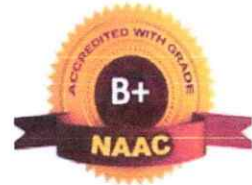




Sant Dnyaneshwar Shikshan Sanstha's  
**Hon. Shri. Annasaheb Dange Ayurved Medical College  
& Post Graduate Research Center**  
A/p : Ashta, Tal. : Walwa, Dist : Sangli – 416 301  
Website : [www.adamc.ac.in](http://www.adamc.ac.in) E-mail : [ashta.adamc@gmail.com](mailto:ashta.adamc@gmail.com)  
NAAC Accrediated ISO Certified 900√-20√5, √400√-20√5



Date- 28/01/2023

## ACTIVITY REPORT

**Title of Event / Activity:- Awareness Programme on Personal Hygiene**

**Organized by the Department – Swasthavritta & Yoga (ADAMC, Ashta)**

**Date:-04/03/2023 Time:- 2.30 pm – 3.30 pm Duration:- 1 Hours**

**Venue:- Auditorium Hall, 2<sup>nd</sup> floor.**

Hon. Shri. Annasaheb Dange Ayurved Medical College, Ashta.

**Subject:** Conducting Personal Hygiene awareness session

**Objectives of event / activity:-**

- To promote practices of Personal Hygiene.
- To build up healthy society by propagating importance of Personal Hygiene..
- To making up of our society physically sound.

### **Description:**

With Principal sir's permission Department of Swasthavritta & Yoga ADAMC, conducted the **Awareness Programme on Personal Hygiene.** at Hon. Shri Annasaheb Dange Ayurved Medical College, Ashta on 04<sup>th</sup> March 2023 from 2.30 pm to 3.30 pm at Auditorium Hall, 2<sup>nd</sup> floor

This program was organized for Female non teaching staff of Hon. Shri. Annasaheb Dange Ayurved Medical College, Ashta and Hospital staff Dhanvantari Hospital, Ashta,

The purpose of **Awareness Programme on Personal Hygiene** is to promote Personal Hygiene and endeavor towards making it a part of everyone's daily routine. It was 60 minutes session, started at 02.30 pm and ended at 03.30 pm. Dr. Ashwini Khot has delivered a speech on Personal Hygiene with the help of PPT.

Dr. Ashwini Khot conducted this session with full enthusiasm in the presence of respected Principal Dr. Amit Pethkar sir. It was all together a rejuvenating experience for all the participants. At the end of the session Dr. Radhika Chougule gave vote of thanks..



Sant Dnyaneshwar Shikshan Sanstha's  
**Hon. Shri. Annasaheb Dange Ayurved Medical College  
& Post Graduate Research Center**  
A/p : Ashta, Tal. : Walwa, Dist : Sangli – 416 301  
Website : [www.adamc.ac.in](http://www.adamc.ac.in) E-mail : [ashta.adamc@gmail.com](mailto:ashta.adamc@gmail.com)  
NAAC Accrediated ISO Certified 900√-20√5, √400√-20√5



**Outcome :-**


- 1) Participants understood importance of Personal Hygiene
- 2) Students and participants understood effects of addiction
- 3) Participants assured to practice Personal Hygiene.

**Feedback:-**

Feedback was taken from participants

**Feedback Analysis:**

Sr. No.	How was the topic?				Does the Information useful for daily use?		Did you get New Information		How Was overall organization?			
	Excellent	Good	Fair	Inappropriate	Yes	No	Yes	No	Excellent	Good	Fair	Inappropriate
1	√				√		√		√			
2	√				√		√		√			
3	√	√			√		√		√			
4	√				√		√		√			
5	√	√			√		√		√	√		
6	√				√		√		√			
7	√				√		√		√			
8	√				√		√		√			
9	√				√		√		√			
10	√	√			√		√		√	√		
11	√				√		√		√			
12	√	√			√		√		√	√		
13	√				√		√		√			
14	√				√		√		√			
15	√				√		√		√			
16	√	√			√		√		√			
17	√				√		√		√			
18	√				√		√		√			
Total	13	5	0	0	18	0	18	0	15	3	0	0
Percentage	54.17	20.83	0.00	0.00	75.00	0.00	75.00	0.00	62.50	12.50	0.00	0.00

