months

Educational Background (Highest to Lowest)

Sr. No.	Degree	University	Year	Grade	Relevant Coursework:
1	MD Kayachikitsa	MUHS Nashik	2014	Pass	
2	BAMS	BharatiVidyapeeth Pune	2008	1 st class	

Work Experience (Current to Previous)

Sr. No	Name of Institute	Name of University	Number of Year	From the Date	Till the Date	Approval Letter Number
1	YashwantAyurved College Kodoli, Kolhapur	MUHS Nashik	2	05.04.2014	30.04.2016	MUHS/UG/3210/2906
2	Hon, Shri, AnnasahebDangeA yurved College, Ashta, Sangli	MUHS Nashik	6Y 3M	09.05,2016	Till date	MUHS/E- 3/UG&PG/452/2022

PG/ Ph.D.Graduate Projects

Title of PG Dissertation: "A comparative clinical study of Bhallatakadichurna and Eranda Tail in the management of Amavataw.s.r. to Rheumatoid Arthritis."

Title of PhD Thesis:

Randomized Controlled Clinical Trial to Evaluate the Efficacy of Amrutadi Yog in Essential Hypertension

Faculty Development Programmes Attended (CME/FDP/MDP/ROTP/QIP/MET)

SR. NO	FACULTY DEVELOPMENT PROGRAMME	CONDUCTED BY	AND TO THE DATE)	
1	National Webinar on Samhita Avlokan	ADAMC Ashta	23 rd April 2021	

2	National Webinar on Medical Ethics	ADAMC Ashta	28 th April 2021
3	ROTP Arogyam 6 Days CME for Teachers of Kayachikitsa	Mahatma Gandhi Ayurved College Wardha	20 th – 25 th Sept. 2021 6Days
4	National Webinar on Panchagavyamrutam	ADAMC Ashta	29/09/2021
5	National Webinar on Cardio preventive measures	D Y Patil Ayurved College Pune	29/09/2021
6	Hrid Rakshanam National Webinar on occasion World Heart Day	Parul University Gujrat	1/10/2021
7	National Webinar on Kriya Sharir	ADAMC Ashta	05/10/2021
8	National Webinar on Panchagavya Chikitsa	Hon.Shri.Annasaheb Dange Ayurved Medical College,Ashta (Online)	29.09.2021
9	National Webinar on Preventive Cardiology	Dr.D.Y.Patil College of Ayurved and Research Centre,Pimpri,Pune	29.09.2021
10	Training of EPI info certificate course	Hon.Shri,Annasaheb Dange Ayurved Medical College,Ashta	06.12.2021 to 11.12.2021
11	National Webinar on Shalyatantra	Hon Shri Annasaheb Dange Ayurved Medical College, Ashta (Online)	22.12.2021
12	National Webinar on Organ Donation & Body Donation : A Boon to Humanity	Hon.Shri.Annasaheb Dange Ayurved Medical College,Ashta (Online)	01.01.2022
13	National Webinar on Dravyagunavidyanam 2022	Hon Shri Annasaheb Dange Ayurved Medical College, Ashta (Online)	03.01.2022

20	National Ayurved Cardiology Symposium	Madhavbagh Institute of preventive cardiology	09.05.2022 - 12.05.2022
19	National Webinar on Kaumarbhritya "Kaumarbhrityam-2022"	Hon.Shri.Annasaheb Dange Ayurved Medical College,Ashta (Online)	18.02.2022
18	National Webinar on Hridrog Chikitsa "Hridayamav-2022"	Hon Shri Annasaheb Dange Ayurved Medical College, Ashta (Online)	12.02.2022
17	National Webinar on Pharmacovigilance "Bhesajsuraksha"	Hon.Shri.Annasaheb Dange Ayurved Medical College, Ashta (Online)	10.02.2022
16	National Webinar on Prevention of Noncommunicable Diseases w.s.r. to Diabetes	Hon.Shri.Annasaheb Dange Ayurved Medical College,Ashta (Online)	29.01.2022
15	National Webinar on Panchakarma	Hon.Shri.Annasaheb Dange Ayurved Medical College,Ashta (Online)	22.01.2022
14	Research Workshop on systematic review & Meta analysis	Hon.Shri.Annasaheb Dange Ayurved Medical College,Ashta	07.01.2022

Events Attended/Conducted by faculty (Webinar/Seminar/Workshop/Visit tour/Quiz/Competitions etc.):

Name of the event	Date	Organized by	Duration	Research Paper Title (if presented)	If paper presented (ISBN no)	Attendance Certificate to dept.
CPR Training Workshop	14.10.2021	ADAMC Kayachikitsa dept	1 Day	*	*	
National Webinar on	12.02.2022	ADAMC Kayachikitsa dept	1 Day	-	-	*

Performance Based Appraisal System Performa : ADAMC ASHTA

Hrudrog			
Chikitsa			
HRUDYARNAV			

Research Papers/Articles

Sr	Title of Paper	Name of	Department	Name of	Year of	ISBN/
No		Author	of Teacher	Journal	Publicatio n	ISSN No
1	Ayurvedic Approach For Ascitis: A Case Study	Dr. Varsha Khot	Kayachikitsa	IAMJ	Dec. 2014	ISSN 2350- 5091
2	Role Of Panchkarma In Infertility	Dr. Varsha Khot	Kayachikitsa	UJAHM	NOV.DEC 2014	ISSN 2347- 2375
3	A Comparative Clinical Study Of Bhallatakadi Churna And Erand Sneha In The Management Of Amavata W.S.R. To Rheumatoid Arthritis.	Dr. Varsha Khot	Kayachikitsa	IJRAP	Jan-Feb 2015	ISSN 2277- 4343
4	Management Of Acute Low Back Pain With Matrabasti, Katibasti & Internal Medicine: A Case Report	Dr. Varsha Khot	Kayachikitsa	Journal Of Pharmacogno sy And Phytochemist ry	April 2015	ISSN No. 2278- 4136

5	Ayurvedic Management Of	Dr. Varsha Khot	Kayachikitsa	The Antiseptic,	Feb. 2015	ISSN 003-
	Cardiovascular			80, 101		5998

	Ailments					
6	Hardened Arteries: Its More Than Heart Disease	Dr. Varsha Khot	Kayachikitsa	Heritage Amrit	June 2015	ISSN No. 0973- 2764
7	Treatment Of Indralupta With Local Jaloukavacharan And Application Of Gunjabeej Lepa: A Case Report	Dr. Varsha Khot	Kayachikitsa	International Journal Of Herbal Medicine	Sept.2015	ISSN No. 2321- 2187
8	Management Of Parshnishool With Agnikarma: A Case Report	Dr. Varsha Khot	Kayachikitsa	IJAAR	Dec. 2015	ISSN No. 2347- 6362
9	Clinical Study Of MedasakadiUpnah In Arthritis: A Pilot Study	Dr. Varsha Khot	Kayachikitsa	International Journal Of Applied Ayurved Research	July-Aug. 2016	ISSN No. 2347- 6362
10	Clinical Study Of Jatamansi Churna With Shirodhara In The Management Of Prameha With Special Reference To Diabetes Mellitus	Dr. Varsha Khot	Kayachikitsa	World Journal Of Pharmaceutic al Research,	March 2017	ISSN 2227- 7105

11	A Clinical Study Of Trivrita Leha In The Management Of Bahupitta Kamala With Special Reference To Serum Bilirubin Level	Dr. Varsha Khot	Kayachikitsa	International Journal Of Herbal Medicine,	Aug-Sept 2017	ISSN 2321 2187
12	An Ayurvedic	Dr. Varsha	Kayachikitsa	World	June 2018.	ISSN

	Approach For Management Of Chronic Pharyngitis: A Case Study	Khot		Journal of Pharmaceutic al and Life Sciences (wjpls), ,		2454- 2229
13	Ayurvedic Approach For Chronic Kidnay Diseases	Dr. Varsha Khot	Kayachikitsa	The Antiseptic	May. 2019	ISSN 003- 5998
14	Risk Factors and Preventive Measures of Essential Hypertension in Light of Ayurved	Dr. Varsha Khot	Kayachikitsa	International Journal of Research And Analytical Reviews (IJRAR)	JUNE 2019	ISSN 2348- 1269
15	Mental Stress in Hypertension: An Ayurved Approach	Dr. Varsha Khot	Kayachikitsa	Journal of Pharmaceutic al and Life Sciences WJPLS	Jully 2020	2454- 2229
16	Role of Rasayan in the Management of AIDS	Dr. Varsha Khot	Kayachikitsa	IJRAR International Journal	Oct. 2020	2348- 1269
17	Mental Stress in Diabetes Mellitus: An Ayurved Approach,	Dr. Varsha Khot	Kayachikitsa	International journal of Multidisciplina ry Educational Research	March 2022	ISSN 2277- 7881

Paper presented in seminar

Sr. No	Title of the paper	Conference Name	Place	
1	Paper Presented entitled as "Role of Panchakarma in Infertility.	At National Seminar on Vandhyatva (Infertility)	14 th December 2014, ADAMC Ashta, Dist. Sangli, MH, India	
Paper Presented entitled as "Ayurvedic Approach For Diabetes Mellitus: A Case Study"		National Seminar on Diabetes Mellitus		
3	Paper presented entitled as "Rassindur A boon for various ailments." At	National seminar on Raschiktsa	YAC, Kodoli, Jan. 2016, MH, India	
4 Paper presented entitled as "AnAyurvedic Approach in the management of stomach cancer: A case Study." on 17th May 2017.		National Seminar on Cancer	Hon, Shri, ADAMC Ashta, Dist, Sangli, MH, India	

Book/Book Chapter Publication:

Sr.No.	Title of the book/book Chapter	Name of the author/s	Department of the teacher	Name of the publicatio	Month & Year of publication	ISSN /ISBN /RNI/DOI etc. indexing information	Link of the recognition in UGC enlistment of the Journal
1	Rajyaksh ma Vyadhi Ayurved & Modern Aspect	Dr Varsha Khot Dr Parag Deshmuk he	Kayachikits a	Gajanan Publicat ion	March 2022	ISBN 978- 93-85959- 51-6)	

Awards/Recognitions:	

Sr.No.	Internatio nal/Nation al/State/Lo cal	Name of the award /recognitio n	Awading agency	Date	Your Contribution	Google drive Link of award/ recognition
	-			-		20

Worked as Resource Person/Invited Talks/Guest/Expert Lectures

		Date of invitation	Date of Event	Organizing institute/Agency	Subject /work	Attendance Certificate to dept.
1	Resource Person	18/05/2021	25/05/2021 - 27/05/2021	MUHS Nashik	MET Basic Research Workshop	Yes
2	Resource Person	02/07/2021	06/07/2021- 08/07/2021	MUHS Nashik	MET Basic Research Workshop	Yes
3	Guest Speaker	07/08/2021	20/08/2021	Dr D Y Patil School of Ayurved Mumbai	National Webinar Principle and treatment Approach of Rajyakshma Vyadhi	Yes
4	Resource Person	20/10/2021	25 - 27 oct 2021	MUHS Nashik	MET Basic Research Workshop	Yes
5	Guest Speaker	07.03.2022	10.03.2022	ADCP,Ashta	CKD	Yes
6	Speaker	25.04.2022	29.04.2022	ADAMC Ashta	Team building Activities	Yes

University Work Experience

- 1. Jr. Supervisor
- 2. External Examiner
- 3. Assessment of answer scripts

Co-Curricular and Extra Curricular Activities

- 1. Faculty Member of MET Department of MUHS Nashik
- 2. Co ordinator of CPR training course
- 3. Editorial board member & Reviewer of Research Journals
- 4. Editorial board member of Sneh Magazine
- 5. Health camps
- 6. Social awareness programs
- 7. Member Publication cell
- 8. Member NABH Cell

Other Information

Research Projects

Nil

Present status

Lecturer, Department of Kayachikitsa, ADAMC Ashta

Declaration

I do hereby declare that all the statements made in this CV are true, complete and correct to the best of my knowledge and belief. I understand and agree that in the event of any information being found false or incorrect / incomplete or ineligibility being detected at any time before or after selection.

