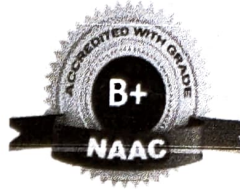




Sant Dnyaneshwar Shikshan Sanstha's
Hon. Shri. Annasaheb Dange Ayurved Medical College
Post Graduate & Research Centre
A/P: Ashta, Tal: Walwa, Dist: Sangli – 416 301
Web site: www.adamcashta.com E-mail: ashta.adamc@gmail.com
NAAC Accredited ISO Certified 9001-2015, 14001-2015



PANCHAKARMA PRAVESHAM
A CERTIFICATE COURSE IN PANCHAKARMA
BATCH 2022-23 (95)

ACTIVITY REPORT

Title of Event: - "Panchakarma Pravesham Certificate Course – 2022-2023"

Date: - 01/12/2022 to 19/12/2022

Time: - Daily 2 hours

Duration: -32 hours

Eligibility: - Students Passed IIIrd B.A.M.S.

Venue: - Hon. Shri. Annasaheb Dange Ayurved Medical College & PG Research Institute, Ashta.

Objectives of Event:-

- 1) Arousing interest of Panchakarma for the perfection & facts during course.
- 2) Students able to know and perform various procedures of Panchakarma with details.
- 3) To provide practical knowledge along with technical skills regarding the Panchakarma procedures & their complications.
- 4) Students will able to prepare medicines or preparations required for Panchakarma procedures.
- 5) Students will thoroughly learn Do's and Don'ts about Panchakarma procedures.

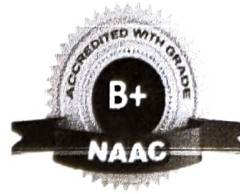
Description of Event: -

As per the routine academic calendar of Panchakarma Department, since last 8 years this course has been regularly conducted. Panchakarma Pravesham Course-2022-2023 arranged by Department of Panchakarma of Hon. Shri. Annasaheb Dange Ayurved Medical College & Post Graduate Research Center, Ashta, Tal: Walwa Dist: Sangli, Maharashtra for the Batch 2022-23 (95). It was organized offline in classrooms and in Panchakarma Theatres as per need of course for IVth B.A.M.S. students. The eligible participants should be passed IIIrd B.A.M.S. The Course duration was 32 hours which started from 01/12/2022 to 19/12/2022.



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Total 95 students were participated. The Course started with HOD Panchakarma, Vd. Alaknanda Kulkarni introductory session about current Course.

Total 32 lectures of 1 hour were taken by faculties of Panchakarma Department; Vd. Alaknanda Kulkarni, Vd. Archana Wadkar, Vd. Shankar Mane, Vd. Jayant Marpallikar, Vd. Aparna Admuthé; which includes PPT presentations in classrooms and Demo of procedures in Panchakarma theatres. The syllabus of Course is purely practical base oriented. Throughout Course i.e. for 16 days, students participated enthusiastically in Theory and Demo classes along with students completed given assignments regularly.

Different activities were taken during the course like Ekadashavidha Pariksha activity taken to improve clinical examination knowledge. Through Saamata & Niraamata activity students are able to know contraindications and indications of Panchakarma procedures. Students learn different Panchakarma procedures in Bahudoshawastha by this activity. For above 3 activities Short Report also prepared. Students were performed Purvakarma procedures like Abhyanga, Udvartana, Kati Basti, Nadi Sweda, Kaya Seka, Upanaha, Pinda Swedas etc. followed by instructions for corrections regarding procedural technical skills by the faculties. Demonstrations of Pradhana Karmas like of Preparation of Pottali, Video Demo Sadyo Vamana Karma, Preparation of Basti Dravya and Administration of Basti along with Demo of Nasya Karma, Jaloukavacharana, Siravyadhana, Lepa etc were taken. Last two sessions dealt with Pathya Sankalpana and Rasayana Chikitsa.