  
HOD  
Swasthivita Dept.  
Hon. Shri. Annasaheb Dange  
Ayurved Medical College, Ashta



  
PRINCIPAL  
Hon. Shri. Annasaheb Dange Ayurved Medical  
College, Ashta, Tal. Walwa, Dist. Sangli



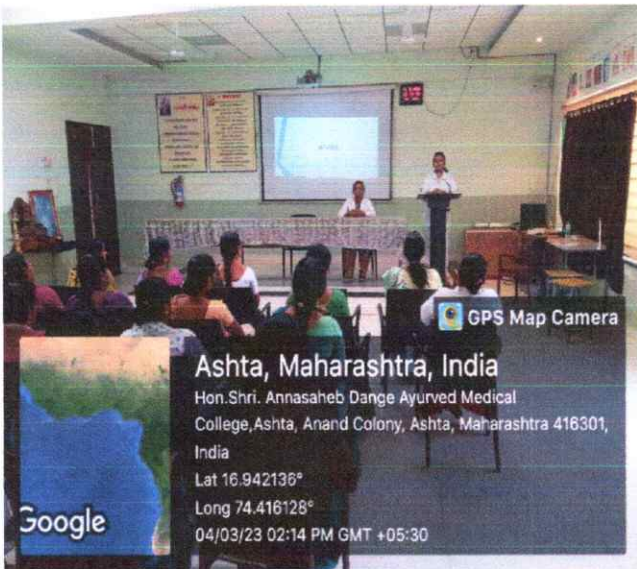
Sant Dnyaneshwar Shikshan Sanstha's  
**Hon. Shri. Annasaheb Dange Ayurved Medical College  
& Post Graduate Research Center**  
A/p : Ashta, Tal. : Walwa, Dist : Sangli – 416 301  
Website : [www.adamc.ac.in](http://www.adamc.ac.in) E-mail : [ashta.adamc@gmail.com](mailto:ashta.adamc@gmail.com)  
NAAC Accrediated ISO Certified 900√-20√5, √400√-20√5



## DEPARTMENT OF SWASTHAVRITTA AND YOGA

Awareness Programme on Personal Hygiene 2023

Date - 04/03/2023





Sant Dnyaneshwar Shikshan Sanstha's  
Hon. Shri. Annasaheb Dange Ayurved Medical College  
& Post Graduate Research Center  
A/p : Ashta, Tal. : Walwa, Dist : Sangli - 416 301  
Website : www.adamcashta.com



NAAC Accrediated ISO Certified 9001-2015,14000-2015

PRESENTY SHEET

NAME OF PROGRAMME/ ACTIVITY : Awareness Program on personal Hygiene  
DATE : 04/03/2023 TIME: 2.  
VENUE : Auditorium Hall, ADAMS, Ashta.

Sr. No.	Name of Student/ Staff	Year/Dept.	Signature
1	लक्ष्मी जोल		L.P
2	जयश्री खंदारे		J.K
3	वेली जोल		B.K.Pol
4	मंगल मोहस		मंगल
5	विद्या हावले		USHB/e
6	शीली मंगलकावस		NDK Am.G
7	निडिना कावले		NDK
8	चंचल घस्त		चंचल
9	सोनाली शिंदे		<del>SHI</del>
10	ज्योती लोहार		Jyoti B. lohar
11	सुप्रिया घस्त		S.S.G
12	स्वाती वेदारे		S.S.P
13	रोहिणी बेगुडे		R.R.G.
14	सुमित्रा जेठारे		S.P.P.
15	सगरिता अरजे		S.G.P.
16	लक्ष्मी वरणी		L.U.V.
17	पूजम मोरे		P.DM
18	लता सपामती		L.R.S.



R. H.D.  
Swarthi's Dept.  
Hon. Shri. Annasaheb Dange  
Ayurved Medical College, Ashta