

Hon. Shri. AnnasahebDangeAyurved Medical College & Post Graduate Research Center

A/p : Ashta, Tal. : Walwa, Dist : Sangli - 416 301

Website: www.adamcashta.com E-mail: ashta.adamc@gmail.com NAACAccrediatated ISO Certified 9001-2015, 14000



Key Indicator- 1.3 Curriculum Enrichment

1.3.1: The Institution integrates cross-cutting issues relevant to gender, environment and sustainability, human values, health determinants, Right to Health and emerging demographic issues and Professional Ethics into the Curriculum as prescribed by the University / respective regulative councils

	List of courses with their descriptions					
S r. N o	cross- cutting issues	subject	Integration of issues few examples	Extracurricular activities		
1	Gender	 Stri rog &prasuti tantra Kriyasharir Rachanasharir Samhita siddhant 	 Atma-Manas Dinacharya DNA profiling 	 International Woman's day celebration "Shishyopnayan Sanskara" 		
2	Environ ment and sustaina bility	Swasthvritta Dravyagunavigyan	 Bio-medical waste management Disposable of dead body Janapadodhwansa niya Adhyaya Jalouka (its use in Raktajadushti as jalouka sucks impure bloods) Aharavarga(dhan yavargaetc) 	 Conservation of botanical garden Tree plantation programs Field visits to herbal gardens One student one tree 		
3	values	 Agadtantra Rachanasharir Stri rog &prasuti tantra Rasashastraavumbhai shajyakalpana Swasthavritta Kayachikitsa 	 Ayushkamiya Adhyaya (how to lead a qualitative life) Sadvritta (Codes and conduct for disciplined life) Consumer protection act Human organ transplantation bill-1994 Pharmacovigilanc e National Health Programmes (Blindness, Antitobacco, Cancer 	Organ donation to save a life and body donation lectures		

MD/MS

Tal Walwa, Dist Sangli, 416 301

4	The determinants of health	 Kayachikitsa Samhita siddhant Panchkarma Swasthavritta Balrog 	 Manas Prakruti Deha Prakruti Malnutrition 	 School Health check up activity to prevent and treat disease YOGA saptah Immunity booster programmes like "Suvarnprashan" etc
5	Right to health and emergin g demogra phic issues	 Swasthavritta Stri rog &prasuti tantra Balrog Panchkarma 	Rejuvenating therapies to render qualitative life (Rasayan) Vajikarana GMP	 Premenstrual syndrome survey in school and college girls. Cataract operations in concessional rates for senior citizens
6	Professi onal Ethics	 Agadtantra Stri rog &prasuti tantra Kayachikitsa 	Patient consent MTP act PNDT act Infanticide Laws related to medical practitioners	Code of medical ethics practices



PRINCIPAL
Shri. Annaseheb Dange Ayurved Medical
llege Ashta. Tal.Walwa, Dist.Sangli



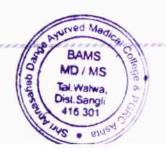
HON. SHRI. ANNASAHEB DANGE AYURVED MEDICAL COLLEGE AND RESEARCH CENTER, ASHTA

DEPARTMENT OF PRASUTI TANTRA EVUM STRIROGA

WOMEN'S DAY ACTIVITY REPORT

IN THE CELEBRATION OF
INTERNATIONAL WOMEN DAY 2023

8th March 2023





Hon, Shri, Annasaheb Dange Ayurved Medical College & Post Graduate Research Center

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Event Activity Report

Name Of Department: Prasutitantra Evum Striroga

Title of Event / Activity: Poster making and Elocution competition for students for awareness of women empowerment and gender equity on the occasion of International Women's Day

Date: 1 st March 2023

Venue: Auditorium, Hon. Shri. Annasaheb Dange Ayurved Medical College And Research Center, Ashta.

Organizing committee: Dr. Dilip Katare, HOD, PTSR.

Dr. Tinku Ganesh Khalache, Reader, PTSR.

Dr. Radha Phadnis, Reader, PTSR. Dr. Sayali Pashte, Lecturer, PTSR.

Dr. Pravinkumar Thombare, Lecturer, PTSR.

EVENT DETAILS:

On Occation Of International Women's Day Different Programs were arranged by Prasutitantra Striroga Department.

Poster making competition:

- According to proposed plan and by permission of Hon. Principal Dr. Amit Pethkar sir, Department of Prasutitantra and Striroga organized Poster making competition for 1st to last year B.A.M.S. students and PG students of college.
- The theme was related to 'Women empowerment'. Topics for poster competition were - 1. Women empowerment
 - 2. Women then and now
 - 3. A role of mother in society.





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- Competition was organized on 1 st March 2023, 9 students participated in competition. The students expressed their views and thoughts about women empowerment by drawing, painting and writing slogans. One could see and feel the enthusiasm that the student had in their presentation.
- The final judgment was given by Dr. Rajashri Bharti, Dr. Sarfaraj Landage and Dr. Shraddha Shelake.
- Result Of Poster Making Competition :-

Sr. No.	Name Of Participant	Rank
01	Avantika Shinde	Winner
02	Sneha Jadhav	1st Runner Up
03	Swarali Thorat	2 nd Runner Up
04	Abhishek Bijja	2 nd Runner Up

Prize distribution was done in presence of Hon. Principal Dr. ARV Murthy sir.

Outcome:

- This activity kept the students engaged and it was organized to explore and encourage creativity in students and offer them a platform to show their skills.
- It inspired them to think and work creatively in order to promote artistic excellence.





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Winner poster



1st Runner Up









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Other Beautiful posters









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Elocution competition:

- According to proposed plan and by permission of Hon. Principal Dr. Amit Pethkar sir, Department of Prasutitantra and Striroga organized Elocution competition for 1st to last year B.A.M.S. students and PG students of college.
- The theme was related to 'Women empowerment'. Topics for poster competition were – 1. Aaji Kalachi, ajachi ani udyachi.
 - 2. Ani tila pankh milale.
 - 3. Bayaka ani bolane.
 - 4. Mi Aai asto/aste tar.
- Competition was organized on 1st March 2023, 9 students participated in competition. It was indeed astounding to see how beautifully students had put their thoughts, insighnts, humour and delivered the speech.
- The final judgment was given by Dr. Alaknanda Kulkarni, Dr. Mahesh Inamdar and Dr. Anjali Upadhye.
- Result Of Elocution Competition

Sr. No.	Name Of Participant	Rank
1	Aniruddha Kabade	Winner
2	Sakshi Ghorpade	1st Runner Up
3	Manasi Otari	2 nd Runner Up
4	Pranali Inamdar	2 nd Runner Up

Prize distribution was done in presence of Hon. Director Dr. ARV Murthy sir.

Outcome:

- · This is an attempt to promote speaking skills.
- · It inspired them to think and express their feelings.





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Prize Distribution Ceremony Date: 1st March 2023

Venue: Auditorium (Hon. Shri. Annasaheb Dange Ayurved Medical College And Research Center,

















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Felicitation of Employees on Women's day:

Department of Prasutitantra and Striroga organized a small felicitation program under guidance of Hon. Principal Dr. Amit Pethkar sir for all employees in the college. Chief guest for this program was Mrs. Vaishalitai Dange. Chief Guests and dignitaries were welcomed with flowers. An opening prayer and welcome song was sung by the college student Miss. Pooja Sankpal.

At the onset of program Hon. Director Dr. ARV Murthy sir gave a short speech.

Addressing a huge gathering of women on the occasion, Mrs. Vaishalitai Dange said, women were endowed with multitasking skills and they possess the capabilities to perform their duties more efficiently than men in any field.

Every woman employee in college was praised and gifted by a small gift. Some faculties entertained by Poems appreciating Women. Women honored during program was as below.

Sevajeshthata Puraskar:

Sr. No.	Category	Name Of Candidate
01	Senior Most Faculty	Dr. Alaknanda Kulkarni
02	Senior Most Medical Officer	Dr. Sanjivani Katare
03	Deputy Superintendent	Dr. Vijaymala Chougule
04	Senior Most Sister	Mangal Pawar
05	Senior Most Clerk	Vaishali Fasale
06	Senior Most Sweeper	Laxmi Pol

Best female teachers: From Students Feedback

Batch	Name Of Faculty
Old First Year Batch	Dr. Rajashri Bharati
New First Year Batch	Dr. Deepali Jadhay
Second Year Batch	Dr. Shital Patil
	Dr. Shraddha Shelake
Third Year	Dr. Sayli Pashte
Fourth Year	Dr. Varsha Khot





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Felicitation and chief guest speech Date: 2st March 2023

Venue: Auditorium (Hon. Shri. Annasaheb Dange Ayurved Medical College And Research Center,



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Striega & Prasuri Tantra Dept

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Inauguration Ceremony
Date: 2st March 2023

Venue: Auditorium (Hon. Shri. Annasaheb Dange Ayurved Medical College And Research Center,







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NAME OF ACADAMIC YEAR- FIRST PROFESSIONAL B.A.M.S. :-2022-23 DATE: 03/03/2023

EVENT / ACTIVITY REPORT

<u>Title of Event / Activity</u>: "SHISHYOPANAYANIY SANSKAR" First Professional B.A.M.S. 2022-23

Name Of Department :- Ayurved Samhita Siddhant & Sanskrit .

