

## Hon. Shri. Annasaheb Dange Ayurved Medical College & Post Graduate Research Center

A/p:Ashta, Tal.: Walwa, Dist:Sangli – 416 301

Website: www.adamc.ac.in
NAAC Accredited

E-mail: ashta.adamc@gmail.com
ISO Certified 9001-2015, 14001-2015



CRITERIA 8 – Part B : Ayurveda	
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1	Activity Report of Guest lecture by Dr. Nikhil Mali on Ayurvedic
	Management of Eye Disorders Photographs



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# ACTIVITY REPORT : GUEST LECTURE ON "AYURVEDIC MANAGEMENT OF EYE DISORDERS"

**Title of Event Activity** 

Guest Lecture on Ayurvedic management of eye

disorders

Name of Resource Person

: Dr. Nikhil Mali

MS Shalakyatantra - Netra (Ayu.)

Organizer

: Department of Shalakyatantra.

Hon. Shri. Annasaheb Dange Ayurved Medical College

& Post Graduate Research center, Ashta.

Venue

: Auditorium, ADAMC Ashta.

Date Duration

: 11/08/2023 : 01 Day

#### Abstract:

The guest lecture on Ayurvedic management of eye disorders was organized with the aim of shedding light on the holistic approach of Ayurveda towards maintaining and improving eye health. The lecture aimed to provide insights into the principles of Ayurvedic eye care, treatment methods, and preventive measures. The objectives were to educate attendees about Ayurvedic concepts related to eye health, discuss effective management techniques, and facilitate an interactive session for knowledge exchange.

## Aim & Objectives:

#### Aim:

The aim of the guest lecture was to familiarize participants with the Ayurvedic perspective on eye disorders and empower them with knowledge that integrates traditional wisdom with modern eye care practices.

#### Objectives:

- To introduce the fundamental concepts of Ayurveda related to eye health.
- To discuss various Ayurvedic approaches for managing common eye disorders.
- To provide practical tips and guidelines for maintaining healthy eyes using Ayurvedic principles

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#### Breakdown of Attendees:

Medical professionals: 30%

Students and researchers: 70%

#### **Event Details:**

The guest lecture took place dated on 11/08/2023 at Auditorium. The esteemed speaker, Dr. Nikhil Mali, is a renowned Ayurvedic practitioner with expertise in eye care. The lecture was open to all 4<sup>th</sup> year students, PG students & Doctors from hospital.

#### Interactive Session:

Following the lecture, an interactive session was conducted, allowing attendees to ask questions and engage in discussions with the speaker. This session facilitated a deeper understanding of Ayurvedic principles and their application in real-life scenarios.

#### Feedback:

The attendees provided overwhelmingly positive feedback about the guest lecture. Many expressed appreciation for the comprehensive insights into Ayurvedic eye care, which complemented their existing knowledge. The interactive session was particularly well-received, as it allowed participants to clarify doubts and gain practical advice directly from the expert.

#### Conclusion:

The guest lecture on Ayurvedic management of eye disorders successfully met its objectives of educating participants about traditional approaches to eye health. The integration of Ayurvedic principles with modern eye care practices was enlightening for the attendees, encouraging them to consider holistic approaches to maintaining eye health.

#### **Key Outcomes and Achievements:**

- Increased awareness of Ayurvedic concepts related to eye health.
- Empowerment of attendees with practical tips for maintaining healthy eyes.
- Engagement of medical professionals, 4<sup>th</sup> year UG students & PG scholars in discussions on Ayurvedic eye care.
- Enhanced understanding of the complementary nature of Ayurveda and modern medicine in eye care.

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Felicitation of Guest Lecture of Dr. Nikhil Mali.





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## **During Guest Lecture.**



Interactive Question & Answer Session.

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