



Sant Dnyaneshwar Shikshan Sanstha's
**Hon. Shri. Annasaheb Dange Ayurved Medical College
& Post Graduate Research Center**
A/p : Ashta, Tal. : Walwa, Dist : Sangli – 416 301
Website : www.adamc.ac.in E-mail : ashta.adamc@gmail.com
NAAC Accrediated ISO Certified 900√-20√5, √400√-20√5



Date- 28/03/2023

ACTIVITY REPORT

Title of Event / Activity:- Poster Competition on Recipes of Millets

Organized by the Department – Swasthavritta & Yoga (ADAMC,Ashta)

Date:-25/03/2023 Time:- upto 4 pm Duration:- 5 Days

Venue:- Swasthavritta & Yoga Department .

Hon. Shri. Annasaheb Dange Ayurved Medical College, Ashta.

Subject: Preparation of poster on Recipes of Millets by Students.

Objectives of event / activity:-

- To celebrate international year of millets 2023 .
- To promote students to gain knowledge regarding millets .
- To build up healthy society by promoting use of millets.
- To enhance cooking and presentation skills of students.

Description:

With Principal sir's permission Department of Swasthavritta & Yoga ADAMC, conducted the Poster Competition on Recipes of Millets. at Hon. Shri Annasaheb Dange Ayurved Medical College, Ashta on 25/03/2023 from 2:- upto 4 pm at Swasthavritta & Yoga Department

This program was organized for third year BAMS students f of Hon. Shri. Annasaheb Dange Ayurved Medical College, Ashta

The purpose of Poster Competition on Recipes of Millets. is to promote students to gain knowledge regarding millets and build up healthy society by promoting use of millets. It was 5 Days Competition , started from 20/03/2023 and ended on 25/03/2023 upto 4 pm.

All students were participated enthusiastically. The programme was well conducted by HOD Dr. Sanjay Jadhav, Reader Dr. Ashwini Khot, Lecturer Dr. Radhika Chougule of Swasthavritta & Yoga Department with the support of Principal Dr. Amit Pethkar sir. Competition winners will be felicitated later.

Outcome :-

- 1) Students and Participants understood importance of millets
- 2) Students and participants understood the nutritive values of millets
- 3) Awareness about millets is created amongst the student


HOD

Swasthavritta Dept.
Hon. Shri. Annasaheb Dange
Ayurved Medical College Ashta



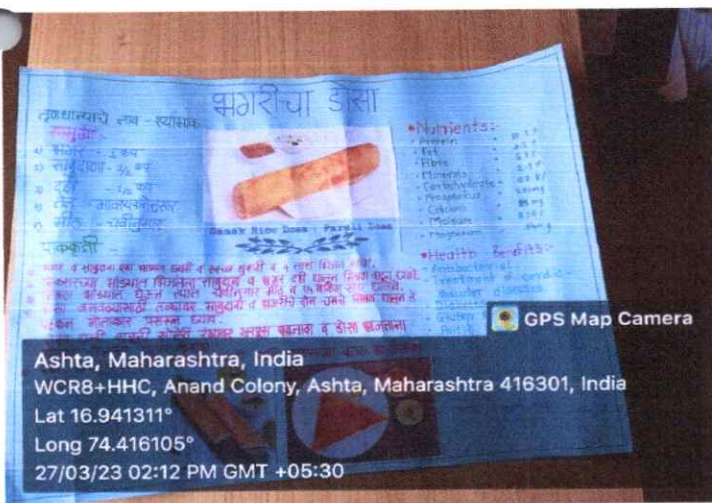
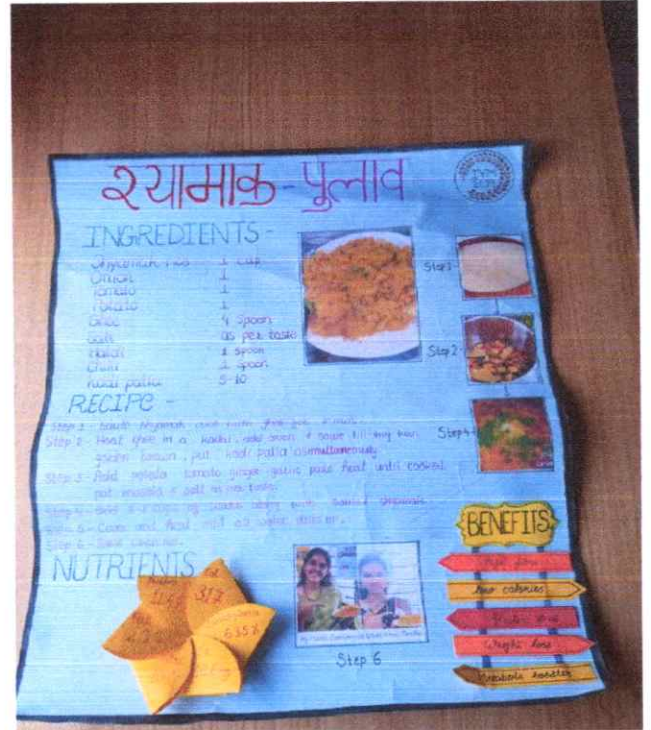

PRINCIPAL

Shri. Annasaheb Dange Ayurved Medical
College Ashta, Tal. Walwa, Dist. Sangli.