Venue: - First Year BAMS Classroom, ADAMC Ashta.

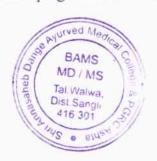
<u>Introduction:</u> Department of Ayurved Samhita Siddhant & Sanskrit organized this activity for the students of first professional BAMS 2022-23.

Objectives of event / activity:

- 1) To perform Shishyopanayaniy Sanskar vidhi.
- 2) To encourage students for participation in activity.
- 3) To develop awareness, discipline & knowledge of Ayurveda in students
- Outcome: 1) All stake holders were inspired by the event.
 - 2) Students gained knowledge about Ayurved parampara.
 - Adaptation of disciplined behavior in students.

Description-

On 03/03/2023 Department of Ayurved Samhita Siddhant & Sanskrit organized the event of SHISHYOPANAYANIY SANSKAR. This event was conducted under transitional curriculum programme of first professional BAMS 2022-23. Pooja & Hom havan was performed





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at 9.30 am including Dhanwantari Yadnya. This was followed by Sutrabandhan vidhi at 11 am. Teachers performed Sutrabandhan vidhi which comprises of tying sutra on the wrists of students and accepting them as disciples.

Charak oath khalita was distributed to all students and this was preceded by Charak Oath consecration at 11.30 am under the guidance of our director Dr. A. R. V. Murthy sir. Then Hon. Shri. Annasaheb Dange (Appa) addressed students and emphasized the importance of Ayurveda as global science. Then Dr. Vikram Ptil sir Director ADCET addressed students. After that our principal Dr. Amit Pethkar sir gave guidance to the students. After vote of thanks programme was concluded by Prasad vitaran to all staff and students.

HOD

Samhita siddhant Dept. Hon.shri. Annasaheb Dange Ayurved Medical College, Ashta PRINCIPAL

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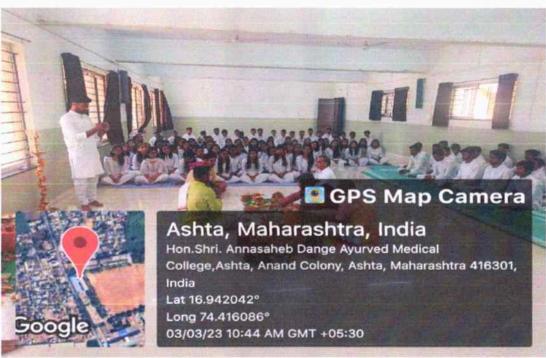
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"SHISHYOPANAYANIY SANSKAR - 03/03/2023"









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HOD 03/03/250%

Samhita siddhant Dept. Hon.shri. Annasaheb Dange Ayurved Medical College, Ashta



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ACTIVITY REPORT

Plantation Program Activity

Title of Activity: Plantation activity on the occasion of Hon. Shri. Annasaheb Dange's birthday

Duration: One Day

Date: 09/07/2022

Time: 10:00 am to 11:00 am

Objectives of event / activity:-

- Plantation of Medicinal Plants.

- To create green and healthy environment.

Description: - Plantation was done on the occasion of Hon. Shri. Annasaheb Dange's 86th birthday by Department of Dravyaguna Vidnyan, Hon. Shri. Annasaheb Dange Ayurved Medical College, Post Graduate & Research Center, Ashta. The event was held in the presence of Principal, Teaching faculty, Non-Teaching faculty and Students. Some local people gathered and participated in the activity. Plantation was done on road side of kadam wes.

Total number of medicinal plant species 05 and 37 Plants were planted.

The event was conducted under the program of Azadi ka Amrit Mahotsav.

Outcome:

- Awareness among the students regarding importance of plantation

Documents Attached:

- 1. Plants list
- 2. Photograph

Head of Dept. Drava Guna Dept. A. D. A. M. C. Asnia



Hon Shri Annasahet
Dange Ayurved Medica
College & PGRC. Ashts

Following plants were planted

Sr. No.	Plants Name	Quantity
1.	Pimpal	10
2.	Pam	02
3.	Aapata	05
4.	Chinch	05
05	Khota Shirish	15
	Total	37







Plantation activity on the occasion of Hon. Shri. Annasaheb Dange's 86th birthday on 09/07/2022





Hon. Shri. Annasaheb Dange Ayurved Medical College & Post Graduate Research Center

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Date - 31/03/2023

ACTIVITY REPORT

Plantation Program Activity

Title of Activity: Plantation program to celebrate 'Silver Jubilee Week' on occasion of MUHS 25th

Foundation Day

Duration: One Day

Date: 31/03/2023

Time: 11:00 am to 12:00 pm

Objectives of event / activity:-

- To celebrate 'Silver Jubilee Week' on occasion of MUHS 25th Foundation Day
- To promote environmental values among students

Description: - A large scale planting campaign is being implemented by the university with the concept of green and healthy environment to promote environmental values and social responsibility among the students. Hon. Shri. Annasaheb Dange Ayurved Medical College, Post Graduate & Research Center, Ashta, Department of Dravyaguna Vidnyan arranged plantation activity on 31/03/2023 to celebrate 'Silver Jubilee Week' on occasion of MUHS 25th Foundation Day. The event was held in the presence of Teaching faculty, Non-teaching faculty and Students of ADAMC Ashta. Plantation was done by the students under the guidance of Dr. Sarika Kandharkar and Dr. Sarita Gavade. Total 25 Plants were planted.

Outcome:

Environmental values promoted among students.

Documents Attached:

- 1. Permission Letter of Principal
- 2. Plant list
- 3. Photograph

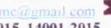


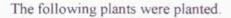


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Sr. No.	Plant Name	Number of plants planted by the Institution
1.	Nimb	3
2.	Vata	3
3.	Ashvatha	2
4.	Aamra	2
5.	Narikel	5
6.	Amlika	2
7.	Kanchanar	2
8.	Pam	2
9.	Ashmantak	2
10.	Shirish	2
	Total	25

Head of Dep Drava Guna De A. D. A. M. C. Asini

Principal Hon Shri, Annasaher. lange Ayurved Medica hilage & PGRC, Ashta





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Students Planting Amra (Mangifera Indica) Tree In The Presence Of Teaching And Non Teaching Faculty



Plantation of Narikel tree by students with Teaching And Non Teaching Faculty



Principal

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Date - 29/03/2023

To

The Principal

Hon. Shri. Annasaheb Dange Ayurved Medical College, Post Graduate & Research Center, Ashta.

Subject: Regarding permission for plantation program to celebrate 'Silver Jubilee Week' on occasion of MUHS 25th Foundation Day

Reference – MUHS, Nashik letter मआविवि /शै.वि. /ई.ओ./पदवी व पदव्युत्तर/५१३६/२०२२ dated on 22/11/2022

Respected Sir,

As per the subject and reference given MUHS, Nashik have declared 'Silver Jubilee Week' on occasion of MUHS 25th Foundation Day. To celebrate it we have to arrange plantation program on 31/03/2023. Please give permission to conduct this plantation program in our campus.

Thanking You

Yours faithfully

Hoad of Dept., Drava Guna Dept. A. D. A. M. C. Ashie

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Date - 15/06/2023

ACTIVITY REPORT

Plantation Program Activity

Title of Activity: Plantation program to celebrate 'World Environment Day'

Duration: One Day

Date: 05/06/2023

Time: 11:00 to 12:00 noon.

Objectives of event / activity:-

- To celebrate 'World Environment Day'.
- To promote environmental values among the students.

Description: - Hon. Shri. Annasaheb Dange Ayurved Medical College, Post Graduate & Research Center, Ashta, Department of Dravyaguna Vidnyan arranged plantation activity on 05/06/2023 to celebrate 'World Environment Day'. The event was held by the permission of Principal in the presence of Teaching faculty, Non-teaching faculty and Students of ADAMC Ashta. Plantation was done by the teachers Dr. Kalavade, Dr. Chavan, Dr Gurav, Dr. Kureshi, Dr. A. Gurav, Dr. Mane, Dr. Chougule and Dr. Gavade. Total 05 Plants were planted.

Outcome:

- Environmental values were promoted among students.
- Plantation of Medicinal plant in campus.

Documents Attached:

1. Photograph

Head of Dept., Drava Guna Dept. A. D. A. M. C Ashta MD / MS

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Plantation activity to celebrate 'World Environment Day'.





Hon, Shri, Annasaheb Dange Ayurved Medical College & Post Graduate Research Center

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Date - 12/06/2023

ACTIVITY REPORT

Plantation Program Activity

Title of Activity: Plantation program to celebrate 'Silver Jubilee Year' of MUHS 25th

Foundation Day

Duration: One Day

Date: 10/06/2023

Time: 12:30 to 1:30 pm

Objectives of event / activity:-

- To celebrate 'Silver Jubilee Year' of MUHS 25th Foundation Day

- To promote efficiency of 'Mahogany plant' for the environment by providing oxygen for 24 hours.