Signature

PART B

Performance Based Appraisal System [PBAS]Based on

Academic Performance Indicators [APIs]

- Objectives: 1) To be aware of Self Appraisal
 - 2) To learn filling up Self-Appraisal forms
 - 3) To evaluate and document own performance
 - 4) To facilitate career advancement of teachers

Concept: Teachers are well familiar with assessment and evaluation of students. Self appraisal helps to figure out what teacher's strengths and weaknesses are. It allows one to take at an honest look at oneself. It is a process of self-evaluation to determine the level of self-efficiency. It is a part of continuing professional development or career advancement. As per UGC Notification 30th June 2010, Approved by Govt, of Maharashtra state vide G.R. dated 15th February 2011.

Please note that:

- 1. All attached forms Part A and Part B MUST be duly certified by the Head of the Department, IQAC and the Principal of the Institute.
- 2. The Microsoft word editable version is provided and uploaded along with this very notification. Same to beused.

PART "B" : API Calculations

GENERAL INFORMATION:

1.	Name	:	Dr Varsha Sadashiv Khot
2.	Designation		Lecturer
3.	Name of the Department / Centre	:	Kayachikitsa

4.	Communication Address	:	At Padavalwadi, Tal Walwa, Dist Sangli
5	Email Telephone / Mobile number	:	9423565886

CATEGORY I: TEACHING, LEARNING AND EVALUATION RELATED ACTIVITIES

The teacher is required to give scores based on one's self-assessment for (a) Teaching related activities (b)Domain knowledge (c)Participation in examination and evaluation (d) Contribution in innovative teaching, new courses etc. The minimum score required is 75. The self-assessment score should be based on objectively verificable data wherever possible and will be finalized by screening committee.

Table No 1:Summary Table

	Nature of Activity	M	laximum Scor	e
Sr. No.	ESSENTIAL	Maximum API Score allotted	Self- appraisal Score	Verified AP Score By committee
LI	Lectures, Seminars, Clinics, practical's, nonteaching lectures contact hours undertaken taken as percentageof lectures allocated*	50	45	
1,2	Lectures or other teaching duties in excess of MUHS norms	10	0.5	
1.3.	Preparation & Imparting of knowledge / instruction as per curriculum; syllabus enrichment by providing theadditional resources to students.	20	10	
1.4	Use of participatory & innovative teaching- learning methodologies; updating of subject content, certificate course improvement, etc.	20	10	
1.5	Examination duties (invigilation; Question paper setting, evaluation/ assessment of answer scripts) as per allotment.	25	20	

Total of (I)	125	90
Minimum Scare Beautised	75	
Minimum Score Required	75	

^{*} Lectures & tutorials allocation to add upto the MUHS norms for particular category of teacher.

CATEGORY II:

CO-CURRICULAR, EXTENSION AND PROFESSION DEVELOPMENT RELATED ACTIVITIES

The teacher is required to give scores based on one's self-assessment for co-curricular, extension activities and professional development related contributions. The minimum score required is 15.A list of items and proposed scores is given below. It will be noticed that all teachers can earn scores from number of items where as some activities will be carried out only be one or a fewteachers. The self-assessment score should be based on objectively verificable data wherever possible and will be finalized by screening committee.

	Nature of Activity	Maximu	m Score	
Sr. No.	CO-CURRICULAR AND EXTENSION ACTIVITES	Maximum API Score allotted	Self- appraisal Score	Verified API Score By committee
I,	Student related co-curricular, extension and field based activities (such as extension work through NSS, health camps) and other channels, cultural activities, sports, subject related events and counseling etc.	20	10	
2.	Contribution to work of the department and institution through participation in academic and administrative committees andresponsibilities etc.	15	10	
3.	Professional Development activities (such as Conduction of visit tours, Conduction of various programmes such as training courses ,student welfare, soft skills, life skill , value added courses, guest lectures, invitation of	15	10	

talks,membership of associations, general articles not covered in category III below .etc.)			
Total of (II)	50	30	
Minimum Required Score	15		

CATEGORY-III:

RESEARCH AND ACADEMIC CONTRIBUTIONS

RESEARCH AND DEVELOPMENT

The teacher is required to give scores based on one's self-assessment for research and academic contributions. The minimum score is different for different levels of promotion related to the university. The self-assessment score should be based on objectively verifiable data wherever possible and will be finalized by screening committee.

Table No.3.1: Research Projects

Sr. No	API	API Score Allotted	API Score Gained			
	External funding projects					
	Details	API Seo	re Allotteo	d per projec	t	
		For PI*	Co-PIs	Co-PIs		
	Rs 50000 to 5 Lac	10	10			
3.1.1	5 Lac to 30 Lac	15	15			
	Above 30 lacs	20	20			
	*PI means Principle Investigate 1. Projects receiving funding fr CCIM,DST,UGC,AYUSH,MU 2. The points for external fundireceived and not on the amount Evidences: Letter of the fund re-	om apex bodies li HS university etc ng project shall be t sanctioned.	are eligible			
3.1.2	Consultancy Projects carried or with minimum amount 10 lacs	t Completed Report	Project	Score 10 t lacs	for every 10	

3.1.3	Project outcome Patents/Technology Transfer/Product/Process	Major policy documents of Gov.Bodies	Score 30 Each
3.1.4	Research Guidance :		
	M.D./M.S.	Degree Awarded	Score 3 Each
		Thesis Submitted	Score 3 Each
	Ph.D.	Degree Awarded	Score 10 Each
		Thesis Submitted	Score 10 Each

Table No.3.2: Research Publications

Sr. No	APIs		API Score Allotted	API Score Gained
	Publications 10			250
	Institute name should appear in the affiliation of a Impact factor calculated by apex body like Google IRDA, Scopusete shall be considered. for multiple co-author equal marks to all	e schola	r, PUBMED	
	The second secon		Author Co-Au	
3.2.1	Refereed Journal with ISSN/ISBN No 1:		10	
3.2.1	Non Refereed Journal but having 10 ISSN/ISBN No		5	
	Refereed Journal with Impact factor less than 1	10	5	
	Refereed Journal with Impact factor 1 to 5 1:		10	
	Refereed Journal with Impact factor 5 to 10	25	20	
	Conference proceeding with ISSN/ISBN 10 No (Only Abstract is not considered)		5	
	Evidences: Research papers front page print			
Sr. No	APIs		API Score Allotted	API Score Gained
	Book and Chapter in Books 01			15
3.2.2	I.Institute name should appear in the affiliation of a Publication with an ISBN no. Shall be desirable In case of multiple author, equal weight age to all	uthor/s		

Publication type	API Score Allotted
International	50 for single author
International Book Chapter	10 for author
National level/ state level publication	25 for single author
National level/ state level book chapter	05 for multiple author
Ayurveda manual	15 For Sole Author
Local Publication with ISBN No.	15 for sole author

Table No 3.3:Training Courses & Conferences/Seminars Papers

Sr. No	APIs		API Score Allotted	API Score Gained
3.3.1	ROTP ,Adv .Research 3.3.1 Methodology,MET,FDP, Short term		20/Each	
2.2.1	Training Courses	One Week Duration	10/Each	30
Invited lectures & Presentations in 3.3.2 Conferences/Seminars/Workshops/Sym		Internation al	10/Each	
	onism	National	10/Each	
		Local	5/Each	30

SUMMARY OF CATEGORY III

RESEARCH AND DEVELOPMENT

Sr. No	Sub Criteria	API score allotted	Faculty self appraisal score	API score verified by authority
3.1	Research Projects	***	177	
3.2	Research Publications	***	265	
3.3	Training Courses & Conferences/Seminars Papers		60	
	Total Score		325	

SUMMARY OF API SCORES

Name of Criteria	Faculty Self-appraisal score: Claimed	API score verified by authority
I. Teaching, Learning and Evaluation Related Activities	90	
II. Co-Curricular, Extension and Professional Development Related Activities	30	
Total of I & II Minimum Score required 90	120	
III. Research and Development	325	
Total Score	445	

SUMMARY SCORES OF LAST 3 YEARS

Sr.No.	Year	API SCORE	Sign of HOD
1	2018-19	427	
2	2019-20	452	
3	2020-21	474	

Undertaking

I ------undertake that the information provided by me is correct as per records submitted to institute or documents enclosed along with the dully filled PBAS proforma.

API Score

Sign of Faculty

Sign of HOD

forragy!

Faculty self-appraisal score: Claimed

API score verified by

Shri, Anneseiteb Dange Ayurved Medice College, Ashta, Tai Walwa, Dist Sangli





Performance Based Appraisal System [PBAS]

SantDnyaneshwarShikshanSantha's

Hon.Shri.Annasaheb Dange Ayurved Medical College & Post Graduate Research Center,

Ashta; Tal: Walwa; Dist: Sangli; India 416301

(Approved by CCIM, New Delhi, Govt. of Maharashtra, Affiliated to Maharashtra University of Health Sciences ,Nashik,Maharashtra)

NAAC Accrediatated

ISO Certified 9001-2015, 14000-2015

Name: Dr.Inamdar Mahesh Prabhakar Department: Rasashastra and

Bhaishajyakalpana

Academic Year: 2021-22 Date of Joining: 03-10-2016

SantDovaneshwarShikshanSanstha, Islampur

Hon.Shri. AnnasahebDange Ayurved Medical College & Post Graduate Research Centre, Ashta. Tal- Walwa, Dist- Sangli(Maharashtra)

Performance Based Apparial System (PBAS) proforma based on Academic Performance Indicators (API) in recruitments and career Advancement Scheme (CAS) promotions of University/Institute Teachers

PART- A: Personal Information (To be written by Faculty)

- Information of part A is to be filled by faculty concerned.
- Personal information with evidence should be submitted & certified byhead of department every year.

PART - B: Performance Appraisal (To be written by head of department)

Remark in Part B of the report will be offered by head of department while offering Part
B, Part A given by faculty should be taken in consideration and should be submitted to
Principal

Part C: Remark of Principal/ Director

- Principal/Director as the case may be, shall give justification for his remarks if he is not satisfied with the remarks of head of department in Part B.
- Principal/Director should submit the report duly completed in all respect, to the executive director and Secretary as the case may be for final review without loss of time so as to complete final review before expiry of tenureof the faculty / Academic year.
- Action will be taken by Principal with Appreciation letter for 20%
 above the average score of all faculties and show cause notice will be
 given for 20% below the average score of faculties.