DEPARTMENT OF SWASTHAVRITTA AND YOGA

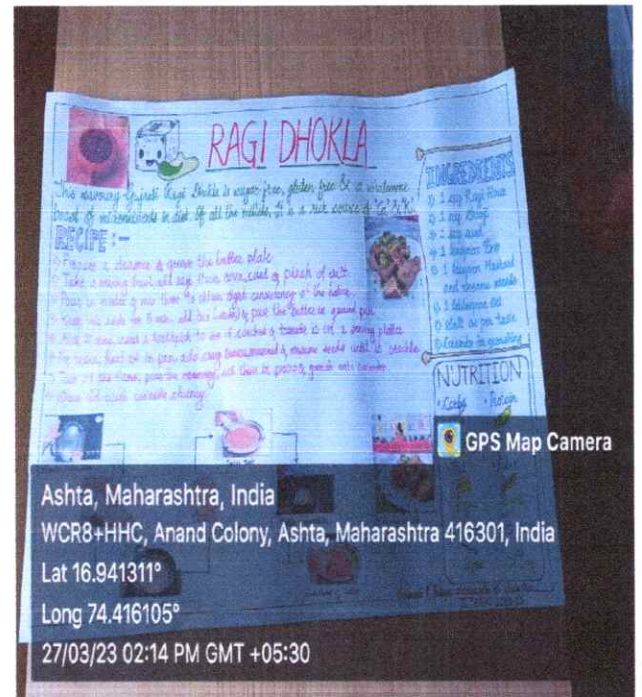
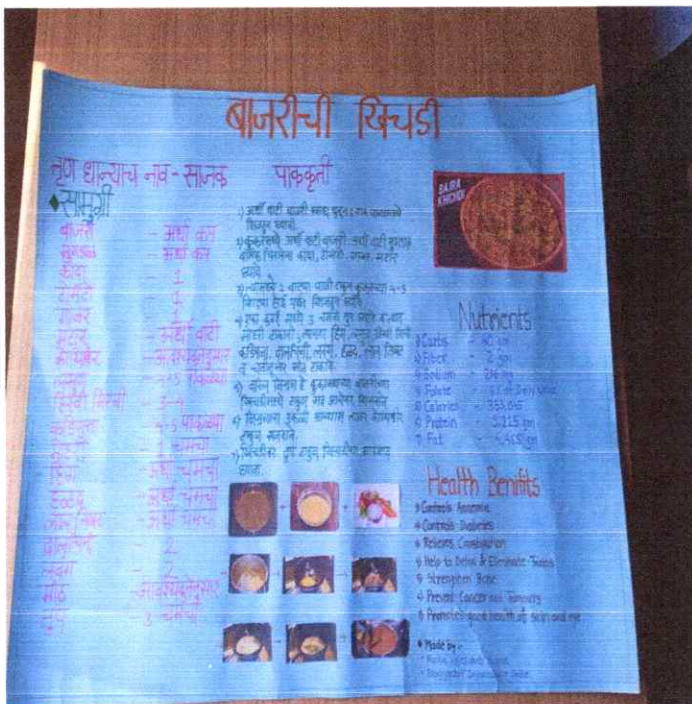
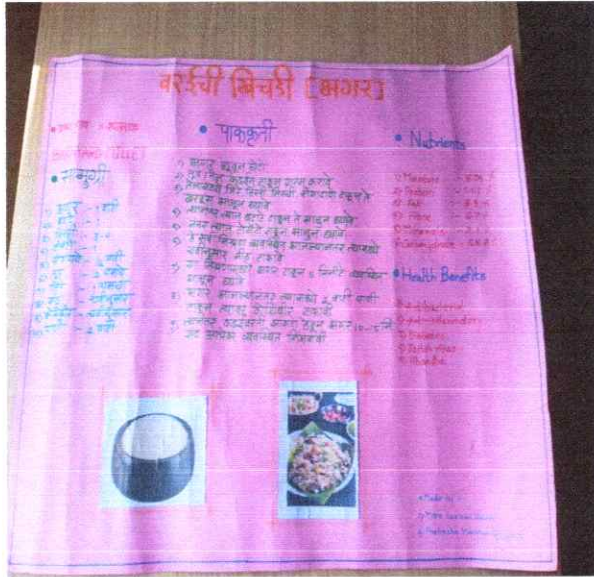
Poster Competition on Recipes of Millets Date - 28/03/2023





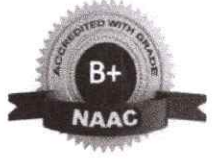
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PRESENTY SHEET

NAME OF PROGRAMME/ ACTIVITY : Poster Competition on Millets Recipes.
DATE : 25/03/2023
VENUE : -
TIME : -

Sr. No.	Name of Student/ Staff	Year/Dept.	Signature
1	Mira Laxman Gavali	3 rd year BAMS	Gavali
2	Pratiksha Manohar Ingawale	III BAMS	Ingawale
3	Dhanashree Ramkrishna Phapal	III rd BAMS	Phapal
4	Swarali Surykant Thorat	III rd BAMS	
5	Thoke Sakshi Rajendra	III rd BAMS	Thoke
6	Jadhav Pranjali Pratap Singh	III rd BAMS	Jadhav
7	Mansi. Ravindra. Sadarangani	III rd BAMS	Mansi
8	Pratiksha Bharat Shelke	III rd BAMS	Shelke
9	Bhagyashree Dnyaneshwar Dethe	III rd BAMS	Dethe
10	Ruchi Rajesahab Chavan	III rd BAMS	Chavan
11	Komal Sidram Mali	III rd BAMS	Mali
12	Pawana Varsha Reda	III rd BAMS	Pawana
13	Pooja Seema Ananda	III rd BAMS	Pooja
14	Samsuddhi Sunil Solankar	III rd BAMS	Samsuddhi
15	Shravani Rajaram Yedage	III rd BAMS	Yedage
16	Snehal M. Patil	III rd BAMS	Patil

[Signature]
HOD

Swasthivita Dept.
Hon. Shri. Annasaheb Dange
Ayurved Medical College Ashta