Description: - Hon. Shri. Annasaheb Dange Ayurved Medical College, Post Graduate & Research Center, Ashta, Department of Dravyaguna Vidnyan arranged plantation activity on 10/06/2023 to celebrate 'Silver Jubilee Year' of MUHS 25th Foundation Day. On the occasion of these we were plant 'Mahogany Plant' which is more beneficial for the environment due to its capacity to provide oxygen for 24 hours. The event was held by the permission of Principal in the presence of Teaching faculty, Non-teaching faculty and Students of ADAMC Ashta. Plantation was done by the students under the guidance of Dr. Sarita Gavade and Dr. Dipali Jadhav. Total 25 Plants were planted.

Outcome:

- Environmental values were promoted among students.
- Knowledge about Mahogany Plant and its efficiency is given to the students.

Documents Attached:

- 1. Permission Letter of Principal
- 2. Photograph

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Date - 03/06/2023

To

The Principal

Hon. Shri. Annasaheb Dange Ayurved Medical College, Post Graduate & Research Center,

Ashta.

Subject: Regarding permission for plantation program to celebrate 'Silver Jubilee Year' on occasion of MUHS 25th Foundation Day

Reference – MUHS, Nashik letter मआविवि /एसडब्यु /२३५/२०२३ dated on ०९/०१/२०२३ Respected Sir,

As per the subject and reference given MUHS, Nashik have declared 'Silver Jubilee Year' on occasion of MUHS 25th Foundation Day. To celebrate it we have to arrange plantation program of Mohagany Plant on 10/06/2023. Please give permission to conduct this plantation program.

Thanking You

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Yours faithfully

Mand of Dept., Drave Gune Dept A.D.A.M. C. Asnia



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Ref. No/ADAMC/931 2022

दिनांक:-०४/०७/२०२२

प्रती,

मा.कुलसचिव

महाराष्ट्र आरोग्य विज्ञान विद्यापीठ, नाशिक.

विषय :-"One Student One Tree" अभियानाचा अहवाल सादर करणेबाबत...

संदर्भ :- आपले पत्र क्र.म.आ.वि.वि./शे.वि./इओ./१९३४/२०२२

मा.महोदय,

वरील संदर्भीय विषयास अनुसरून मा.श्री.अण्णासाहेब डांगे आयुर्ववेद मेडिकल कॉलेज,आष्टा येथे ४ जुलै २०२२ ते ६ जुलै २०२२ या कालावधीत "One Student One Tree" अभियान राबवून वृक्षारोपण करण्यात आले. सदर कार्यक्रमाचा अहवाल ईमेलद्वारे आपणास पाठवीत आहोत.कृपया स्विकारावे.

कळावे,

BAMS

BAMS

Tal Wales

16 301

Principal

Mon.Shrl. Annasahet

Jange Ayurved Medica

College & PGRC, Ashta



Hon. Shri. Annasaheb Dange Ayurved Medical College & Post Graduate Research Center

A/p :Ashta, Tal. : Walwa, Dist :Sangli – 416 301

Website: www.adamcashta.com E-mail: ashta.adamc@gmail.com NAAC Accrediatated ISO Certified 9001-2015,14000-2015



ACTIVITY REPORT

Date - 08/07/2022

Plantation Program Activity

Title of Activity: Plantation under "One Student One Tree" Campaign of MUHS '

Duration: Three days

Date: 04/07/2022, 05/07/2022, 06/07/2022

Time: 10:30 am to 11:30 am

Objectives of event / activity:-

- To support One Student One Tree Campaign of MUHS

- Plantation of Medicinal Plants in the college campus.

Description: - A large scale planting campaign is being implemented by the university with the concept of green and healthy environment to promote environmental values and social responsibility among the students.

Hon. Shri. Annasaheb Dange Ayurved Medical College, Post Graduate & Research Center, Ashta, Department of Dravyaguna Vidnyan had conducted plantation activity under "One Student One Tree" Campaign on 04/07/2022, 05/07/2022, 06/07/2022.

The event was held in the presence of Principal, Teaching faculty and Students.

Plantation was done by the students under the guidance of Dr. Sarika Kandharkar, Dr. Ashwin Gurav and Dr. Sarita Gavade.

Total 102 Plants were planted.

The event was conducted under the program of Azadi ka Amrit Mahotsav.

Outcome:

Addition of new medicinal species in college premises

Documents Attached:

- 1. Permission Letter of Principal
- 2. Student and plant list
- 3. Photograph



The following medicinal plants were planted by the students on 04/07/2022

Sr. No.	Students Name	Plant Name	Plant Quantity
1.	Phapal Dhanashree Ramkrishna	Raktachandan	01
2.	Pingale Manisha Vitthal	Vala	01
3,	Pitale Komal Bhagawan	Narkya	01
4.	Pole Parmeshwar Sakharam	Vala	01
5.	Pujari Seema Ananda	Khadir	01
6.	Rathod Amol Kalyan	Kadipatta	01
7.	Rathod Rahul Dadarao	Plaksha	01
8.	Rathod Vaibhav Ramrao	Narkya	01
9.	Ratnaparkhe Pranav V.	Ankol	01
10.	Raut Harsh Gajanan	Khadir	01
11.	Sabade suradnya padmakar	Haridra	01
12.	Sable prathamesh ganesh	Sahachar	01
13.	Sadarangani mansi ravindra	Amlavetas	01
14.	Sajgane shreya sunil	Narkya	01
15.	Samleti Gautam Shriniwas	Changheri	01
16.	Sanap Mayur Jagannath	Kantakari	01
17.	Sapkal Gauri Mahesh	Bhumyalaki	01
18.	Sarkate Neha Ashok	Kumari	01
19.	Sayyaed Neha Nizam	Tamalpatra	01
20.	Shaikh Adnan Najeeb	Gokshur	01
21.	Shelke Pratiksha Bharat	Saireyak	01
22.	Shete Shubham Balasaheb	Tulasi	01
23.	Shinde Avantika Ganesh	Shalmali	01
24.	Solankar Samruddhi Sunil	Sariva	01
25.	Tak Abhishek Sanjay	Tamalpatra	01
26.	Tarapure Gouri Somshekhar	Plaksha	01
27.	Tayade Mayur Karbhari	Peru	01
28.	Thakar Pranjal Jagannath	Sariva	01
29.	Thoke Sakshi Rajendra	Chitrak	01
30.	Thorat Swarali Suryakant	Snuhi	01
31.	Wagh Kiran Dipak	Kadamb	01
32.	Wanjol Vivek Santosh	Tulasi	01
33.	Yedage Shravani Rajaram	Korphad	01
34.	Zyate Yashwant Vasudeo	Changeri	01



The following medicinal plants were planted by the students on 05/07/2022

Sr. No.	Students Name	Plant Name	Plant Quantity
1.	Agalave Amol Tanaji	Amlika	01
2.	Anuse Samiksha Dattatray	Vata	01
3.	Bangar Suraj Lalasaheb	Shatavari	01
4.	Bankar Shlok Shahu	Kampillak	01
5.	Barkade Sakshi Ramesh	Plaksha	01
6.	Bhalerao Vrishabh Pravin	Kantakari	01
7.	Bhise Mitali Narayan	Akkalkara	01
8.	Bhise Vishakha Sandip	Marich	01
9.	Bhondve Dattatray Apparao	Chitrak	01
10.	Biradar Rutuja Raosaheb	Ashwatha	01
11.	Bobade Aniket Angad	Asthishrunkhala	01
12.	Bone Shital Shrishail	Shatavari	01
13.	Chauhan Trupti Yuvraj	Amlika	01
14.	Chaure Krishna Baliram	Sahachar	01
15.	Chavan Anil Sahebrao	Guduchi	01
16.	Chavan Rucha Rajesaheb	Kadipatta	01
17.	Chavan Sakshi Sunil	Chitrak	01
18.	Chavan Shreya Raju	Tulasi	01
19.	Dandge Pratik Raju	Apamarga	01
20.	Deshpande Satyawati Umakant	Changerti	01
21.	Dethe Bhagyashri Dnyaneshwar	Gokshur	01
22.	Dewne Rohini Chandrakant	Chakram,ard	01
23.	Dhakne Dnyaneshwar Sahadev	Aparajita	01
24.	Dive Vikas Bhagvat	Punarnava	01
25.	Durgude Lokesh Sukhadev	Peru	01
26.	Gadve Abhishek Dayanand	Amra	01
27.	Gaikwad Swati Namdeo	Dadima	01
28.	Gaikwad Vedanti Vinod	Gulbakshi	01
29.	Garje Pratiksha Balu	Jasmine	01
30.	Gavali Mira Laxman	Taruni	01
31.	Gundle Aniket Anil	Saal	01
32.	Hingade Pavan Vijayrao	Davana	01
33.	Ingawale Pratiksha M.	Pimpali	01