PART A: FACULTY PROFILE FORM

YEAR OF PERFORMANCEAPPRAISAL: 2021-22 Name : Dr. Dr. Inamdar Mahesh Prabhakar

Email drimp73@gmail.com

Phone: 9422409112, 9422423532

Career Objective

To become a good academician

To conduct Drug Research

To be a good Ayurvedic Drug Manufacturer

Personal Information

Name: Dr. Inamdar MaheshPrabhakar

Designation: HOD and Professor

Date of Birth: 27-071973

Date of Joining: 03-10-2016

· Type of Appointment: Permanent

· University Approval No.:

UG- MUHS/E-3/UG&PG/452/2022 Dated - 18/02/2022

PG- MUHS/E-3/PG/122112/31/09/29/03/2022 Dated 29/03/2022

PhD: - MUHS/UDC/PhD/E-3/1124/2017 Dated: 07/10/2017

MCIM Registration Number: I-28529 A1

NCISM Teacher Code: AYURB00322

Marital Status: Married

· Address For Contact:

House Number 813, Narsoba Lane, A/P- Tasgaon, Dist-

Sangli

· Academic Qualification:

BAMS, MD (Rasashastra), PhD (Scholar)

· Total Experience in Month:

UG- 259

PG- 163

PhD- 58

Educational Background (Highest to Lowest)

Sr. No.	Degree	University	Year	Grade	Relevant Coursework:	
1 M.D. (Rasashastra)		Iniversity	2000	FIRST	Rasashastra	
B.A.M.S.		Shivaji University, Kolhapur	1994	FIRST	Ayurveda	

Work Experience (Current to Previous)

Sr. No	Name of Institute	Name of University	Number of Year	From the Date	Till the Date	Approval Letter Number
1	Hon. Shri Annasaheb Dange Ayurvedic Medical College, Post Graduate and Research Centre, Ashta.	Maharashtra University of Health Sciences, Nashik	5 Years 09 Months	03-10- 2016	02-08-2022	UG- MUHS/E- 3/UG&PG/45 2/2022 PG- MUHS/E- 3/PG/122112/ 31/09/29/03/2 022 PhD: MUHS/UDC/ PhD/E- 3/1124/2017

2	PDEA'S College of Ayurved and Research Centre, Akurdi, Pune	Maharashtra University of Health Sciences, Nashik	4 Years 5 Months	04 - 04- 2012	26-09- 2016	MUHS/E- 3/UG/3204/24 09
3	Hon. Shri Annasaheb Dange Ayurvedic Medical College, Post Graduate and Research Centre, Ashta.	Maharashtra University of Health Sciences, Nashik	4 Years 08 Months	01-08- 2007	03-04- 2012	MUHS/E- 3/UG/3213/22 75
4	Rural Institute of Ayurved Research Center & Hospital, Mayani	Maharashtra University of Health Sciences, Nashik	1 Year 15 Days	14-07- 2006	31 -07- 2007	MUHS/E- 3/3216/26581 3
5	Hon. Shri Annasaheb Dange Ayurvedic Medical College, Post Graduate and Research Centre, Ashta.	Maharashtra University of Health Sciences, Nashik	5 Years 06 Months	01-01- 2001	14-07- 2006	MUHS/E- 3/STAC/1276 MUHS/E- 3213/2002

PG/ Ph.D.Graduate Projects

 Standardization of Manikyarasa (Talasindur) And its Pharmacochemical study with special reference to its Toxicity.

PG students (Guided) -

PhD students (Guided) - 03 (Enrolled)

10

Faculty Development Programmes Attended (CME/FDP/MDP/ROTP/QIP/MET)

Sr.	Name of Programme	Conducted by	Duration (From and To the Date)
1	One week National Faculty Development programme on "Strategies, Tools and Techniques for Online Teaching and Learning Evaluation"	St Francis Institute of Management and Research, Mumbai, Maharashtra, India	9-08-2021 to 14-08-2021
2	Seven days National training on Lab Animals in Bio-Medical research	Department of Animal genetics and Breeding College of Vetarinary and Animal Sciences Parabhani	21-09-2021 to 27-09-2021
3	Two weeks National level Workshop on Microsoft office (Basic to Advanced level)	ESSGEE DIGISKILLS	11-11-2021 to 24-11-2021
4	Two weeks National level Workshop on How to write and get your paper published	ESSGEE DIGISKILLS	20-11-2021 to 03-12-2021
5	Research Workshop on Systematic Review & Meta Analysis	Department of Research, Hon Shri Annasaheb Dange Ayurved Medical College, PostGraduate and Research Centre,Ashta	07-01-2022

6	IP Awareness/Training programme under NATIONAL INTELLECTUAL PROPERTY AWARENESS MISSION	Government of India, Ministry of Commerce and Industry, Department for Promotion of Industry and Internal Trade Office of the Controller General of Patents, Designs and Trade Marks	02-03-2022
7	Certificate course in Training of EPI INFO under the training programme of Epi Info lecture, Demonstration and application Software training programme	Department of Research, Hon Shri Annasaheb Dange Ayurved Medical College, PostGraduate and Research Centre, Ashta	06-12-2021 to 11-12-2021
8	Certificate course on Panchabhoutika Chikitsa	PROAYURVEDA R	20-11-2021 TO 25-12- 2021
9	Certificate course in Clinical Panchakarma	Naturaldays Wellness (Punjab) in collaboration with Dr. T M Gogate Pratisthan, Nasik (Maharashtra)	22-11-2021 to 15-01-2022
10	certificate course of Ayurvedic Gynecology, Obstetrics & Ultrasound	Naturaldays Wellness ISO 9001: 2015 certified organization Regd. Under Ministry of Skill Development and Entrepreneurship, Govt. of India	10-01-2022 to 14-02-2022
11	Certificate course of AYUR BHODHINI – Ayurvedeeya Bhoota Vidya	DIKSHA E- Learning	03-01-2022 to 24-02-2022

12	Certificate course of AYURVEDIC CLINICAL TRICHOLOGY – KESHYA 2022	DIKSHA E- Learning	28-01-2022 to 27-02-2022
13	Certificate course of MATRU RAKSHA 2022- Ante-Natal & Post Natal Care In Ayurveda For IPD & OPD	DIKSHA ACADEMY	13-06-2022 to 23-06-2022

Events Attended/Conducted by faculty (Webinar/Seminar/Workshop/Visit tour/Quiz/Competitions etc.):

Sr No	Name of the event	Date	Organized by	Dura tion	Research Paper Title (if presented)	If paper presen ted (ISBN no)	Atten dance Certi ficate to dept.
I	Basic workshop on Health Sciences Education Technology	06-07- 2021 t0 08-07- 2021	Hon Shri Annasaheb Dange Ayurved Medical College, Ashta approved by MUHS Nashik	03 Days			Yes
2	SAMSIDDHI 2021- International Web Conference	15-08- 2021 to 12-09- 2021	Ayurveda college Coimbatore and DIKSHA – E learning	27 Days			Yes
3	Workshop on principles of conducting real world evidence (RWE) studies	20-08- 2021 and 03-09- 2021	Indian Society for Clinical Research (ISCR)	13 Days			Yes

4	National webinar on Panchakarma, Ayurveda and Astrology	27-08- 2021 Pune	Dr D Y Patil College of Ayurveda and Research Centre, Pimpri	1 Day	Yes
5	International webinar on Medication safety: Pharmacy perspective	25-09- 2021	Annasaheb Dange College of BPharmacy Ashta	I Day	Yes
6	National webinar on Preventive Cardiology on the occasion of World Heart Day	29-09- 2021	Dr D Y Patil College of Ayurveda and Research Centre, Pimpri Pune	1 Day	Yes
7	National webinar on Principles of Swasthvritta 2021	01-10- 2021	Ayurved Seva Sangh, Ayurved Mahavidyala ya, Nashik	I Day	Yes
8	A National Level Essay Writing Competition And Webinar On The Occasion Of "World Heart Day"	01-10- 2021	Parul University Parul Institute Of Ayurved, Vadodara, Gujrat	1 Day	Yes
9	National webinar on Kriyasharir	05-10- 2021	Hon Shri Annasaheb Dange Ayurved Medical College, Ashta approved by MUHS Nashik	1 Day	Yes
10	Two weeks National level Workshop on Research methodology	12-11- 2021 to 28-11- 2021	ESSGEE DIGISKILL S	16 Days	Yes
11	National level workshop on	10-12- 2021 to	ESSGEE DIGISKILL	21 Days	

	Research Methodology (Basic to Advanced level)	30-12- 2021	S		
12	Webinar on IV fluid Management in General Practice	25-12- 2021	National Integrated Medical Association, Maharashtra State Branch	1 Day	
13	Systematic Review and Meta-Analysis	28-12- 2021	Hon Shri Annasaheb Dange Ayurved Medical College, PostGraduate and Research Centre,Ashta	1 Day	Yes
14	National level workshop on Research Methodology	20-12- 2021 to 11-01- 2022	ESSGEE DIGISKILL S	21 Days	Yes
15	National webinar on Organ donation and Body donation : A boon to Humanity	01-01- 2022	Hon Shri Annasaheb Dange Ayurved Medical College, PostGraduate and Research Centre, Ashta	I Day	Yes
16	DRAVYADNYAN AM-2022 National Webinar on DravyagunaVigyan	03-01- 2022	Hon Shri Annasaheb Dange Ayurved Medical College, PostGraduate and Research Centre,Ashta	1 Day	Yes
17	National Webinar on Rasaanusadhan- 2022	27-01- 2022	Department of Rasashastra and Bhaishajyaka	1 Day	Yes

			lpana, B.R. Harne Ayurvedic Medical College, Karav Vangani		
18	Online National Webinar 11 th Samhita Nirupan Samaroh 21-22	29-01- 2022 to 30-01- 2022	ANANT Ayurveda Pratishthan	2 Days	Yes
19	Webinar on Living with Omicron-Role of Family Physician	29-01- 2022	National Integrated Medical Association, Maharashtra State Branch	1 Day	Yes
20	HRIDAYARNAV- 2022 National Webinar on Hridrog Chikitsa	12-02- 2022	Department of Kayachikitsa, Hon Shri Annasaheb Dange Ayurved Medical College, PostGraduate and Research Centre,Ashta	1 Day	Yes
21	ASTROPATH – 2022 National Webinar of Rognidan	15-02- 2022	Dept Of Rognidan Avum Vikriti Vidnyan, Hon Shri Annasaheb Dange Ayurved Medical College, PostGraduate and Research Centre, Ashta	1 Day	Yes
22	An International	26-02-	Vijaya	1 Day	Yes

	Webinar on "SCIENTIFIC WRITING"	2022	Institute of Pharmaceutic al Sciences for Women Enikepadu,, Vijayawada in association with Antiviral Research Society			
23	Webinar on Perinatal care – Multidisciplinary approach for good foetal outcome	26-02- 2022	National Integrated Medical Association, Maharashtra State Branch	1 Day		Yes
24	National Webinar on Chronic Pain Management	11-06- 2022	National Integrated Medical Association, Maharashtra State Branch	1 Day		Yes
25	International Conference on Antiviral Drug design Discovery and Development	25-06- 2022 to 26-06- 2022	Antiviral research Society	2 Days	Preparatio of two different proportions of Triphala churna and its Anti- oxidant property	Yes

Research Papers/Articles

Sr. No.	Title of the paper	Name of the author/auth ors	Departme at of the teacher	Name of the journal	Month & Year of publicatio	ISSN number/Impa et factor etc indexing information	Name of the indexing databas e	Web Link of the recognition in UGC enlistment of the Journal
1	A Review on an important Mineral Gandhaka	Dr Mahesh Inamdar	Rasashast ra	WJPR	August 2021	ISSN 2277- 7105		https://drive.g oogle.com/dri ve/folders/1F3 QtwogObJLK 19zBMPpR- PefuHsL_Ltj? usp=sharing
2	Pharmaceuti cal And Analytical Study Of Ingudi Kshara	Dr Mahesh Inamdar	Rasashast ra	WJPR	Jan 2022	ISSN 2277- 7105		https://drive.g oogle.com/dri ve/folders/1F3 QtwogObJLK 19zBMPpR- PcfuHsL_Ltj? usp=sharing

Book/Book Chapter Publication:

Sr.No.	Title of the book/book Chapter	Name of the author/s	Department of the teacher	Name of the publication	Month & Year of publication	ISSN /ISBN /RNI/DOI etc. indexing information	Link of the recognition in UGC enlistment of the Journal
1	Sankshipta Rasashastr a	Dr Mahesh Inamdar	Rasashastra	Gajanan Publication	October 2021	1SBN 978-93- 85959-51-6.	