On the last day of course i.e. on 19/12/2022, Post Course test taken to evaluate critical understanding & comprehension. After test; Certificate Distribution Programme was arranged. The programme chaired by Vd. Amit Pethkar - Principal, Vd. Vijay Dange – Administrative Officer, Vd. Sunil Chavan - ADAMC Course Incharge, Vd. Alakananda Kulkarni - Panchakarma Pravesham Course Co-ordinator, Vd. Dattatray Nikam - IVth year in charge and other faculties of Panchakarama Department. Welcome speech given by Vd. Alakananda Kulkarni, followed by Administrative Officer & Add on Course Co-ordinator remarks' about Course & use of Panchakarma in day-to-day practice. Then certificates distributed by the hand of Chair Person Vd. Amit Pethkar, Vd. Vijay Dange, Vd. Sunil Chavan, Vd. Dattatray Nikam & faculties of Panchakarama.

Feedback were taken from students about course, on points such as; idea of hands on work, percentage of new information, self assessment by Saamta - Niramata and Ekadash Vidha Pariksha, thoroughly understanding of instruments, Equipments & Drugs used in demonstration and video clips, compare this course to your expectations, satisfactorily Doubt clarification, self handling of procedures, recommend this course to other & lastly remarks. Total 90 students have given Feedback. Feedback Analysis Report mentioned in table form as follows;



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FEEDBACK ANALYSIS REPORT

SR. NO	QUESTION	REMARKS	PERCENTAGE (%)
1	Do you like an idea of hands on work pioneer course of Panchakarma Pravesham?	Yes	100%
		No	-
2	What percentage of information was new to you?	100%	15.6 %
		75%	48.9 %
		50%	35.6 %
		25%	1.1 %
3	Whether through self assessment Saam Niramata and Ekadash Vidha Pariksha was acceptable?	Yes	100%
		No	-
4	Instruments, Equipments & Drugs used in demonstration and video clips were thoroughly understood?	Yes	100%
		No	-
5	How did you compare this course to your expectations?	Excellent	34.4%
		Good	65.6%
		Fair	-
		Poor	-
6	Doubts are clarified satisfactorily?	Yes	98.9%
		No	1.1%
7	Do you like self handling of procedures?	Excellent	42.2%
		Good	55.6%
		Fair	1.1%
		Poor	1.1%
8	How likely are you to recommend this course to other?	Yes	98.9%
		No	1.1%

[Signature]
HOD

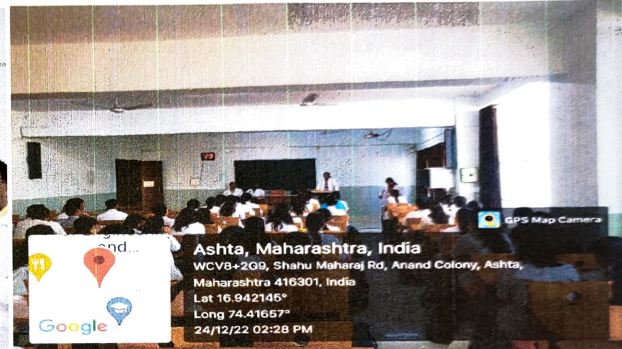
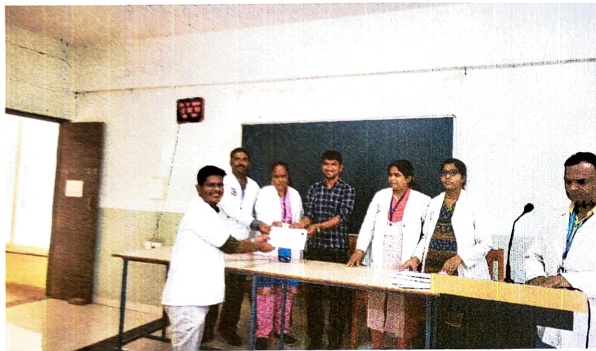
Panchkarma rep
Hon. Shri. Annasaheb
Dange Ayurved Medical
College & PGRC Ashta

[Signature]
PRINCIPAL

Shri. Annasaheb Dange Ayurved Medical
College, Ashta, Tal. Walwa, Dist. Sangli



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