

**Inter departmental
collaboration activity
(2022-23)**

An inter departmental activity between Kriyasharir department and Dravyagun department of ADAMC, Ashta .

Under the guidance of – Dr.Amit Pethkar (Prof. & HOD, Kriyasharir Dept.)

Beneficiary – 100 students from 1st BAMS

Ex.Period – 01 Nov 2022 to 30 Dec. 2022

Title –

“To acumen the students about the Pathyahaar with special reference to Prakruti.”

Purpose for activity –

To achieve high standards in the field of Ayurveda based Education.”

To cooperate among departments of the organization for achieving integration of education, research and clinical care .

Aim -

“To acumen the students about the Pathyahaar with special reference to Prakruti.”

Objectives -

To optimize the talents and skills within the students.

To achieve progress in students by nourishing them with vast knowledge.

Activity Plan –

As soon as the Prakruti chapter taught completely to the students in the second term they get idea to find out the prakuti type of any individual.

Then according the type of Prakruti they must know the type of diet recommended for particular prakruti.

So with the detail knowledgw of rasa, virya, vipak and Prabhav of the special recommended dravya for particular prakruti the student gets ease for advising Pathyahar to the person.

Also the student get the clear idea about the cause of some dravya which are contraindicated for particular prakruti .

The information related to Dosha predominancy and Rasayana dravya will also give benefit for the students while writing the Pathyapathya Kalpana.

This is the inter departmental MOU between Sharir Kriya Department and Dravyaguna Department.

D) Purpose & scope :

The purpose of this MOU is to clarify the identity and roles and responsibilities of each party as they are related to ADAMC,Ashta.

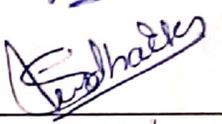
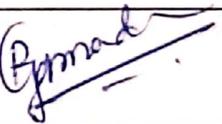
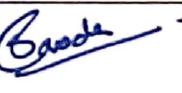
In particular this MOU is intended to:

- To optimize the talents and skills within the students.
- To achieve progress in students by nourishing them with vast knowledge.

II) Responsibilities under this MOU :

- Sharir Kriya Department will give the knowledge of Prakruti pareekshana both theoretically as well as practically.
- Dravyaguna Department will give the knowledge regarding Pathya and Apatha ahar and rasayana dravyas recommended for particular prakruti.

We undersigned faculties declair that we are agree and acknowledge to give our best for above mentioned responsibilities.

Sr.No.	Name	Sing.
1	Dr.Amit S. Pethkar (HOD.,Professor Kriya Sharir Department)	
2	Dr.Sarika S.Kandharkar (HOD.,Professor Dravyaguna Department)	
3	Dr.Ashwini R.Patil (Associate Professor Kriya Sharir Department)	
4	Dr.Ashwin Gurav (Associate Professor Dravyaguna Department)	
5	Dr.Raj Ahamad G. Jamadar (Assistant Professor Kriya Sharir Department)	
6	Dr.Sarita Gavade (Assistant Professor Dravyaguna Department)	

Outcome of the event –

- The students got the good knowledge of Prakruti and detail description of what and how to advice the Pathyahaar to person.
- It will also help them to maintain swasthya of their own and familiers.
- The aim of the event is well achieved.
- The students show their intrest to conduct such activities in future.

Annasaheb Dange

PRINCIPAL

**Shri. Annasaheb Dange Ayurved Medica.
College, Ashta, Tal. Walwa, Dist. Sangli**



Sant Dnyaneshwar Shikshan Sanstha's
Hon. Shri. Annasaheb Dange Ayurved Medical College
& Post Graduate Research Center
A/p : Ashta, Tal. : Walwa, Dist : Sangli - 416 301
Website : www.adameashta.com E-mail : ashta.adamea@gmail.com
NAAC Accredited ISO Certified 9001-2015, 14000-2015



INTER DEPARTMENTAL COLLABORATION ACTIVITY

Date: 25/11/2022

Dr. Sarika S. Kandharkar



Date: 11/11/2022

Dr. Sarita Gavade