Awards/Recognitions:

Sr.No.	Internatio nal/Nation al/State/Lo cal	Name of the award /recognition	Awading agency	Date	Your Contribution	Google drive Link of award/ recognition
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1	Internatio nal	Editorial Board Member	AYUDARPAN	2021-2022	Editorial Board Member	https://drive.goog le.com/file/d/11Q mic5wV8SG6o_S 6294UOMDZQv wZ- 3cp/view?usp=sh aring
2	Internatio nal	Editorial Board Member	World Journal Of Pharmaceutical Research (wjpr)	2021-2022	Editorial Board Member	https://drive.goog le.com/file/d/19Af jFsfndvo42- AkCcS2sXoBd79f uLZ7/view?usp=s haring
3	Internatio nal	Reviewer	AYUDARPAN	2021-2022	Reviewer	https://drive.goog le.com/file/d/11Q mic5wV8SG6o_S 6294UOMDZQv wZ- 3cp/view?usp=sh aring
	Local	Organizing Secretary	ADAMC , Ashta	20-03-2021	Interdisciplinary workshop on Ayurvedic Pharmaceutics	https://drive.goog le.com/file/d/1bw aaBiaWQPOT0v vlBP7Ds7Y4JsPj 6- P7/view?usp=sha ring
5	State	Subject Expert	MUHS, Nashik	01-07-2021	Subject Expert for Walk-in Interview	https://drive.goog le.com/file/d/19f_ MdEpjH63k,JiDn wmJ3idUHFGrH EYYT/view?usp- sharing
6	State	Subject Expert	MUHS, Nashik	08-07-2021	Subject Expert for Walk-in Interview	https://drive.goog le.com/file/d/1EG NKxbsmXdE6NJ 8WMv7TUxsOxT UQ3DG7/view?us p=sharing
7	National	Organizing Secretary	MUHS, Nashik and ADAMC , Ashta	31-08-2021	"BHESHAJAMRU TAM - 2021"	https://drive.goog le.com/file/d/11Mf JIyO9T_nByL_M h4XB0IjCc2xnR E9J/view?usp=sh aring
8	National	Coordinator	MUHS, Nashik and	29-09-2021	"PANCHAGAVY AMRUTAM -	https://drive.goog le.com/file/d/1uoq D2OEWV96mS2j

			ADAMC , Ashta		2021"	wYMOHs4xNQ- mdee7b/view?usp =sharing
9	State	Subject Expert	MUHS, Nashik	30-10-2021	Subject Expert for Walk-in Interview	
11	National	Coordinator	ADAMC , Ashta	21-01-2022	Scientific committee	https://drive.goog le.com/file/d/1UL mVEsMh7jKhctv 8xpL3xqvpyMY YDd4e/view?usp =sharing
12	National	Organizing Secretary	MUHS, Nashik and ADAMC, Ashta	10-02-2022	"BHESHAJASUR AKSHA 2022"	https://drive.goog le.com/file/d/1Tul i7xMc8s3C6iA3 MTYoig7dgzg8iD 2d/view?usp=sha ring
13	Local	Coordinator	ADAMC , Ashta	29-03-2022	Hands on Training	https://drive.goog le.com/file/d/1Uze SGh5QyKju- R8JOd-iGY6- V5ojrDa2/view?u sp=sharing
14	Local	Coordinator	ADAMC , Ashta	11 -06- 2022	Internee Training Pharmcovigilance	https://drive.goog le.com/file/d/1Ez0 84s29TPqzp10M2 OOLdF89rxdqPh 6Q/view?usp=sha ring
15	State	MUHS LIC Member	MUHS, Nashik	12-07-2022	Surprise inspection	https://drive.goog le.com/file/d/1TA zTMXvbHDjTqc OjP- fAWLrERbeqi4d u/view?usp=shari ng
16	State	MUHS LIC Chairman	MUHS, Nashik	15-07-2022	Surprise inspection	https://drive.goog le.com/file/d/1KQ qdUp3iduNQgyQ B_bDCTF1DEeh UAXmu/view?us p=sharing
17	State	Subject Expert	MUHS, Nashik	13-07-2022	Subject Expert for Walk-in Interview	https://drive.goog le.com/file/d/1xm U_unXRgMXtur ZXO-hXO- pT1XvU5elv/view

		?usp=sharing
Worked as Resource Perso	a/Invited Talks/Guest/Expert Lectures	

Sr No	Date of invitation	Date of Event	Organizing institute/Agency	Subject /work	Attendance Certificate to dept.
1	30-03-2021	03-04-2021	ADAMC , Ashta	Resource Person Transitional curriculum	Yes
2	20-05-2021	25 - 05 - 2021 to 27-05- 2021	MUHS, Nashik and ADAMC, Ashta	Resource Person BMRW	Yes
3	10-07-2021	15-07-2021 to 17-07- 2021	MUHS, Nashik and ADAMC, Ashta	Resource Person BMRW	Yes
4	25-007-2021	02-08-2021 to 04-08- 2021	MUHS, Nashik and ADAMC , Ashta	Resource Person BMRW	Yes
5	04-08-2021	07-08-2021	ADAMC , Ashta	Resource Person PhD synopsis writing workshop	Yes
6	05-01-2022	16-01-2022	ADAMC , Ashta	Resource Person Dissertation writing workshop	Yes
7	10-06-2021	15-06-2022	ADAMC , Ashta	Resource Person Synopsis writing workshop	Yes

University Work Experience

- 1. MUHS Convenor for Practical Examination
- MUHS External Examiner for Practical Examination
- Subject Expert for Walk-in Inteview for Staff Selection
- MUHS Local Inspection Committee Member for Surprise Inspection for continuation and Affiliation
- MUHS Local Inspection Committee Chairman for Surprise Inspection for continuation and Affiliation
- Faculty for Basic Research Methodology Workshop

Member Secretary of PhD Advisory committee

Co-Curricular and Extra Curricular Activities

- 75 Crore Surya Namaskar Participated in the 750 Million Suryanamaskar challenge for 21 days
- Organizing Secretary of Slogan competition on the occasion of 8th International Yoga Day conducted by Department of Rasashastra, Hon Shri Annasaheb Dange Ayurved Medical College, Ashta on 21-06-2022
- Workshop on Medicinal Herbs and Minerals in Drugs and Cosmetic production conducted by Department Rasashastra and in collaboration of Rajaram College, Kolhapur on 29-03-2022
- Family Welfare activity during Diwali festival on 03-11-2021
- Shloka recitation Class
- Pharmacovigilance awareness programme for Internees
- Research guidelines for Clinical Departmental P G students
- Participation in cultural, sport activities as a Judge.
- 9. Interdepartmental Research work
- 10. Interdisciplinary workshop

Other Information

- Working as a Member Secretary of Institutional Ethical Committee
- Working as a Coordinator for Institutional Pharmacovigilance Centre

Working as a Teaching Pharmacy Manager – Total formulations 74

Research Projects 4 STRG Projects from MUHS, Nashik

- Physico chemical Analysis of Kajjali and Rasaparpati
- A critical Analytical study of Polyherbal Antidiabetic Formulation- Pramehaghna Churna
- To establishment of Standards of Avrtit Nirgundi Tail
- Analyze Phytochemical Parameter and Antioxidant Activities of Mallikakand

Present status

Professor and Head of the Department

Declaration

I do hereby declare that all the statements made in this CV are true, complete and correct to the best of my knowledge and belief. I understand and agree that in the event of any information being found false or incorrect / incomplete or ineligibility being detected at any time before or after selection.

PART B

Performance Based Appraisal System [PBAS]Based on

Academic Performance Indicators [APIs]

Objectives:

- 1) To be aware of Self Appraisal
- To learn filling up Self-Appraisal forms
- 3) To evaluate and document own performance
- To facilitate career advancement of teachers

Concept: Teachers are well familiar with assessment and evaluation of students. Self appraisal helps to figure out what teacher's strengths and weaknesses are. It allows one to take at an honest look at oneself. It is a process of self evaluation to determine the level of self-efficiency. It is a part of continuing professional development or career advancement. As per UGC Notification 30th June 2010, Approved by Govt. of Maharashtra state vide G.R. dated 15th February 2011.

Please note that:

- All attached forms Part A and Part B MUST be duly certified by the Head of the Department, IQAC and the Principal of the Institute.
- The Microsoft word editable version is provided and uploaded along with this very notification. Same to beused.

PART "B" : API Calculations

GENERAL INFORMATION:

1.	Name	Dr Inamdar Mahesh Prabhakar
2.	Designation	Professor and Head of the Department
3.	Name of the Department / Centre	Rasashastra and Bhaishajyakalpana
4.	Communication Address	Hon Shri Annasaheb Dange Ayurved : Medical College, Post Graduate and Research Center, Ashta
5.	Email Telephone / Mobile number	Mobile no – 9422423532 : Email ID – drimp73@gmail.com

CATEGORY I: TEACHING, LEARNING AND EVALUATION RELATED ACTIVITIES

The teacher is required to give scores based on one's self-assessment for (a) Teaching related activities (b)Domain knowledge (c)Participation in examination and evaluation (d) Contribution in innovative teaching, new courses etc. The minimum score required is 75. The self-assessment score should be based on objectively verificable data wherever possible and will be finalized by screening committee.

Table No 1:Summary Table

	Nature of Activity	M	laximum Scor	e
Sr. No.	ESSENTIAL	Maximum API Score allotted	Self- appraisal Score	Verified API Score By committee
1.1	Lectures, Seminars, Clinics, practical's, nonteaching lectures contact hours undertaken taken as percentage of lectures allocated*	50	45	
1.2	Lectures or other teaching duties in excess of MUHS norms	10	08	
1.3.	Preparation & Imparting of knowledge / instruction as per curriculum; syllabus enrichment by providing the additional resources to students.	20	15	
1.4	Use of participatory & innovative teaching- learning methodologies; updating of subject content, certificate course improvement, etc.	20	15	
1.5	Examination duties (invigilation; Question paper setting, evaluation/ assessment of answer scripts) as per allotment.	25	25	
	Total of (I)	125	108	
	Minimum Score Required	75		

^{*} Lectures & tutorials allocation to add upto the MUHS norms for particular category of teacher.