The following medicinal plants were planted by the students on 06/07/2022

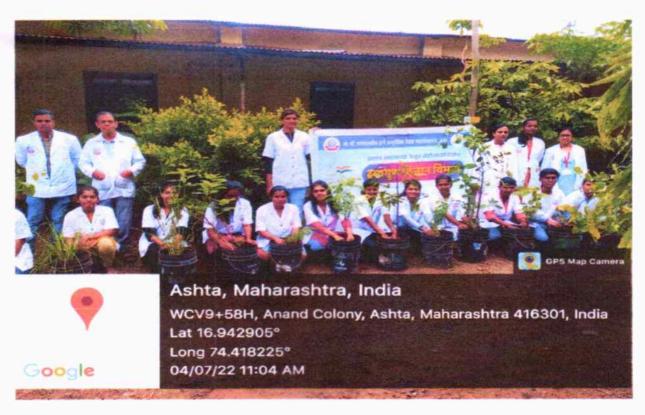
Sr. No.	Students Name	Plant Name	Plant Quantity
1.	Jadhav Pranjal Pratapsingh	Marich	01
2.	Kale Akshaykumar D.	Akkalkara	01
3.	Kale Rutuja Chandrakant	Kali Halad	01
4.	Kamble Mayuri Ramchandra	Bhringaraj	01
5.	Kankal Aditya Sopan	Pangara	01
6.	Kanthe Saiprasad R.	Yashthimadhu	01
7.	Karpe Nirupam Rupesh	Kala Hadaga	01
8.	Khandekar Suhas Suresh	Laghu Pippali	01
9.	Ladage Aniket Vilas	Dhupa	01
10.	Landhe Harshad Haridas	Satap	01
11.	Londhe Abhijit Vilas	Vasa	01
12.	Mali Komal Sidram	Madukparni	01
13.	Mane Dikshant Sudhir	Pashanabhed	01
14.	Mergal Priyavrat P.	Sariva	01
15.	Mhasavade Padmavati V.	Palash	01
16.	Mulla Aamna Mujib	Pandhara Hadaga	01
17.	Munde Ganesh Bhagwan	Asthishrunkhla	01
18.	Nalawade Patil Shivani D.	Amlika	01
19.	Narute Dnyaneshwari Suresh	Sariva	01
20.	Navale Shrinivas Chandrakant	Vasa	01
21.	Nayakal Rutuja Santaji	Haridra	01
22.	Nikam Aditi Vivek	Kadamb	01
23.	Palwade Anjali Murlidhar	Kali Halad	01
24.	Panchal Ashish Balaji	Krushna Agaru	01
25.	Patil Abhishek Jayvant	Akkalkara	01
26.	Patil Namrata Nandkumar	Nirbrahmi	01
27.	Patil Ranjit Ramchandra	Davana	01
28.	Patil Shraddha Santosh	Vacha	01
29.	Patil Sneha Popat	Madukparni	01
30.	Patil Snehal Maruti	Apamarga	01
31.	Pawar Mukesh Jangu	Udumbar	01
32.	Pawar Sakshi Shamrao	Bruhat Pippali	01
33.	Pawara Varsha Reda	Shvet Chitrak	01

Drava Guna Dept. A. D. A. M. C. Asnia BAAM BAAM Districts 16 501

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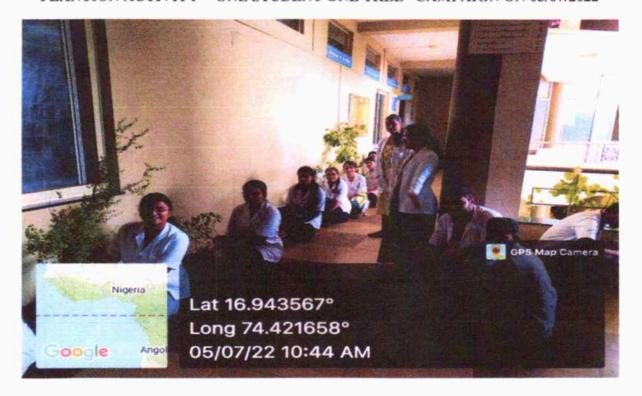
PLANTION ACTIVITY- "ONE STUDENT ONE TREE" CAMPAIGN ON 04/07/2022







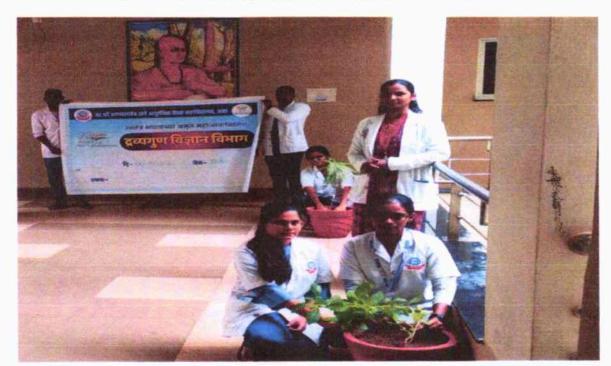
PLANTION ACTIVITY- "ONE STUDENT ONE TREE" CAMPAIGN ON 05/07/2022







PLANTION ACTIVITY- "ONE STUDENT ONE TREE" CAMPAIGN ON 06/07/2022









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Date -22/08/2022

EVENT / ACTIVITY REPORT

Event :- Best Practice/Innovation

Title of Activity: - Organ donation Week & Campaign

Duration

: - 05 Days

Venue

: - ADAMC, Ashta

Objectives of Event/Activity:-

To assess the student awareness towards organ donation.

- To develop learning resources in students attitude.

- To give basic knowledge of organ donation campaign.

- To create awareness among the masses for donation of organ & body.

Description:- Following events were held successfully on the occasion of Organ Donation week & Campaign:

Rangoli Competition: 13/08/2022

Guest Lecture on Organ Donation by Dr. Sanjay Dalvi :17/08/2022

Body Painting / Drawing / Poster Competition : 18/08/2022

• Essay Competition :19/08/2022

Extempore Speech: 19/08/2022

Rally: 20/08/2022

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H. O. D.

Department of Rachana Sharir.

A.D.A.M.C., Ashta



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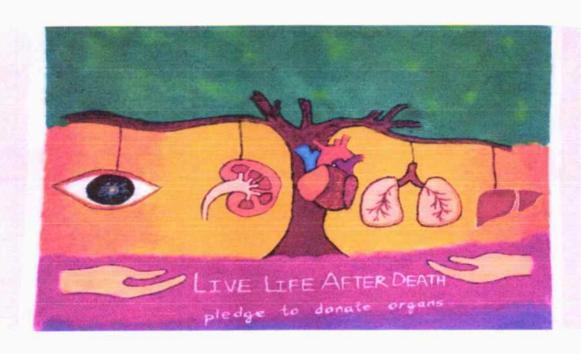
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Rangoli competition: 13/08/2022









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Rangoli competition: 13/08/2022









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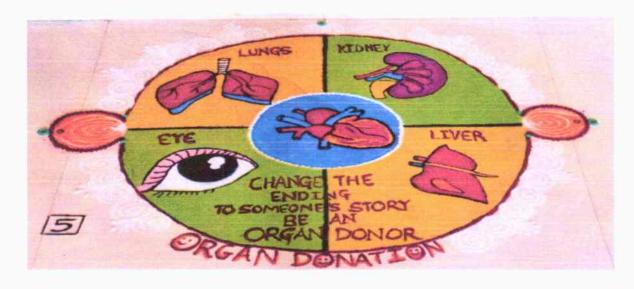
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Rangoli competition: 13/08/2022









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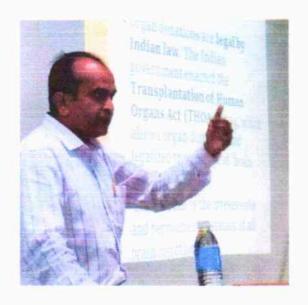
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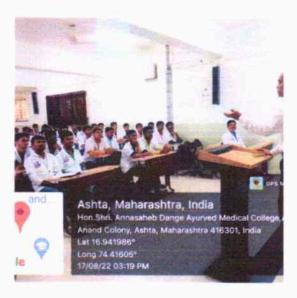


Guest Lecture: Organ Donation - The Gift of Life













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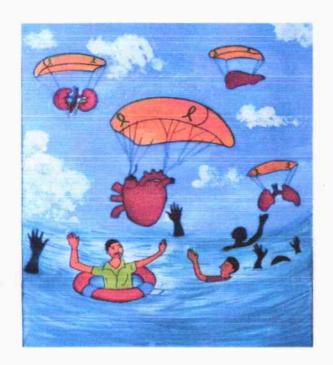
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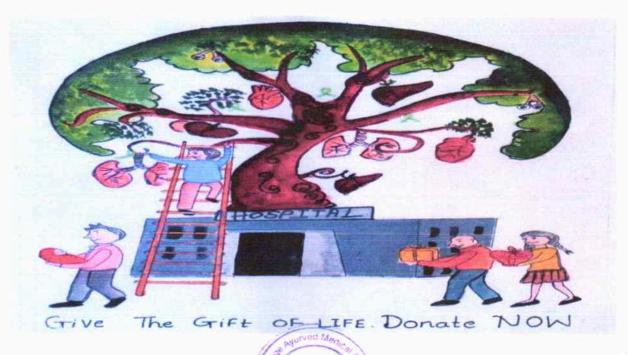
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Drawing & painting competition: 18/08/2022







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Rally: 20/08/2022









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Rally: 20/08/2022









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Event Description News in Various News papers

डांगे आयुर्वेदमध्ये जागतिक अवयवदान दिन साजरा



अपणासाहेब डांगे आयुर्वेद वैदाक महाविद्यालय, पदस्युत्तर - संशीधन केंद्र, आशा यांचे वतीने अवयवदान विषयी जनजागृती क्रस्पयात आली.