CATEGORY II:

CO-CURRICULAR, EXTENSION AND PROFESSION DEVELOPMENT RELATED ACTIVITIES

The teacher is required to give scores based on one's self-assessment for co-curricular, extension activities and professional development related contributions. The minimum score required is 15.A list of items and proposed scores is given below. It will be noticed that all teachers can earn scores from number of items where as some activities will be carried out only be one or a

fewteachers. The self-assessment score should be based on objectively verificable data wherever possible and will be finalized by screening committee.

	Nature of Activity	Maximu	ım Score	
Sr. No.	CO-CURRICULAR AND EXTENSION ACTIVITES	Maximum API Score allotted	Self- appraisal Score	Verified API Score By committee
1.	Student related co-curricular, extension and field based activities (such as extension work through NSS, health camps) and other channels, cultural activities, sports, subject related events and counseling etc.	20	10	
2.	Contribution to work of the department and institution through participation in academic and administrative committees andresponsibilities etc.	15	15	
3.	Professional Development activities (such as Conduction of visit tours, Conduction of various programmes such as training courses ,student welfare, soft skills, life skill , value added courses, guest lectures, invitation of talks,membership of associations, general articles not covered in category III below .etc.)	15	15	
	Total of (II)	50	40	
	Minimum Required Score	15		

CATEGORY-III:

RESEARCH AND ACADEMIC CONTRIBUTIONS

RESEARCH ANDDEVELOPMENT

The teacher is required to give scores based on one's self-assessment for research and academic contributions. The minimum score is different for different levels of promotion related to the

university. The self-assessment score should be based on objectively verificable data wherever possible and will be finalized by screening committee.

Table No.3.1: Research Projects

		APIs			API Score Allotted	API Score Gained
	External	funding projects			***	
	Details		API Sco	re Allotte	d per projec	
			For PI*	Co-PIs	a per projec	•
		Rs 50000 to 5 Lac	10 10			-
3.1.1	1 1	5 Lac to 30 Lac	15	15		
33886		Above 30 lacs	20 20			
	2. The por	ST,UGC,AYUSH,MUHS ints for external funding p	project shall be	are eligib		
3.1.2	2. The por received a Evidence	ST,UGC,AYUSH,MUHS ints for external funding p and not on the amount san s: Letter of the fund recei	university etc project shall be ectioned. ved	are eligib e based on	the actual an	nount
3.1.2	2. The por received a Evidence Consultan	ST,UGC,AYUSH,MUHS ints for external funding p and not on the amount san	university etc project shall be actioned.	are eligib e based on	the actual an	nount
3.1.2	2 The por received a Evidence Consultan with mini Project ou Patents/To	ST,UGC,AYUSH,MUHS ints for external funding p and not on the amount san s: Letter of the fund recei acy Projects carried out mum amount 10 lacs	university etc project shall be actioned. ved Completed	are eligib e based on Project ey of	Score 10 f	ount or every 10
	2 The por received a Evidence Consultant with minit Project out Patents/To Transfer/H	ST,UGC,AYUSH,MUHS ints for external funding p and not on the amount san s: Letter of the fund recei ncy Projects carried out mum amount 10 lacs atcome echnology	university etc project shall be actioned. ved Completed Report Major police documents	are eligib e based on Project ey of	Score 10 f	ount or every 10
3.1.3	2 The por received a Evidence Consultant with minit Project out Patents/To Transfer/H	ST,UGC,AYUSH,MUHS ints for external funding p and not on the amount san s: Letter of the fund recei ncy Projects carried out mum amount 10 lacs atcome echnology Product/Process Guidance:	university etc project shall be actioned. ved Completed Report Major police documents	are eligible based on Project ey of	Score 10 f	ount for every 10 Each
3.1.3	2 The por received a Evidence Consultant with minit Project ou Patents/To Transfer/F	ST,UGC,AYUSH,MUHS ints for external funding p and not on the amount san s: Letter of the fund recei ncy Projects carried out mum amount 10 lacs atcome echnology Product/Process Guidance:	university etc project shall be ectioned. ved Completed Report Major polic documents Gov. Bodies	are eligible based on Project Cy of s	Score 10 f lacs Score 30 I	ount for every 10 Each
3.1.3	2 The por received a Evidence Consultant with minit Project ou Patents/To Transfer/F	ST,UGC,AYUSH,MUHS ints for external funding p and not on the amount san s: Letter of the fund recei ncy Projects carried out mum amount 10 lacs atcome echnology Product/Process Guidance:	university etc project shall be ectioned. ved Completed Report Major polic documents Gov.Bodies	are eligible based on Project ey of s arded mitted	Score 10 f lacs Score 30 I	ount for every 10 Each ach

Table No.3.2: Research Publications

Sr. No	APIs	API Score Allotted	API Score Gained
321	Publications		

	2. Imp	tute name should appear in the affil eact factor calculated by apex body , Scopusetc shall be considered multiple co-author equal marks to a	like Googl	e scholar		
		Details per publication			Score Allotte	
				Author	100110000000000000000000000000000000000	hor
		Refereed Journal with ISSN/ISB)		15	10	
		Non Refereed Journal but having ISSN/ISBN No		10	5	
		Refereed Journal with Impact fact than 1	tor less	10	5	
		Refereed Journal with Impact fac	tor 1 to 5	15	10	
		Refereed Journal with Impact factor	5 to 10	25	20	
		Conference proceeding with ISSN No (Only Abstract is not consider		10	5	
	Evide	nces: Research papers front page p	rint		117	
Sr. No		APIs			API Score Allotted	API Score Gained
	Book	and Chapter in Books				110000000000000000000000000000000000000
	Institute name should appear in the affiliation of author/s Publication with an ISBN no. Shall be desirable In case of multiple author, equal weight age to all					
		ication type	API Sco	re Allott	ed	
322	and the second second second	national	the first translation that has been been been been	ngle auth	or	
		national Book Chapter	10 for au			
3,2.2		onal level/ state level publication	The state of the s	ngle auth		
		onal level/ state level book chapter		ultiple au		
	The second second second	veda manual			***	
		Charles the form of the Control of t	15 For Sole Author 15 for sole author			
	Loca	Publication with ISBN No.	15 for so	le author		

Table No 3.3: Training Courses & Conferences/Seminars Papers

Sr. No	APIs	API Score	API
		Allotted	Score
			Gained

3.3.1	ROTP ,Adv .Research Methodology,MET,FDP, Short term	Two Week Duration	20/Each
	Training Courses	One Week Duration	10/Each
3.3.2	Invited lectures & Presentations in Conferences/Seminars/Workshops/Symp	Internation al	10/Each
	onism	National	10/Each
		Local	5/Each

SUMMARY OF CATEGORY III

RESEARCH AND DEVELOPMENT

Sr. No	Sub Criteria	API score allotted	Faculty self appraisal score	API score verified by authority
3.1	Research Projects		40	
3.2	Research Publications	***	345	
3.3	Training Courses & Conferences/Seminars Papers		260+45=305	
	Total Score		690	

SUMMARY OF API SCORES

Name of Criteria	Faculty Self-appraisal score: Claimed	API score verified by authority

I. Teaching, Learning and Evaluation Related Activities	108	
II. Co-Curricular, Extension and Professional Development Related Activities	40	
Total of 1 & II Minimum Score required 90	148	
III. Research and Development	690	
Total Score	838	

SUMMARY SCORES OF LAST 3 YEARS

Sr.No.	Year	API SCORE	Sign of HOD
1	2019-2020	213	
2	2020-2021	453	
3	2021-2022	838	

Undertaking

Dr. Makesh P. Inamdar. undertake that the information provided by me is correct as per records submitted to institute or documents enclosed along with the dully filled PBAS proforma.

API Score

Sign of Faculty

Sign of HOD

Faculty self-appraisal score: Claimed

API score verified by

Cellings, Arthur, 1-1 Course, Disc, Sangli





Performance Based Appraisal System [PBAS]

SantDnyaneshwarShikshanSantha's

Hon.Shri.Annasaheb Dange Ayurved Medical College & Post Graduate Research Center,

Ashta; Tal: Walwa; Dist: Sangli; India 416301

(Approved by CCIM, New Delhi, Govt. of Maharashtra, Affiliated to Maharashtra University of Health Sciences ,Nashik,Maharashtra)

NAAC Accredited

ISO Certified 9001-2015, 14000-2015

Name: Dr. Rupali Patil Department: Kayachikitsa

Academic Year: 2021-22 Date of Joining:07/04/2014

Sant Doyaneshwar Shikshan Sanstha, Islampur

Hon.Shri. AnnasahebDange Ayurved Medical College & Post Graduate Research Centre, Ashta. Tal- Walwa, Dist- Sangli(Maharashtra)

Performance Based Apparial System (PBAS) proforma based on Academic Performance Indicators (API) in recruitments and career Advancement Scheme (CAS) promotions of University/Institute Teachers

PART- A: Personal Information (To be written by Faculty)

- 1. Information of part A is to be filled by faculty concerned.
- Personal information with evidence should be submitted & certified byhead of department every year.

PART - B: Performance Appraisal (To be written by head of department)

Remark in Part B of the report will be offered by head of department while offering Part
B, Part A given by faculty should be taken in consideration and should be submitted to
Principal

Part C: Remark of Principal/ Director

- Principal/Director as the case may be, shall give justification for his remarks if he is not satisfied with the remarks of head of department in Part B.
- Principal/Director should submit the report duly completed in all respect, to the executive director and Secretary as the case may be for final review without loss of time so as to complete final review before expiry of tenureof the faculty / Academic year.
- Action will be taken by Principal with Appreciation letter for 20%
 above the average score of all faculties and show cause notice will be
 given for 20% below the average score of faculties.

PART A: FACULTY PROFILE FORM

YEAR OF PERFORMANCEAPPRAISAL: 2021-22

Name: Dr Rupali Ramadas Patil

Email: rpcoolrupali@gmail.com

Phone: 9225633321_____

Career Objective

Seeking a career to share my knowledge and experience with students and gain more experience into the education and teaching field.

Area of Interest: Teaching and Research

Personal Information

Name: Designation: Assistant Professor (Lecturer)

Sex: Female

Date of Birth: 18/06/1985

Date of Joining: 07/04/2014

Type of Appointment: Temporary

University Approval No. MUHS/E-3/UG & PG/453/2022 Dated 18/02/2022

MUHS/E-3/PG/122112/31/07/733/2022Dated 24/03/2022

MCIM Registration Number: I-56357-A

NCISM Teacher Code: AYKC00364

Nationality: Indian

Marital Status: Unmarried

Address for Contact: A 7, Balwant Niwas, Malai Residency, Vidyanagar, Karad,

Tal-Karad; Dist-Satara; Pin-415124

Contact Numbers: 9225633321, 7218963321

E-Mail: rpcoolrupali@gmail.com

Office Address: Hon. Shri Annasaheb Dange Ayurved Medical College, Ashta

Academic Qualification: MD Kayachikitsa, PhD Scholar Kayachikitsa

Experience:

1. Post held -Medical officer at Saswad RH

NRHM, Tal-Purandar, Dist-Pune

Period of experience- 11/06/2008 to15/03/2011

2. Post held - Lecturer (Assistant professor)

Department- Kayachikitsa

Institution – Hon. Shri. Annasaheb Dange Ayurved Medical college & post graduate center Ashta, Dist-Sangli, State-Maharashtra

Period of experience- 07/04/2014 - Till Date

Total experience in months: 8 years 3 months

Educational Background (Highest to Lowest)

Degree	University	Year	Grade	Relevant Coursework
PG	MUHS, Nashik	2013	Pass	MD Kaychikitsa
UG	MUHS, Nashik	2006	Distinction	B.A.M.S
MA Sanskrit	Tilak MH Pune	2019	Distinction	MA Sanskrit
HSC	Maharashtra state board	2002	Distinction	÷
SSC	Maharashtra state board	2000	Distinction	
	PG UG MA Sanskrit HSC	PG MUHS, Nashik UG MUHS, Nashik MA Sanskrit Tilak MH Pune HSC Maharashtra state board Maharashtra state	PG MUHS, Nashik 2013 UG MUHS, Nashik 2006 MA Sanskrit Tilak MH Pune 2019 HSC Maharashtra state board 2002 SSC Maharashtra state 2000	PG MUHS, Nashik 2013 Pass UG MUHS, Nashik 2006 Distinction MA Sanskrit Tilak MH Pune 2019 Distinction HSC Maharashtra state board 2002 Distinction SSC Maharashtra state 2000 Distinction

Work Experience (Current to Previous)

Sr. No	Name of Institute	Name of University	Number of Year	From the Date	Till the Date	Approval Letter Number
1	Hon. Shri. Annasaheb Dange Ayurved Medical college & post graduate center Ashta, Dist- Sangli, State- Maharashtra	MUHS, Nashik	8 Years 3 months	07//4/2014	Till Today	MUHS/E- 3/UG& PG / 453 /2022 MUHS/E- 3/PG/122112/3 1/07/733/2022

PG/Ph.D.Graduate Projects

Title of PG Thesis:

To study effect of Shadushan Guggulu in the management of Sthoulya (Obesity) with special reference to hyperlipidemia

Title of PhD Thesis:

A Single Arm Clinical Trial of Pathadi Ghanavati and Pathadi Oil in Psoriasis

Faculty Development Programmes Attended (CME/FDP/MDP/ROTP/QIP/MET)

SR	FACULTY DEVELOPMENT	CONDUCTED BY	DURATION
	PROGRAMME		(FROM AND TO
ī	National Webinar On Role of Rasoushadhis in Neurological disorders	Webinar Dhanwantari Ayurved Medical College and Charitable Hospital, Udgir	05/04/2021
2	National Webinar on the Role of Ayurveda in Cardiac Disorders	Webinar Dhanwantari Ayurved Medical College and Charitable Hospital, Udgir	07/04/2021
3	National Webinar on SambitaAvalokan	Hon. Shri. Annasaheb Dange Ayurved Medical College, Ashta (Online)	23/04/2021
4	National Webinar on Medical Ethics for Ayurveda Doctors	Webinar ADAMC, Ashta	28/04/2021
5	National Webinar on Panchakarma Therapy-A Key to Healthy Life	Webinar Dhanwantari Ayurved Medical College and Charitable Hospital, Udgir	30/04/2021
6	National Webinar on Chatushka Methodology an Ideal tool to learn Charaka Samhita	Webinar SDMVMS, Hatta	19/05/2021

7	National Webinar on Thyroid and Urinary Disorders- A clinical View	Webinar Dhanwantari Ayurved Medical College and Charitable Hospital, Udgir	24/05/2021
8	Faculty Development Programme (Manthan)	SAM Global University, M.P	17/06/2021- 19/06/2021
9	Basic Workshop on Health Sciences Education Technology	MUHS, Nashik	06/07/2021- 08/07/2021
10	International Webinar on Charakatu Chikitsite Clinical importance of Charak Samhita	Department of Sanskrit Samhita Siddhant All Government, Aided(govt.),Non aided (private) And Decemed Ayurved Colleges, Maharashtra	13/08/2021
11	Principles and Treatment Approach of RajayakshmaVyadhi	Webinar Dr D. Y PatilSchool of Ayurveda, Pune	20/08/2021
12	National Workshop and Webinar	Webinar	24/08/2021-
	CharakChintan 2021	Dr D. Y PatilVidyapeeth, Pune	28/08/2021
13	Bheshajamrutam-2021	Webinar ADAMC, Ashta	31/08/2021
14	6 Days CME (ROTP-Arogyam) Kayachikitsa	Rashtriya Ayurveda Vidyapeeth Ministry of AYUSH, New Delhi, At-Wardha	20/09/2021- 25/09/2021
15	National Webinar On Panchgavyamrutam-2021	Webinar ADAMC,Ashta	29/09/2021
16	National Webinar On Preventive Cardiology on the occasion of World Heart day	Webinar Dr D. Y PatilVidyapeeth, Pune	29/09/2021
1.7	National Webinar On KriyaSharir	Webinar ADAMC, Ashta	05/10/2021

18	Epi info lecture demonstration and application software training programe	Hon.Shri.AnnasahebDangeAyurved Medical College,Ashta	6 to 11 Dec 2021		
19	First Hand Experience of KutiPraveshikaRasayana	Webinar, Sitaram Ayurveda Research foundation	12/12/2021		
20	Exploring Autoimmune Disorders and its Ayurvedic Management	Webinar, Sitaram Ayurveda Research foundation	19/12/2021		
21	Mastery in Charaka'sPanchashanMahakashaya- Doorway to clinical success	Webinar, Sitaram Ayurveda Research foundation	26/12/2021		
22	Systematic Review & Metaanalysis	matic Review &Metaanalysis Hon. Shri. AnnasahebDangeAyurved Medical College, Ashta			
23	National webinar on PanchkarmaPanchkarmaTatvabodha	Hon. Shri. AnnasahebDangeAyurved Medical College, Ashta	22/01/2022		
24	National weninar on Prevention of Non communicable Diseases w.s r to Diabetes Swasthyajagatam-2022	Hon. Shri. AnnasahebDangeAyurved Medical College, Ashta	29/01/2022		
24	Basic course in Biomedical Research	ICMR-National Institute Of Epidemiology	30/01/2022		
25	Ethics review of health research	ICMR-National Institute Of Epidemiology	09/02/2022		
26	National webinar on Hridrog Chikitsa Hridayarnav -2022	Hon. Shri. AnnasahebDangeAyurved Medical College, Ashta	12/02/2022		
27	Inflammatory Arthritis- Clinical Chalenges	Webinar, Sitaram Ayurveda Research foundation	13/02/2022		
28	Innovative Integrated Approch in Sports Medicine 4 orthopaedic Disorders	Webinar, Sitaram Ayurveda Research foundation	06/03/2022		
29	Scientific Writing in health research	ICMR-National Institute Of	14/03/2022		

		Epidemiology	
30	Diagnosis & Management of Vatavyadhiw.s.r to Panchkarma	Webinar, Sitaram Ayurveda Research foundation	20/03/2022
31	Mangement of liver Cirrhosis Possibilities & Challenges	Webinar, Sitaram Ayurveda Research foundation	27/03/2022
32	Exploring RaktavahaSrotovikar from the background of Vidhishoniteeyam	Webinar, Sitaram Ayurveda Research foundation	03/04/2022
33	'Ayurveda Clinical Practice in the Modern Era - Beyond Prescription' by Dr. Aparna K. MD, Phd (Ay)	Webinar, Sitaram Ayurveda Research foundation	22/05/2022
34	6 Days CME Kayachikitsa Sponsored by, Rashtriya Ayurveda Vidyapeeth, Ministry of AYUSH, Gov. of India	Vaidyaratnam P.S. Varier Ayurveda College, Kottakal, Kerala	16/05/2022 to 21/05/2022
35	'Exploring Ayurvedic Diagnostics - Pureesha Pareeksha in Clinical Practice - an Out of box Approach' by Vaidya Heema Nanavati BAMS, CGO, Certified Yoga Teacher & Evaluator on	Webinar, Sitaram Ayurveda Research foundation	29/05/2022

Events Attended/Conducted by faculty (Webinar/Seminar/Workshop/Visit tour/Quiz/Competitions etc.):

- Basic Workshop on Health Sciences Education Technology, MUHS, Nashik, 06/07/2021-08/07/2021
- Days CME (ROTP-Arogyam) Kayachikitsa, Rashtriya Ayurveda Vidyapeeth Ministry of AYUSH, New Delhi, 20/09/2021-25/09/2021 At-Wardha
- 3. Organizer National Webinar On Panchgavyamrutam-2021,29/09/2021

- CPR Training Programme 14/10/2021
- Co coordinator National Webinar On Pharmacovigilence Bheshaja suraksha-2021, 10/02/2022
- Coordinator National webinar on Hridrog Chikitsa Hridayarnav -2022,12/02/2022
- Days CME (ROTP-Arogyam) Kayachikitsa, Rashtriya Ayurveda Vidyapeeth Ministry of AYUSH, New Delhi, 16/05/2022-21/05/2022 At-Kottakal, Kerala

Research Papers/Articles

Sr. No.	Title of the paper	Name of the author/aut hors	Department of the teacher	Name of the journal	Mont h & Year of public ation	ISSN number/I mpact factor etc indexing informatio n	Name of the indexi ng datab ase	WebLi nk of the recogni tion in UGC enlistm ent of the Journal
1	Treatment Modalities in Ayurveda for Alzheimer disease A Conceptual Study	Dr Rupali Patil	Kayachikitsa	Subhadra Internatio nal Journal	July 2015	ISSN 2395-6798		
2	A Randomize d control comparativ e Phase II,Clinical Study of	Dr Rupali Patil	Kayachikitsa	Indian Journal Of Odyssey Of Ayurvedic Research	2017	ISSN 2456-432X		

	Sthoulya (Obesity) with Shadushan Guggulu w.s.r to Hyperlipide mia						
3	Efficacy of Patrapinda Sweda and Matra Basti (combined therapy) in the manageme nt of Sandhivata (osteoarthri tis)	Dr Rupali Patil	Kayachikitsa	Indian journal of Research In AYUSH and Pharmace utical Science	2017	ISSN 2456-9909 Volume 1 Issue 3	
4	Efficacy of Panchgavy a Ghrita in Psoriatic Arthritis	Dr Rupali Patil	Kayachikitsa	Worldwid e Journals	2017	ISSN 2277-8160 Volume 6 Issue 12	
5	Psoriatric Arthritis- Ayurvedic Review	Dr Rupali Patil	Kayachikitsa	Worldwid e Journals	2018	1SSN 2249-555X 1F:4.894 Volume 8 Issue 1	
6	Role of Jaloukavac haran in	Dr Rupali Patil	Kayachikitsa	Indian Journal Of Research	2018	ISSN 2456-9909 Volume 7	

	Vicharchik a (Eczema) : A Case Study					Issue 4 1F:6.761	
7	Manageme nt Of Vitiligo(Sh vitra) According To Ayurveda	Dr Rupali Patil	Kayachikitsa	AYUSHD HARA An Internatio nal journal of Research In AYUSH and Pharmace utical Science	2019	ISSN: 2393-9583 (P)/ 2393- 9591 (O) Volume 6 Issue 1	
8	Complicati ons Of Diabetes Mellitus Prevention And Its Manageme nt: Ayurvedic View	Dr Rupali Patil	Kayachikitsa	Internatio nal journal of Ayurvedic and herbal Medicine	2019	ISSN 2249-5746 IF:4.415 Volume 9 Issue 4	
9	Manageme nt of Sandhigata vata with Matrabasti and Janubasti	Dr Archana Wadkar Dr Rupali Patil	Kayachikitsa	Internatio nal Journal Of Pharmace utical Research and Applicatio n	March -April 2022	ISSN : 2456-4494 Volume 7 Issue 2	