जनप्रवास । प्रतिनिधी

आहा अगमावाहेच हार्ग आयुर्वेद वेदाक महाविद्यालय प्रकृत्य संगोधन केद्र आहा पार्च व्यक्ति स्वता शारीर विभागामाके । जार्गावक अवस्थात दिव सामर्ग अग्रवका आला व्यक्तिस्था अग्रवकात विव साम्राह विदेशक उपक्रम व स्थानीच्या मान्यमान् व शाक्षरा क्रमण्यान आग्ना प्रथम वर्ष व ए एम एस मधील विद्यार्थी विद्यार्थिनी सामन्त्रे स्वक्रियार्थी सल्पामी झाले होने अव्यक्त राजाविष्यी सामनेक व्यक्त्याराचे आयोजनहीं वह वक्त्यार्थन्व बसायांने आसी अवस्थारान्य स्वक्रणसंबर आधारित रिवंध स्वयं स्वयं (चिक्रणस्य स्वयं) स्वयं अर्था स्वयं अर्था स्वयं अर्था स्वयं अर्था स्वयं स्वय

विद्यानाचार होते. कार्यकारी प्रकाशिक प्रा आर ए कताई वाच्या प्रशान व महाविद्यान्त्र्याचे वाच्या प्रशान वाच्या प्रकाश प्राच्या प्राच्याचे रक्षण प्रशान विद्यान प्रमुख हो सुनाम प्रच्यी हो प्रकाश न्याद्रम हो बुनाम प्रच्यी स्वरंग वाच्या प्रपच्या जाक्यम य रेलीमें उल्क्षण प्राच्या जाक्यम य रेलीमें उल्क्षण

पुण्य 🚉 नगरी



आष्टा : अवयवदानाविषयी जनजागृती प्रबोधन फेरीप्रसंगी उपस्थित विद्यार्थी-विद्यार्थिनी, अध्यापक.

डांगे आयुर्वेदमध्ये अवयवदानदिनी विविध उपक्रम

आष्टा / प्रतिनिधी : येथील मा. श्री. अण्णासाहेय हांगे आयुर्वेद वीद्यक महाविद्यालय, पदव्युत्तर संशोधन केंद्र यांच्यावतीने रचना शरीर विभागामाफंत जागतिक अवयवदान दिन विविध उपक्रमांनी साजरा करण्यात आला. यामध्ये प्रथम वर्ष वी.ए.एम.एस. मधील विद्यार्थी-विद्यार्थिनीनी सक्रीय सहभाग घेतला. अवयव दानविषयी शास्त्रोक्त व्याख्यानाचे आयोजन केले. अवयवदान संकल्पनेवर आधारित निबंध, चित्रकला, रांगोळी स्पर्धांचे आयोजन केले. विद्यार्थांनी त्यामध्ये उत्स्फूतंपणे सहभाग नोंदवला. आष्टा व परिसरातून अवयवदानविषयी जनजागृती करणारी प्रयोधनपर फेरीशी काढली. विद्यार्थी, विद्यार्थिनी, अध्यापकांनी सहभाग नोंदविला. संत जानेश्वर शिक्षण संस्थेचे संस्थापक, अध्यक्ष अण्णासाहेब डांगे, सचिव अंड. चिमणभाऊ डांगे, कायंकारी संचालक प्रा.आर.ए. कनाई यांची प्रेरणा, प्राचार्य डॉ.अमित पेटकर यांच्या मार्गदर्शनाने डॉ.सुभाष पत्की, डॉ.सफंराज लांडगे, डॉ.श्रद्धा हंकारे यांनी संयोजन केले.

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Event Description News in Various News papers

डांगे आयुर्वेद वैद्यक महाविद्यालयात अवयवदान दिन उत्साहात



आष्टा: महाविद्यालयात अवयवदान दिन प्रसंगी उपस्थित मान्यवर

वार्ताहर

आमा

श्री.अण्णासाहेब डांगे आयुर्वेद वैद्यक महाविद्यालय, पदव्युत्तर संशोधन केंद्र, आष्टा यांचे वतीने रचना शारीर विमागामार्फत जागतिक अवयवदान दिन उत्साहात संपन्न झाला त्यानिमित्त अवयवदान दिन सप्ताह विविध उपक्रम व स्पर्धीच्या माध्यमातून साजरा करण्यात आला

प्रथम वर्ष बी.ए. एम. एस. मधील विद्यार्थी विद्यार्थिनी यामध्ये सक्रियपणे सहभागी झाले होते. अवयव दानाविषयी शास्त्रोक्त व्याख्यानाचे आयोजनही तज्ञ वक्त्याकडून यावेळी करण्यात आले. तसेच अवयवदान या संकल्पनेवर आधारित निवंध स्पर्धा, चित्रकला स्पर्धा, रांगोळी स्पर्धा यांचे आयोजन करण्यात आले. यामध्ये विद्यार्थ्यांनी उत्स्फूर्तपणे सहभाग नोदवून सर्व स्पर्धा वशस्त्रीपणे संपन्न झाल्या आष्टा व परिसरातून अवयवदानाविषयी जनजागृती करणार प्रवोधनपर फेरीही काढण्यात आली

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Name of Teacher- Guest Lecture by Dr Sanjay Dapate: 17/08/2022 Topic-Organ donation - The Gift of Life

Roll	Name of Student	Sign	Roll no.	Name of Student	Sign
1	Ahiwale Aryan Prajan	ArganA.	26	Gorad Arati Sanjay	Brown
2	Ahuja Mamta Ravindra	Almi 3	27	Gorad Dhanashri Vijay	There
3	Alone Chandani Dhanpal	10-0	28	Jadhav Abhishek Nanasaheb	Arten .
4	Bangar Datta Dnyandev	B	29	Jadhav Vaishnavi Manik	(Asadhar)
5	Barbade Pratik Satish	Ratage	30	Jadhav Vaishnavi Santosh	Ostadhau
6	Bargaje Nilesh Babasaheb	North	31	Jadhavar Dipak Mahadeo	Dipalamo
7	Bhopate Mrudula Abaso	Mehopate	32	Jangam Aarya Prashant	Dogen
8	Bhosale Aditi Yuvaraj	-	33	Joshi Ritesh Eknath	_
9	Bhosale Sangram Balasaheb	Sangrain	34	Kabade Anirudha Hanmant	Habid
10	Bhosale Santosh Mohan	-	35	Kachare Supriya Pandurang	Supely's
11	Bhoye Gopal Pandurang	Hamo	36	Kadam Vivek Vinayak	- and more
12	Chavan Umesh Dilip	_	37	Kakde Krantisingh Keshav	132
13	Choudhari Sanskruti Ramling	-	38	Kale Sainath Ginyandev	_
14	Dawale Devika Balaso	-	39	Kamble Apurva Anant	Attemple
15	Dawane Kavish Dilip	Buish	40	Kamble Omkar Ashok	0446
16	Deore Janhavi Pradip	Panhaus	41	Kamerkar Vaishnavi Mahadev	Okanenk
17	Deshmukh Yashwant Bharat	_	42	Kanmuse Suyash Rajendra	De-
18	Dhavle Vishal Bhagwat	line	43	Kate Kunal Raysing	_
19	Dongare Shankar Sopan	Sayer	44	Kendre Vishal Ramhari	-
20	Dorge Siddhi Manoj	到学	45	Khade Shriharsh Baburao	pachade
21	Gaikwad Namrata Rajshekhar	ARCIO	_ 46	Khade Shrikrushna Vaijinath	-
22	Ghogare Sakshi Sugriv	Saldie	47	Khatke Sakshi Dipak	~
23	Ghorpade Sakshi Vikram	Egropende	48	Khilari Mayuri Sunil	rothiles
24	Ghorpade Vaishnavi Shivajirao	0	49	Kirdat Aaditi Santosh	
25	Golande Aditya Anil	Achede	50	Koshti Harshada Ramchandra	HKOUL



51	Kshirsagar Satyanarayan Satyabhan	Satyman	76	Ranaware Deepika Vivek	Par.
52	Kulkarni Atharv Kishor	The year and	77	Rathod Anurag Sadu	Pathodas
53	Kulkarni Gayatri Rajshekhar	-	78	Raut Digvijay Surendra	Shut
54	Lengare Lambodhar Prakash	Regard	79	Rukme Anisha Sopan	Autuk
55	Mahamuni Aarya Umeshchandra	_	80	Sabale Neha Dnyanoba	Nable
56	Mahore Mohini Prabhakar	-	81	Sahare Vivek Ganesh	_
57	Malvi Deepak Ganesh	_	82	Sambhe Rutvik Tryambakrao	Turlest
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59	Mohite Yash Ravindra	Just	84	Sargar Sarika Tukaram	Sasjac
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61	Mujawar Rukaiyya Riyaj	R.R.Men	86	Satpute Sachin Ramesh	yestpute
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71	Patil Sandhya Bhagawan	Partie	96	Tamboli Arshiya Bashir	Landle
72	Patil Suraj Bhalchandra	-	97	Tavate Prasad Vikas	Daw
73	Pawar Chinmay Sanjeev	Spy	98	Tawar Dhananjay Ashok	_
74	Pawar Ratnakar Bhausaheb	A Conne	99	Trigune Rutuja Annasaheb	Peigune
75	Pinjari Prafull Shivaji	_	100	Zambare Shubhangi Rajendra	Thubbarge'