Book/Book Chapter Publication:

Sr,Na.	Title of the book/book Chapter	Name of the author/s	Department of the teacher	Name of the publication	Month & Year of publication	ISSN/ISBN /RNI/DOI etc. indexing information	Link of the recognition in UGC enlistment of the Journal

Awards/Recognitions:

Sr.No.	Internatio nal/Nation al/State/Lo cal	Name of the award /recognitio n	Awading agency	Date	Your Contribution	Google drive Link award/ recognition
	cal	n				

Worked as Resource Person/Invited Talks/Guest/Expert Lectures

Date of invitation	Date of Event	Organizing institute/Agency	Subject/work	Attendance Certificate to dept.
13/07/2021	15/07/2021- 17/07/2021	Hon. Shri. Annasaheb Dange Ayurved Medical College, Ashta	Faculty for the online Basic Workshop of Research Methodology	Yes
29/07/2021	02/08/2021- 04/08/2021	Hon. Shri. Annasaheb Dange Ayurved Medical College, Ashta	Faculty for the online Basic Workshop of Research Methodology	Yes

University Work Experience

· 1. CAP Co Custodian MUHS Summer Exam

- CAP Custodian MUHS Nasik Winter Exam
- Jr. Supervisor MUHS Nasik Winter Exam.
- University question paper assessment
- · Internal Examiner convener Summer Exam
- · Centre Observer MUHS Nasik Summer Phase II

Co-Curricular and Extra Curricular Activities

1	Panchagavya Chikitsa	Institute level	Coordinator
2	NAAC Criteria VII	Institute level	Member
3	IQAC	Institute level	Member
4	Training and Placement Cell	Institute Level	Member
5	Pharmacovigilance	Institute Level	Member

Other Information

- Kerala Ayurvedic Treatments Including Panchkarma Based On Ashtavaidya Tradition,
 One Month Training At Vaidyaratanam Ayurveda Foundation, Kerala (Aug 2015)
- 2. Online Training Programme

Sr. No	Name of the Courses	SWAYAM Portal	Period
1	Basic Course in Biomedical	ICMR-National Institute Of	16
	Research	Epidemiology	Weeks
2,	Scientific Writing in health	ICMR-National Institute Of	12
	Research	Epidemiology	Weeks
3.	Ethics Review of health	ICMR-National Institute Of	16
	Research	Epidemiology	Weeks

3. Reviewer in Journal

Sr. No	Name of the Journal	Date
1.	Journal of Pharmaceutical Research International	22/12/2021
2.	Journal of Advances in Medical and Pharmaceutical Sciences	26/05/2022

4. Collaborative work

Sr. No	Description
1	Panchagavya Chikitsa Go vidnyan Anusandhan Kendra Devalapar Nagpur
2	Panchbhoutik Chikitsa MOU with Datar Shastri Panchbhoutik Kendra, Sangli

Research Projects

- Research Funded Project (LTRG) A randomized control study of Jatamansi Churna and Shirodhara in the management of Prameha w.s.r. to stress induced Diabetes Mellitus Type II by MUHS Nashik.
- 2. Management of Vitiligo (Shvitra) by Panchgavya Chikitsa

Technical Skills

MSCIT in 2008

Computer Skills

Well acquainted with packages like Microsoft Office Suite, Microsoft word, Power point, Microsoft Excel & Other relevant Programs etc.

Consultancy Work

Dhanwantari Hospital Ashta

Present status

Working as Lecturer in Department of Kayachikitsa

Declaration

I do hereby declare that all the statements made in this CV are true, complete and correct to the best of my knowledge and belief. I understand and agree that in the event of any information being found false or incorrect / incomplete or ineligibility being detected at any time before or after selection.

Signature

PART B

Performance Based Appraisal System [PBAS]Based on

Academic Performance Indicators [APIs]

- Objectives: 1) To be aware of Self Appraisal
 - 2) To learn filling up Self-Appraisal forms
 - 3) To evaluate and document own performance
 - 4) To facilitate career advancement of teachers

Concept: Teachers are well familiar with assessment and evaluation of students. Self appraisal helps to figure out what teacher's strengths and weaknesses are. It allows one to take at an honest look at oneself. It is a process of self evaluation to determine the level of self-efficiency. It is a part of continuing professional development or career advancement. As per UGC Notification 30th June 2010, Approved by Govt. of Maharashtra state vide G.R. dated 15th February 2011.

Please note that:

- 1. All attached forms Part A and Part B MUST be duly certified by the Head of the Department, IQAC and the Principal of the Institute.
- 2. The Microsoft word editable version is provided and uploaded along with this very notification. Same to beused.

PART "B" : API Calculations

GENERAL INFORMATION:

Name	:	DR RUPALI RAMADAS PATIL
Designation		ASSISTSNT PROFESSOR
Name of the Department / Centre	:	KAYACHIKITSA
Communication Address	:	A/7 BALWANT NIWAS MALAI RESIDENCY VIDYANAGAR, KARAD
Email Telephone / Mobile number	1.43	rpcoolrupali@gmail.com 9225633321/7218963321

CATEGORY I: TEACHING, LEARNING AND EVALUATION RELATED ACTIVITIES

The teacher is required to give scores based on one's self-assessment for (a) Teaching related activities (b)Domain knowledge (c)Participation in examination and evaluation (d) Contribution in innovative teaching, new courses etc. The minimum score required is 75. The self-assessment score should be based on objectively verificable data wherever possible and will be finalized by screening committee.

Table No 1:Summary Table

	Nature of Activity	M	laximum Scor	re
Sr. No.	ESSENTIAL	Maximum API Score allotted	Self- appraisal Score	Verified API Score By committee
1.1	Lectures, Seminars, Clinics, practical's, nonteaching lectures contact hours undertaken taken as percentage of lectures allocated*	50	45	
1.2	Lectures or other teaching duties in excess of MUHS norms	10	05	

instruction as per curriculum; syllabus enrichment by providing the additional resources to students.			
Use of participatory & innovative teaching- learning methodologies; updating of subject content, certificate course improvement, etc.	20	10	
Examination duties (invigilation; Question paper setting, evaluation/ assessment of answer scripts) as per allotment.	25	20	
Total of (I)	125	90	
Minimum Score Required	75		
	enrichment by providing the additional resources to students. Use of participatory & innovative teaching-learning methodologies; updating of subject content, certificate course improvement, etc. Examination duties (invigilation; Question paper setting, evaluation/ assessment of answer scripts) as per allotment. Total of (1)	enrichment by providing the additional resources to students. Use of participatory & innovative teaching-learning methodologies; updating of subject content, certificate course improvement, etc. Examination duties (invigilation; Question paper setting, evaluation/ assessment of answer scripts) as per allotment. Total of (I) 125	enrichment by providing the additional resources to students. Use of participatory & innovative teaching-learning methodologies; updating of subject content, certificate course improvement, etc. Examination duties (invigilation; Question paper setting, evaluation/ assessment of answer scripts) as per allotment. Total of (I) 125 90

^{*} Lectures & tutorials allocation to add upto the MUHS norms for particular category of teacher.

CATEGORY II:

CO-CURRICULAR, EXTENSION AND PROFESSION DEVELOPMENT RELATED ACTIVITIES

The teacher is required to give scores based on one's self-assessment for co-curricular, extension activities and professional development related contributions. The minimum score required is 15.A list of items and proposed scores is given below. It will be noticed that all teachers can earn scores from number of items where as some activities will be carried out only be one or a fewteachers. The self-assessment score should be based on objectively verificable data wherever possible and will be finalized by screening committee.

	Nature of Activity	Maximu	m Score	
Sr. No.	CO-CURRICULAR AND EXTENSION ACTIVITES	Maximum API Score allotted	Self- appraisal Score	Verified API Score By committee

	Minimum Required Score	15	
	Total of (II)	50	30
3.	Professional Development activities (such as Conduction of visit tours, Conduction of various programmes such as training courses, student welfare, soft skills, life skill, value added courses, guest lectures, invitation of talks, membership of associations, general articles not covered in category III below .etc.)	15	10
2.	Contribution to work of the department and institution through participation in academic and administrative committees and responsibilities etc.	15	10
1.	Student related co-curricular, extension and field based activities (such as extension work through NSS, health camps) and other channels, cultural activities, sports, subject related events and counseling etc.	20	10

CATEGORY-III:

RESEARCH AND ACADEMIC CONTRIBUTIONS

RESEARCH AND DEVELOPMENT

The teacher is required to give scores based on one's self-assessment for research and academic contributions. The minimum score is different for different levels of promotion related to the university. The self-assessment score should be based on objectively verificable data wherever possible and will be finalized by screening committee.

Table No.3.1: Research Projects

Sr. No	APIs	API Score Allotted	API Score Gained
2.1.1	External funding projects		10
3,1,1			

	Details	API Seo	re Allotte	d per project
		For PI*	Co-PIs	101 1020000
	Rs 50000 to 5 Lac	10	10	
	5 Lac to 30 Lac	15	15	
	Above 30 lacs	20	20	
	The points for external fund received and not on the amoun Evidences: Letter of the fund	t sanctioned.		
3.1.2	Consultancy Projects carried o	ut Completed	Project	
3.1.2		ut Completed	Project	Score 10 for every 10 lacs
3.1.2	Consultancy Projects carried o	ut Completed	cy of	
233300	Consultancy Projects carried o with minimum amount 10 lacs Project outcome Patents/Technology	ut Completed Report Major polic documents	cy of	lacs
3.1.3	Consultancy Projects carried o with minimum amount 10 lacs Project outcome Patents/Technology Transfer/Product/Process	ut Completed Report Major polic documents	cy of s	lacs
3.1.3	Consultancy Projects carried o with minimum amount 10 lacs Project outcome Patents/Technology Transfer/Product/Process Research Guidance :	ut Completed Report Major polic documents Gov. Bodie	of s	Score 30 Each
3.1.3	Consultancy Projects carried o with minimum amount 10 lacs Project outcome Patents/Technology Transfer/Product/Process Research Guidance :	ut Completed Report Major polic documents Gov. Bodie	of s varded mitted	Score 30 Each Score 3 Each

Sr.	Funding Agency	Sanction date	Total Amount
No			Received
1	MUHS, Nashik	13/11/2019	20,000/-

Table No.3.2: Research Publications

Sr. No		APIs				API Score Gained		
	Public	ations			Allotted	155		
	2. Impa IRDA,	tute name should appear in the affil act factor calculated by apex body Scopusetc shall be considered. nultiple co-author equal marks to a	like Googl		r, PUBMED	, DHARA		
		Details per publication		and the second s	Score Allotte	ed		
				Autho	r Co-Aut	hor		
3.2.1		Refereed Journal with ISSN/ISBN	l No	15	10	- 1		
		Non Refereed Journal but having ISSN/ISBN No		10	5			
	Refereed Journal with Impact factor less than 1		10	5				
	Refereed Journal with Impact factor 1 to 5		15	10				
	Refereed Journal with Impact factor 5 to 10			25	20			
	Conference proceeding with ISSN/ISBN No (Only Abstract is not considered)			10	5			
	Evidences: Research papers front page print							
Sr. No		APIs			API Score Allotted	API Score Gained		
	Book a	and Chapter in Books						
	1.Instit 2. Publ	tute name should appear in the affil lication with an ISBN no. Shall be se of multiple author, equal weight	desirable	uthor/s				
	Publi	cation type	API Sco	ore Allotted				
222	1	ational	50 for sin					
3.2.2	Intern	ational Book Chapter	10 for au	thor				
		nal level/ state level publication	25 for sir	ngle auth	nor			
		nal level/ state level book chapter	05 for m	-				
		veda manual	15 For S					
	Local	Publication with ISBN No.	15 for so	le autho	r			
	Evider	ices: Book cover page						