BAMS Tal.Walwa No. of students present-

Blandge Detki 17/08/20 Dr. Parfrey & Candge Sign of Teacher H.O.D. Am. Professer Sharir Rachana vept Rachana Thani Dept. A.D.A.M.C. Assia AD Am C. Ashta



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Website: www.adamcashta.com E-mail: ashta.adamc@gmail.com

Name of Teacher -Topic -

Date: 20 08 2018 Time:

	Campaign					
Roll	Name of Student	Sign	Roll no.	Name of Student	Sign	
1	Ahiwale Aryan Prajan		26	Gorad Arati Sanjay	_	
2	Ahuja Mamta Ravindra	Druge	27	Gorad Dhanashri Vijay	Borad	
3	Alone Chandani Dhanpal	Molonie	28	Jadhav Abhishek Nanasaheb -	411000	
4	Bangar Datta Dnyandev	0 30	29	Jadhav Vaishnavi Manik	Dydadka	
5	Barbade Pratik Satish	- 10	30	Jadhav Vaishnavi Santosh	Ostoolhan	
6	Bargaje Nilesh Babasaheb		31	Jadhavar Dipak Mahadeo	_	
7	Bhopate Mrudula Abaso	O Chapate	32	Jangam Aarya Prashant	Pergam.	
8	Bhosale Aditi Yuvaraj		33	Joshi Ritesh Eknath	Joshi	
9	Bhosale Sangram Balasaheb	Sarprah	, 34	Kabade Anirudha Hanmant	Sotaline	
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11	Bhoye Gopal Pandurang	Barrow	36	Kadam Vivek Vinayak	Sport of	
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15	Dawane Kavish Dilip	Brish	40	Kamble Omkar Ashok	O. A. Keyle	
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17	Deshmukh Yashwant Bharat	Blacks	- 42	Kanmuse Suyash Rajendra	85	
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23	Ghorpade Sakshi Vikram	Thigheste	48	Khilari Mayuri Sunil	Hehlagi	
24	Ghorpade Vaishnavi Shivajirao	0	49	Kirdat Aaditi Santosh		
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53	Kulkarni Gayatri Rajshekhar	Ce	78	Raut Digvijay Surendra	Quit
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55	Mahamuni Aarya Umeshchandra		80	Sabale Neha Dnyanoba	Dalele
56	Mahore Mohini Prabhakar	Rahore	81	Sahare Vivek Ganesh	Otabou
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60	Mujawar Rubina Niyaj	RNTujam	85	Satpute Abhishek Mahadev	_0
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62	Mujawar Sameer Iqbal	Birman	87	Saykar Nikita Ganesh	
63	Narwade Aniket Bhaurao	Andy	88	Shelake Aditi Alias Shravani Jambrao	Stelada
64	Narwade Trisharan Sambhaji	_	89	Shendge Ankita Sachin	Shendgel
65	Nevge Sakshi Sharad	Jeng.	90	Shinde Nikhil Jalindar	8+
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67	Patil Pranali Hiraman	Plati	92	Solanke Praneel Prataprao	OPS .
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69	Patil Pranjal Nitin	Ezarjahp	94	Suvarnkar Onkar Sanjeevkumar	
70	Patil Rohini Sanjay	Popatii.	95	Talekar Rohan Tukaram	Falekal
71	Patil Sandhya Bhagawan	Patil.	96	Tamboli Arshiya Bashir	Harriel
72	Patil Suraj Bhalchandra		97	Tavate Prasad Vikas	
73	Pawar Chinmay Sanjeev	ang	98	Tawar Dhananjay Ashok	Mans
74	Pawar Ratnakar Bhausaheb	- Colory	99	Trigune Rutuja Annasaheb	Teigune
75	Pinjari Prafull Shivaji		100	Zambare Shubhangi Rajendra	thuthange

BAMS

Tal Walnes

Or No. of students present-

Sign .of Teacher

H.O.D. Sharir Rachana Dept A.D.A.M.C., Ashta

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A.D.A

Al Jarphy Klandge

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Rachana Thani Dept.



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DEPARTMENT OF PRASUTI TANTRA EVUM STRIROGA

SCHOOL HEALTH CHECKUP ACTIVITY REPORT

14th DECEMBER 2022





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Event Activity Report

Name Of Department: Prasutitantra Evum Striroga

Date: 14th December 2022

Title of Event / Activity: Free Health Check Up And Menstrual Hygiene Awareness Camp For School Students.

Conducted By: Dept of Prasutitantra and Striroga.

Date: 14th December 2022

Timings: 11:00 am to 03:00 pm

Venue: Dhanwantari Hospital, Ashta, Sangli

Objectives:

- To screen the girl students for menstruation related disorders and anemia.
- To provide initial care to avoid further complications related to menstruation.
- Menstrual Health and hygiene awareness among students.





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Report:

Description -

- By request of Madhyamik Ashramshala Ashta, Sangli, Free Health Check Up And Menstrual Hygiene Awareness Camp For School Students was conducted by Department Of Prasuti Tantra Evum Striroga, ADAMC, Ashta
- · At Dhanwantari Hospital, Ashta, Sangli, Health checkup was done by the team of doctors of the Prasutitantra Striroga department.
- Intern doctors of department also helped in camp.
- This camp was attended by 26 female students. Each patient was thoroughly assessed for menstruation related disorders and guided on menstrual hygine and care.
- If needed medicines were provided free of cost to the students.
- Many dignitaries had visited and appreciated the women health camp as a noble initiative towards women health.

Team of Doctors for Health checkup and Screening:

Consultants: 1. Dr. Dilip Katare – HOD, Striroga Prasutitantra department.

- Dr. Tinku Ganesh Khalache Associate Professor, Striroga Prasutitantra department.
- Dr. Radha Phadnis Associate Professor, Striroga Prasutitantra department.
- Dr. Sayali Pashte Assistant Professor, Prasutitantra Striroga department.
- Dr. Nisha Panhalkar Assistant Professor, Prasutitantra Striroga department.
- 6. Dr. Pravin Thombare Assistant Professor, Prasutitantra Striroga department.

PG Students: 1. Dr. Rupali Raut

2. Dr. Rutuja More

Dr. Simran Shaikh

Intern Students: 1. Dr. Shital Gadade

Dr. Ameya Kanase.





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Services provided in the camp:

- · Free Health Check up
- Treatment and advice for detected Menstrual disorders.
- · Counseling on Menstrual Hygiene and diet.

Outcomes Of Activity:

- 26 female students were screened for menstrual disorders and related anemia.
- 2. Treatment was given accordingly and advised lifestyle modification and physical exercises.
- 3. All doubts of students regarding menstruation and its myths were cleared.
- 4. Provided menstrual Hygiene awareness amongst students.





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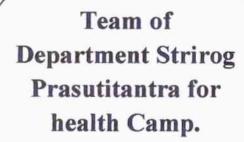
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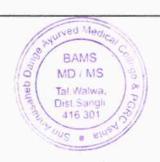




Date: 14th December 2022

Venue: OPD, Dhanwantari Hospital, Ashta, Sangli





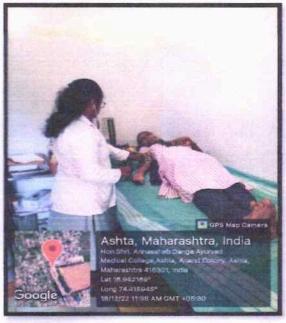


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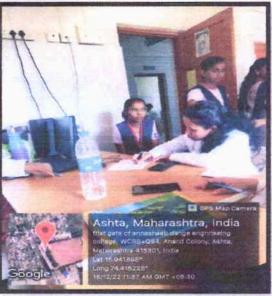
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Doctors during Health Checkup.

Date: 14th December

2022

Venue: OPD,

Dhanwantari Hospital,

Ashta, Sangli

Silp

Hon Shri, Annasaheb Dange Ayurved Medical College & PGRC, Ashta BAMS
MD / MS
Tal Walwa,
Dist Sangli
416 301

PRINCIPAL

Shri. Annasaheb Dange Ayurved Medica Cellege, Ashta, lai, Waiwa, Dist, Sangli





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NAME OF DEPARTMENT: - SWASTHAVRITTA & YOGA, NSS Unit, AKAM.

YEAR:- 2021-22

EVENT / ACTIVITY REPORT

Title of Event / Activity:-8th International Yoga Day

Organized by the Department – Swasthavritta & Yoga (ADAMC, Ashta) & NSS
Unit , Azadi ka Amrit Mahotsav

Date:-15/06/2022 to 21/06/2022

Venue:- Hon. Shri. Annasaheb Dange Ayurved Medical College

Subject: Conducting online Yoga Training session as well as Guest lectures and poster presentation, essay writing and slogan writing competition, Rangoli competition on the occasion of 8th International Yoga Day – 21 June2022

Objectives of event / activity:-

- · To promote practices of Yoga.
- To build up healthy society by propagating importance of Yogsadhana in Daily life.
- To making up of our students physically & mentally sound.