Sr. No	Title of the paper	Level of Seminar/ Journal	ISSN/ISBN No./Index/ IF	Name of the Institute/Journ al	Period/ Date of Publication
1	Treatment Modalities in Ayurveda for Alzheimer disease A Conceptual Study	Subhadra, International Journal,	ISSN 2395-6798	Hon. Shri. Annasaheb Dange Ayurved Medical college & post graduate center Ashta, Dist- Sangli	July 2015
2	A Randomized control comparative Phase II,Clinical Study of Sthoulya (Obesity) with Shadushan Guggulu w.s.r to Hyperlipidemia	Indian Journal Of Odyssey Of Ayurvedic Research; International	ISSN 2456-432X	Indian Journal Of Odyssey Of Ayurvedic Research	2017
3	Efficacy of Patrapinda Sweda and Matra Basti (combined therapy) in the management of Sandhivata (osteoarthritis)	Indian journal of Research In AYUSH and Pharmaceutica I Science International	ISSN 2456-9909 Volume 1 Issue 3	Indian journal of Research In AYUSH and Pharmaceutical Science	2017
4	Efficacy of Panchgavya Ghrita in Psoriatic Arthritis	Global journal of research analysis International	ISSN 2277-8160 Volume 6 Issue 12	Worldwide Journals	2017
5	Psoriatric Arthritis- Ayurvedic Review	Indian Journal Of Applied	ISSN 2249-555X	Worldwide Journals	2018

		Research	IF:4.894 Volume 8 Issue 1		
6	Role of Jaloukavacharan in Vicharchika (Eczema): A Case Study	Indian Journal Of Research	ISSN 2456-9909 Volume 7 Issue 4 IF:6.761	Indian Journal Of Research	2018
7	Management Of Vitiligo(Shvitra) According To Ayurveda	International	ISSN: 2393- 9583 (P)/ 2393-9591 (O) Volume 6 Issue 1	AYUSHDHAR A An International journal of Research In AYUSH and Pharmaceutical Science	2019
8	Complications Of Diabetes Mellitus Prevention And Its Management: Ayurvedic View	International	ISSN 2249-5746 IF:4,415 Volume 9 Issue 4	International journal of Ayurvedic and herbal Medicine	2019
9	Management of Sandhigatavata with Matrabasti and Janubasti	International	ISSN : 2456- 4494 Volume 7 Issue 2	International Journal Of Pharmaceutical Research and Application	March- April 2022

Table No 3.3:Training Courses & Conferences/Seminars Papers

Sr. No	APIs		API Score Allotted	API Score Gained
3.3.1	ROTP ,Adv .Research Methodology,	Two Week Duration	20/Each 60	
71775	MET,FDP, Short term Training Courses	One Week Duration	10/Each	40
3.3.2	Invited lectures & Presentations in Conferences/Seminars/Workshops/	Internation al	10/Each	*
	Symponism	National	10/Each	-
		Local	5/Each	10

Sr. No	Course/ Program	Duration	Place	Period
1	Charak Chintan 2021	Dr D Y Patil University Pune	24/08/2021 28/08/2021	One week
2	6 Days CME (Rotp- Arogyam) Kayachikitsa	Organized by, Rashtriya Ayurveda Vidyapeeth Ministry of AYUSH, New Delhi, At-Wardha	20/09/2021- 25/09/2021	One Week
3	Epi info lecture demonstration and application software training programe	Hon. Shri. Annasaheb Dange Ayurved Medical College, Ashta	6/12/2021- 11/12/2021	One Week
4	6 Days CME (ROTP- Arogyam) Kayachikitsa	Organized by, Rashtriya Ayurveda Vidyapeeth Ministry of AYUSH, New Delhi, At-Kottakal, Kerala	16/05/2022- 21/05/2022	One Week

Sr. No	Name of the Courses	SWAYAM Portal	Period
1	Basic Course in Biomedical	ICMR-National Institute Of Epidemiology	16
	Research		Weeks

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2.	Scientific Writing in health Research	ICMR-National Institute Of Epidemiology	12 Weeks
3.	Ethics Review of health Research	ICMR-National Institute Of Epidemiology	16 Weeks

Sr	Faculty Development Programme	Conducted By	Duration (From And To The Date)	Period
1	National Webinar On Role of Rasoushadhis in Neurological disorders	Webinar Dhanwantari Ayurved Medical College and Charitable Hospital, Udgir	05/04/2021	1 Day
2	National Webinar on the Role of Ayurveda in Cardiac Disorders	Webinar Dhanwantari Ayurved Medical College and Charitable Hospital, Udgir	07/04/2021	1 Day
3	National Webinar on Samhita Avalokan	Hon. Shri. Annasaheb Dange Ayurved Medical College, Ashta (Online)	23/04/2021	1 Day
4	National Webinar on Medical Ethics for Ayurveda Doctors	Webinar ADAMC, Ashta	28/04/2021	1 Day
5	National Webinar on Panchakarma Therapy-A Key to Healthy Life	Webinar Dhanwantari Ayurved Medical College and Charitable Hospital, Udgir	30/04/2021	1 Day
6	National Webinar on Chatushka Methodology an Ideal tool to learn Charaka Samhita	Webinar SDMVMS, Hatta	19/05/2021	1 Day

7	National Webinar on Thyroid and	Webinar	24/05/2021	1 Day
	Urinary Disorders- A clinical View	Dhanwantari Ayurved Medical College and		
		Charitable Hospital, Udgir		
8	Faculty Development Programme (Manthan)	SAM Global University, M.P.	17/06/2021- 19/06/2021	3 Days
9	Basic Workshop on Health Sciences Education Technology	MUHS, Nashik	06/07/2021- 08/07/2021	3 Days
10	International Webinar on Charakatu Chikitsite Clinical importance of Charak Samhita	Department of Sanskrit Samhita Siddhant All Government, Aided(govt.),Non aided (private) And Decemed Ayurved Colleges, Maharashtra	13/08/2021	1 Day
11	Principles and Treatment Approach of RajayakshmaVyadhi	Webinar Dr D. Y PatilSchool of Ayurveda, Pune	20/08/2021	1 Day
12	National Workshop and Webinar Charak Chintan 2021	Webinar Dr D. Y PatilVidyapeeth, Pune	24/08/2021- 28/08/2021	1 Day
13	Bheshajamrutam-2021	Webinar ADAMC, Ashta	31/08/2021	1 Day
15	National Webinar On Panchgavyamrutam-2021	Webinar ADAMC,Ashta	29/09/2021	1 Day
16	National Webinar On Preventive Cardiology on the occasion of World Heart day	Webinar Dr D. Y PatilVidyapeeth, Pune	29/09/2021	1 Day
17	National Webinar On Kriya Sharir	Webinar	05/10/2021	1 Day

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		ADAMC, Ashta		
18	First Hand Experience of Kuti Praveshika Rasayana	Webinar, Sitaram Ayurveda Research foundation	12/12/2021	1 Day
19	Exploring Autoimmune Disorders and its Ayurvedic Management	Webinar, Sitaram Ayurveda Research foundation	19/12/2021	1 Day
20	Mastery in Charaka's Panchashan Mahakashaya-Doorway to clinical success	Webinar, Sitaram Ayurveda Research foundation	26/12/2021	1 Day
21	Systematic Review & Metaanalysis	Hon. Shri. AnnasahebDangeAyurved Medical College, Ashta	07/01/2022	1 Day
22	National webinar on PanchkarmaPanchkarmaTatvabodha	Hon Shri AnnasahebDangeAyurved Medical College, Ashta	22/01/2022	1 Day
23	National weninar on Prevention of Non communicable Diseases w.s r to Diabetes Swasthyajagatam-2022	Hon. Shri. AnnasahebDangeAyurved Medical College, Ashta	29/01/2022	1 Day
24	National webinar on Hridrog Chikitsa Hridayarnav -2022	Hon. Shri. Annasaheb DangeAyurved Medical College, Ashta	12/02/2022	I Day
25	Inflammatory Arthritis- Clinical Chalenges	Webinar, Sitaram Ayurveda Research foundation	13/02/2022	1 Day
26	Innovative Integrated Approach in Sports Medicine for orthopedic Disorders	Webinar, Sitaram Ayurveda Research foundation	06/03/2022	1 Day
27	Diagnosis & Management of Vatavyadhiw.s.r to Panchkarma	Webinar, Sitaram Ayurveda Research foundation	20/03/2022	1 Day

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28	Mangement of liver Cirrhosis Possibilities & Challenges	Webinar, Sitaram Ayurveda Research foundation	27/03/2022	1 Day
29	Exploring RaktavahaSrotovikar from the background of Vidhishoniteeyam	Webinar, Sitaram Ayurveda Research foundation	03/04/2022	1 Day
30	'Ayurveda Clinical Practice in the Modern Era - Beyond Prescription' by Dr. Aparna K. MD, Phd (Ay)	Webinar, Sitaram Ayurveda Research foundation	22/05/2022	1 Day
31	'Exploring Ayurvedic Diagnostics - Pureesha Pareeksha in Clinical Practice - an Out of box Approach' by Vaidya Heema Nanavati BAMS, CGO, Certified Yoga Teacher & Evaluator on	Webinar, Sitaram Ayurveda Research foundation	29/05/2022	1 Day

Date of invitation	Date of Event	Organizing institute/Agency	Subject/work	Attendance Certificate to dept.
13/07/2021	15/07/2021- 17/07/2021	Hon. Shri. Annasaheb Dange Ayurved Medical College, Ashta	Faculty for the online Basic Workshop of Research Methodology	Yes
29/07/2021	02/08/2021- 04/08/2021	Hon. Shri. Annasaheb Dange Ayurved Medical College, Ashta	Faculty for the online Basic Workshop of Research Methodology	Yes

SUMMARY OF CATEGORY III

RESEARCH AND DEVELOPMENT

Sr. No	Sub Criteria	API score allotted	Faculty self appraisal score	API score verified by authority
3.1	Research Projects		10	
3.2	Research Publications	777	155	
3.3	Training Courses & Conferences/Seminars Papers		110	
	Total Score		275	

SUMMARY OF API SCORES

Name of Criteria	Faculty Self-appraisal score: Claimed	API score verified by authority
I. Teaching, Learning and Evaluation Related Activities	90	
II. Co-Curricular, Extension and Professional Development Related Activities	30	
Total of I & II Minimum Score required 90	120	
III. Research and Development	275	
Total Score	395	

SUMMARY SCORES OF LAST 3 YEARS

Sr.No.	Year	API SCORE	Sign of HOD
1	2018-19	348	Z48
2	2019-20	373	573
3	2020-21	364	364

Undertaking

API Score

PRIALE

Sign of Faculty

Faculty self-appraisal score: Claimed

Sign of HOD

API score verified by

Start, Annasakeb Dange Ayurved Medical College, Askita, Tul Walva, Dist, Sanoli