Event / Activity report:- Report of "8th International Yoga Day -21June 2022"







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Description:-

Inauguration of Yoga Saptah was done on 15/06/2022 at 8.00am Dr.
 Ashwini Khot gives details of Schedule of Yoga Saptah to all also gives guidelines to all students to participate in all events arranged during Yoga Saptah.

Yoga Training Session is conducted by our Yoga Teacher Mr.Sushant Ghorpade for one week daily at 8.00am to 8.45am.

Dr. Hemalata Kore gives vote of thanks.

2. 16/06/2022

Mr. Sushant Ghorpade conducts Yoga training session at 8.00am in ADPS Ashta for School Students.

At 11 am, Rally for yoga Awareness in society conducted. Our BAMS Students, Nursing Staff as well as Non-teaching & Teaching Staff all participated in Rally for yoga awareness.

3. 17/06/2022

Mr. Sushant Ghorpade conducts Yoga training session at 8.00am in ADPS Ashta for School Students. Essay writing competition & poster making competition was conducted on occasion of 8th International Yoga Day on 17/06/2022. Mr. Saugandha Thorat sir 1st year academic incharge conducted there completion for 1st BAMS Students.

4. 18/06/2022







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Mr. Sushant Ghorpade conducts Yoga training session at 8.00am in ADPS Ashta for School Students. Very informative lecture on "Yougi shuddhi kriya with Demo" was given by our guest Mr. Vijay Shete yoga Pandit, Dip. Naturopathy, Kolhapur.

5. 20/06/2022

Mr. Sushant Ghorpade conducts Yoga training session at 8.00am in ADPS Ashta for School Students. Rangoli competition & Slogan writing competition was conducted on occasion of 8th International Yoga Day on 20/06/2022. Rangoli competition was conducted by dept. of Rognidan for II & Dept. of Rasashastra & Bhaishajyakalpana BAMS Students Conducted slogan writing competition for III BAMS Students.

6. 21/06/2022

On 8th International Yoga Day, we were celebrated Yoga Day at First 9.30 am on Yoga training session. It was performed under guidance of Yoga experts, in presence of our respected Principal Dr.Amit Pethkar sir, all teaching staff and all Students in Sports Complex of our college.

- Yoga Prayer
- Loosening Practices
- Yoga Demonstration of various Asanas
- Pranayam
- Dhyana
- Omkar Sadhana







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At 11 am Guest lecture was arranged for all Students as well as teaching & Non teaching staff. Very information lecture on "Yoga for Humanity" was given by our guest Mrs. Asmita Konduskar Yoga teacher, Yoga Vidhyadham Islampur. Dr. Mahesh Inamdar sir, HOD Dept. of Rasashastra & Bhaishajyakalpana was present as a Chair person.

(Dr. Nitin B. Tatpuje) HOD & Proff., Swasthamitta Deptt.

Shri. Annasaheb Dange Ayurved Medica. College, Ashta, Tal, Walwa, Dist, Sangti

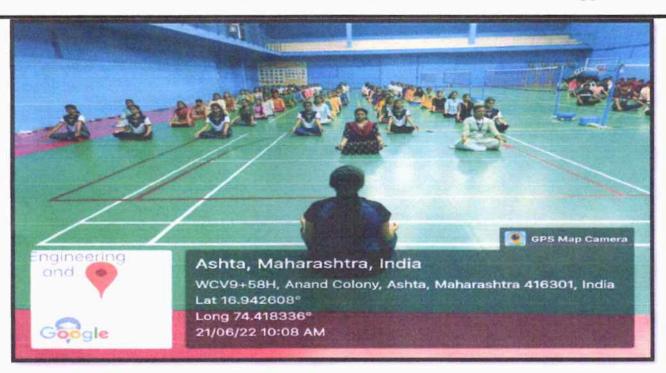


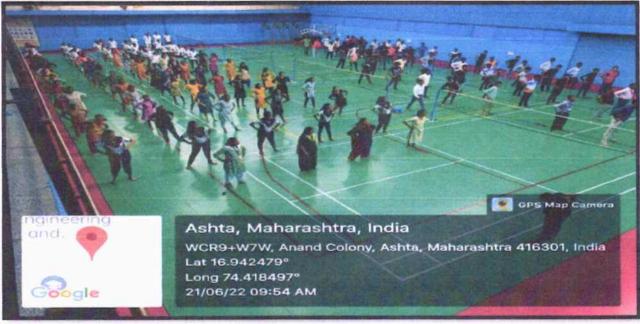


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Sant Dnyaneshwar Shikshan Sanstha, Islampur's

Hon. Shri. Annasaheb Dange Ayurved Medical College, Post Graduate & Research Centre, Ashta

PRESENTY SHEET

NAME OF PROGRAMME/ACTIVITY: Yoga Day Gyest Lecture

NAME OF SPEAKAR:

DATE: 21 06 2022

TIME: 11.00+012.00pm

VENUE:

Audotorium.

Sr.	Name of Student/ Staff	Year	Signature
No.		. 11	100
1	Vishal Mahader Jogtap	4th	and.
2 ·	CHAVAN NIKHIL BHARAT	Uth	Bhava.
3.	RAUT SAGAR SAWANTA	LHH	SeRaut
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33.	Mandlik Ashwini Sukheler	4th	And.
34	Kale snehal Tijabhau	7 th	State
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36.	Sagar Savanta Raut	4th	Brawn
37	Sagar Savanta Raut Patil Akshata Panditrao	4th	Rodi
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43	Mayuri Sudhakas Khandare	4th	Maria
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48.	Dr. Ashwing A. Khot CReader Dr. Hemalota Kore	Tacutry	Mah
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80.	Dr. Palpuje NB	Faculty	12 lm
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HOD Swasthvritta Dept. Hon.shri Annasaheb Dange vurved Medical Gollege Ashta.





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DEPARTMENT: KAUMARBHRITYA / BALROG

REPORT OF SUVARNAPRASHAN

- ➤ Title of t he Event Suvarnaprashan in 2022-2023
- Date Pushya Nakshatra of every month in year 2022-2023
- Venue Balrog OPD of Dhanvantari Rugnalaya Ashta.
- Event activity report
 - -Suvarnabindu prashan was started from the year 2013
 - -It is given free of cost
 - -It is given on every Pushya Nakshatra
 - -Benefits if taken regularly it increases the immunity of the child.
 - It helps in the physical development.
 - -It acts as a memory booster
 - It helps in increasing grasping power and concentration.
 - -It boosts diagestion.
 - It increases the child's immunity against respiratory disorders caused by pollution etc.
 - -Suvarnaprashan Administration schedule It is given in increasing doses starting from 1 drop to 5 drops in the age group of 1 to 14 years as below

Sr. No.	Age group	Dose of Suvernabindu	
1	1 to 3 Year	1 Drop	
2 Above 3 Year to 6 Year		2 Drops	
3	Above 6 Year to 9 Year	3 Drops	
4	Above 9 Year to 12 Year	4 Drops	
5	Above 12 Year to 14 Year	5 Drops	







Hon. Shri. Annasaheb Dange Ayurved Medical College & Post Graduate Research Center Ashta.

A/p : Ashta, Tal. : Walwa, Dist : Sangli - 416 301

in E-mail: ashta.adamc@gmail.com ISO Certified 9001-2015, 14001-2015 Website: www.adamc.ac.in

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SUVARNAPRASHAN - 2022

S.R. NO	MONTH	DATE	TOTAL
1	January	18 th January	13
2	February	14 th February	47
3	March	14 th March	15
4	April	10 th April	48
5	May	7 th May	10
6	June	4 th June	13
7	July	1 st July	12
8	July	28 th July	10
9	August	25 th August	11
10	September	21st September	16
11	October	18 th October	20
12	November	14 th November	39
13	December	12 th December	87
		TOTAL-	341





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SUVARNAPRASHAN - 2023

S.R. NO	MONTH	DATE	TOTAL
1	January	8 th January	80
2	February	4 th February	1060
3	March	4 th March	1116
4	March	31 th March	750
-		TOTAL -	3006

H.O.D., Kaumarbhritya Tantra Dept. A.D.A.M.C., Ashta.





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DEPARTMENT OF PRASUTI TANTRA EVUM STRIROGA



PREMENSTRUAL SYNDROME SURVEY IN SCHOOL AND COLLEGE GIRLS

ACTIVITY REPORT

JULY - AUGUST 2022





Hon. Shri. Annasaheb Dange Ayurved Medical College & Post Graduate Research Center

A/p : Ashta, Tal. : Walwa, Dist : Sangli – 416 301

Website: www.adamcashta.com E-mail: ashta adamc a gmail com NAAC Accrediatated ISO Certified 9001-2015,14000-2015 B+ NAAC

Event Activity Report

Name Of Department : Prasutitantra Evum Striroga

Conducted by – Dr. Sayali Pashte (Assi. Prof. PTSR)

Dr. Nisha Panhalkar (Assi. Prof. PTSR)

Title of Event / Activity - PREMENSTRUAL SYNDROME SURVEY IN
SCHOOL AND COLLEGE GIRLS.

Venue: Annasaheb Dange Educational Campus, Ashta, Sangli

Objectives:

- To evaluate prevalence of Premenstrual Syndrome and it's associated factors in college girls.
- 2. To observe symptoms of PMS in college girls.
- 3. To assess relation of Prakriti with Premenstrual Syndrome.





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Report:

Description -

- Premenstrual Syndrome, commonly referred to as PMS, is a broad term that typically refers to a general pattern of physical, emotional and behavioral symptoms occurring 1-2 weeks before (in a luteal phase) and remitting with the onset of menses.
- We conducted a survey for our research project. Permission for survey taken From Related Authorities. A survey was conducted in campus in female students.
- This Survey was to observe incidence of "Premenstrual Syndrome" in school and college girls. We screened students for PMS symptoms, collected demographic data, detailed menstrual history as well as previous disease history was taken and Prakriti analysis was done in female students of all colleges of Annasaheb Dange Education campus, Ashta, Sangli, Maharashtra
- We conducted this survey at Hon. shri Annasaheb Dange Ayurved Medical college, Abhinav Nursing college, Hon. shri Annasaheb Dange college of Engineering and Technology, Hon.shri Annasaheb Dange college of B Pharmcy, Hon.shri Annasaheb Dange college of D Pharmcy, Hon.shri Annasaheb Dange Public school.
- · 457 students participated in this survey.
- Screening of 457 girls was done by self administered structured Questionnaire in Google form.
- Collected data is analyzed for Prevalence rate calculation.
- PG students and Intern doctors of department also helped in survey.





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College name	Date of survey camp
ADAMC, Ashta- 1st year -Internship students	22/07/2022
ADAMC, Ashta- PG Students	24/07/2022
Abhinav college of Nursing	29/07/2022
ADCET, Ashta	02/08/2022
ADAMC, Ashta- 2 nd year - 3 rd year	06/08/2022
ADAMC, Ashta- 4th year	24/08/2022
ADCDP & ADCBP, Ashta	25/08/2022

Team of Doctors for Screening:

Consultants: 1 Dr. Sayali Pashte - Assistant Professor, Prasutitantra Striroga department

2. Dr. Nisha Panhalkar - Assistant Professor, Prasutitantra Striroga department.

PG Students: 1. Dr. Rupali Raut

2. Dr. Dhanashree Ade

3. Dr. Sneha Hake

Intern Students: 1. Dr. Neha Gandal.

2. Dr. Aaishwarya Mahajan.

3. Dr. Rachna Kolhapure.

Outcomes Of Activity:

- 1. 457 female students were screened for Premenstrual syndrome.
- 2. Prakriti analysis was done to observe correlation between prakriti and PMS.
- 3. All doubts of students regarding menstruation and its myths were cleared.
- 4. Provided menstrual Hygiene awareness amongst students.





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Date: 06th August 2022

Venue: 2nd year classroom, ADAMC, Ashta, Sangli







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Date: 23rd August 2022

Venue:4th year classroom, ADAMC, Ashta, Sangli







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Date: 26th August 2022

Venue: ADPS, Ashta



Date: 29th July 2022

Venue: Abhinav college of Nursing, Ashta





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Ashta, Maharashtra, India
WCQ9+P2Q, Anand Colony, Ashta, Maharashtra 416301, India
Lat 16.939572°
Long 74.417467°
25/06/22 02:20 PM

Date: 25th
August 2022

Venue: ADPDC and ADPBC, Ashta



Hon Shri, Annasaheb Dange Ayurved Medical College & PGRC, Ashis PRINCIPAL

Shrl. Annasahan Penge Ayurved Medica Cellege, Ashta, Tal. Waiwa, Dist.Sangli



Date: 20.06.2022

To,

The Principal,

ADAMC, Ashta

Subject: Regarding permission for conducting survey on all girl students in colleges under

Sant Dnyaneshwar shikshan Sansth, Ashta.

Respected Sir,

We are faculty of Prasutitantra Evum Striroga department would like to ask for permission to allow us to conduct a survey regarding 'Incidence and associated factors of Premenstrual Syndrome in college girls' under Sant Dnyaneshwar shikshan Sansth, Ashta. We need this data for our research project for 'Jignyasa – 2022'.

So we are kindly requesting to grant a permission for our research study.

Researcher - 1. Dr. Sayali V. Pashte, Assistant Professor, Strirog Prasutitantra Department.

2. Dr. Nisha panhalkar, Assistant Professor, Strirog Prasutitantra Department.

Thanking you.

) Aspente

Shrl. Annasaheb Dange Ayurved Medica-College, Ashta. Tal. Waiwa. Dist.Sangii Dr. Sayali V. Pashte

Di. Sayan v. Fashte

Dr. Nisha panhalkar





Hon. Shri. Annasaheb Dange Ayurved Medical College

A/P: Ashta, Tal.: Walwa, Dist: Sangli - 416 301 Phone: 02342-241103/241108, Fax - 02342-241110

Website: Www.Adamcashta.Com

E-Mail: Ashta.Adamc@Gmail.Com

Date - 31.03.2022

To, Dr.Sayali Pashte Dr.Njsha Panhalkar

> Title: An Observational study of Incidence and Associated Factors of "Premenstrual Syndrome" in college girls'.

Sub. - Approval of Research Project for "JIGNYASA 2022"

Ref. - Your participation in Intercollegiate Research Competition

Dear Sir/Madam,

With reference to the above subject and your participation in "JIGNYASA 2022" cited at reference, this is to inform you that your research project has been approved by the Institutional Ethics Committee and you may initiate your research work and the duration of this will be of 30 days from the date of approval of the project.

The researcher must submit his final completed work in soft as well as one hard copy to Research Department and present his final research observation on the day of Research Competition which will be held in our Institute.

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PRINCIPAL

Shri. Annasaheb Dange Ayurved Medica College, Ashta, Tol. Walwa, Dist.Sangli b. Nisha Y. Panhodkaz. (Assi. Prof. ADAMC, Ashla)

Dr. Sayali V. Pashte

(Asst. Professor, Department Of Prasutiantra Evum striroga)

Hon. Shri. Annasaheb Dange Ayurved Medical College

JST B. AM.S. (2021-22)
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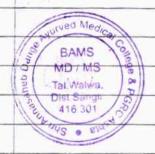
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Annasaheb Dange College of D.Pharmacy, Ashta



Tal.-Walwa, Dist.-Sangli, Maharashtra, India 416 301

GUESTLECTURE

Academic Year : 2022-23

: S.Y.D. Pharmacy (Girls)

Date

: 25/08/2022

Guest Name

: Dr. Sayali Pashte, Dr. Nisha Panhalkar

Topic

: Seminar on "Awareness of premenstrual syndrome"

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BAMS MD / MS Tal Walwa, Dist.Sangli 416 301





Annasaheb Dange College of B. Pharmacy, Ashta (D. Pharm Course)

Tal: Walwa, Dist: Sangli, Maharashtra, India 416301

Seminar on

"Awareness of Premenstrual Syndrome"

25th August 2022

25/08/2022

Attendance Sheet

ACADEMIC YEAR 2022-23

Class: Second Year D.Pharm

Sr. No.	Name	Signature	
01	Mitali lad .	@lad-	
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46) Rutija Vijay Patil

Hon, Shri. Annasaheb Dange Ayurved Medical College

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Vebsite: www.adamcashta.com E-mail: ashta adamc@gmail.com

ACTIVITY REPORT

NAME OF DEPT.:- AGADTANTRA AVUM VIDHIVAIDYAKA YEAR: 2020-21

Title of Event / Activity: - PROFESSIONAL ETHICS COURSE

Date: - 01 /03/2021 to 09/05/2021 Time: - 04:10pm -

05:10pm

Duration: - 32 hrs

Total Students Enrolled: - 100

Objectives of event / activity:-

Introduction to Medical Ethics

Medical Ethics Overview

Clinical Topics in Medical Ethics

Ethics for Health Care Professionals

Description:-

Event / Activity Report

- 1. To inculcate Ethics and Human Values into the young minds.
- 2. To develop moral responsibility and mould them as best professionals.
- 3. To create ethical vision and achieve harmony in life.
- 4. The Doctor-Patient relationship is a specially privileged relationship in our society. As a result, physicians are afforded access to information and confidences by patients that are not available to anyone else. Along with this privilege comes a series of professional responsibilities for physicians. More is expected of physicians than from most other professionals in our society.

Outcome of event:-

By the end of the course student should be able to understand the importance of ethics and values in life and society.

Head of Dapt., Agadtantra Dant. A. D. A. M. G. A. Ha



Shri. Annasaheb Dange Ayurved Medica College Ashra Tai Walwa, Dist Sangii



Hon. Shri. Annasaheb Dange Ayurved Medical College

A/p: Ashta, Tal.: Walwa, Dist: Sangli – 416 301 Phone: 02342-241103/241108, Fax – 02342-241110

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MEDICAL ETHICS LECTURE

